

# TORII JUJITSU SENIOR SYLLABUS

## RED BELT

1	HALF SHOULDER		2
2	BODY DROP		2
3	LEFT HANDED HIP THROW		1
4	LEG THROW		2
5	DROPPING FULL SHOULDER		1
6	BACK HAMMER		2
7	SWEEPING LOIN	ATTACKING DEFENDING	1 1
8	OUTSIDE HOCK		1
9	KNIFE DEFENCE EVASION AGAINST WALL ( AT CHEST ) CLOSED FRONT ( AT STOMACH ) CLOSED REAR ( AT KIDNEY )	INTRODUCTION TO BLADE THEORY	CONTINUOUS 1 1 1
10	DRAWING ANKLE		1
11	INSIDE HOCK		1
12	BACK SCISSORS		2
13	STAMP THROW		1
14	PALM LOCKS		2
15	KICKING KATA		
16	PUNCHES	BODY FACE BODY	
17	KUMITE		