



English for Libya

Primary 4 Pupil's Book



الاسبوع الثالث عشر

المدرسة الليبية بفرنسا - تور

العام الدراسي 1441 / 1442 هجري
2020 / 2021 ميلادي

Unit 5

Healthy Habits

- Lesson 1** p.68
and p.69 meat, healthy food, sleep, exercise, wash, brush, drink, This is the way I wash my face / brush my teeth / comb my hair / go to sleep.
- Lesson 2** p.70
and p.71 Do you wash / go to bed early / eat healthy food / brush your teeth / exercise / drink water? Yes, I do. No, I don't. twist, bend, hop, jump
- Lesson 3** p.72
and p.73 cakes, bread, eggs, tomatoes, cheese, apples, chicken, rice
Do we have any rice? Yes, we do.
Do we have any chicken? No, we don't.
- Lesson 4** p.74
and p.75 Do you like English? Yes, I do. What's your favourite lesson? It's maths. Do you like music? No, I don't. What about you?
- Lesson 5** p.76
and p.77 bedroom, blanket, lamp, beds, mat, bath, shower, bathroom, wardrobe, cooker, fridge, table, kitchen, sofa, armchair, TV, living room, basin, toilet, garden
- Lesson 6** p.78
and p.79 Talk about your house. My house has a living room and a kitchen. It has a bathroom and three bedrooms.
- Lesson 7** p.80
and p.81 triangle, square, circle, rectangle
How many triangles are there?
There are 11. What is it? It's a ...
- Lesson 8** p.82
and p.83 Story: unhealthy, friends, race, runners, help, exercise plan, won

Unit 5

Healthy Habits

Lesson 1



My Health

48 49 1 Listen and match.





2 Listen and say the rhyme.

50

This is the way ...



This is the way
I brush my teeth.



This is the way
I wash my face.



This is the way
I comb my hair.



This is the way
I go to sleep.

Aa
Bb
Cc
Dd
Ee
Ff
Gg
Hh
Ii
Jj
Kk
Ll
Mm
Nn
Oo
Pp
Qq
Rr
Ss
Tt
Uu
Vv
Ww
Xx
Yy
Zz

Are you healthy?



1 Listen and match.

51

1

Do you wash?

Yes, I do.



Do you eat healthy food?

No, I don't.



2

Do you go to bed early?

Yes, I do.



Do you brush your teeth?

No, I don't.



4

Do you exercise?

No, I don't.



Do you drink water?

Yes, I do.



6

Exercise



2 Read and do.



twist



bend



hop



jump



3 Say and do.



1

Exercise Plan

2 hops
4 twists
6 bends

2

Exercise Plan

7 hops
9 twists
10 jumps

3

Exercise Plan

7 jumps
9 bends
8 hops

4

Exercise Plan

2 bends
5 twists
6 hops



Aa
Bb
Cc
Dd
Ee
Ff
Gg
Hh
Ii
Jj
Kk
Ll
Mm
Nn
Oo
Pp
Qq
Rr
Ss
Tt
Uu
Vv
Ww
Xx
Yy
Zz