

Awakening from the Victim Script - A Return to Sovereign Self

By Pedro Lima

Most of humanity has been conditioned into playing a role, the role of the egoic victim. This role is not inherent to the soul, but learned through societal indoctrination and programming.

When one identifies with victimhood, life is perceived as something happening *to us*. People unconsciously accept being told what to think, what to believe, what to judge, and even what to expect from life. In this role, the majority becomes complacent, compliant, and subservient, not out of malice, but because the role feels safer, familiar, and socially comfortable rather than the responsibility of inner sovereignty.

But this compliance does not exist in a “vacuum.” It fuels the parasitic, distorted agendas of the few, those who cling to “power” not through wisdom or service rooted in integrity, authenticity and honor, but through egoic pride, the illusion of control, narcissism, and fragile, petty entitled greed. Their governance thrives not on true, assertive, authentic strength that empowers others, but on the energy harvested from the submission of the many who dim their light to be part of the “herd.” This herd remains distracted, divided, policing and judging each other, projecting unresolved fears and traumas, and ultimately supporting a corrupt system, controlled by the very same individuals and structures that dictate, enforce, punish, bind, disempower, and enslave them.

But here is the truth: victimhood is a script, not a destiny. It is a role, not your essence. The moment you recognize it, you can be the observer, step off that stage of low-frequency energies and return home, alchemizing, remembering who you truly are beyond any egoic attachments, constructs, stories, roles, or societal expectations.

Victim Role vs. Sovereign Role

The Victim Role

- Accepts external authority without question
- Believes safety and order lie in compliance
- Speaks conditioned by external voices, not authentic inner truth
- Feeds parasitic systems with the energy of fear and resignation

The Sovereign Role

- Questions and reclaims authorship of thought
- Finds safety in inner alignment, not external approval
- Speaks truth with integrity, honor, and courage
- Withdraws energy from parasitic systems and stands firm in authenticity

Self-Reflection:

1. Where in my life do I still play the victim role, letting others decide my beliefs, actions, or worth?
2. What fear keeps me bound to complacency or compliance?
3. What is one small, sovereign action I can take today to reclaim authorship of my own life?
4. How can I embody authenticity, even if the system labels it “disruptive”?

Victimhood is self-abandonment. Sovereignty is self-remembrance.

The system can enslave only as long as we agree to remain in denial of self-awareness, self-healing, self-reliance, self-love, self-accountability, self-validation, self-acceptance, lacking the courage to break cycles of dependency, conflict, division, external validation, lack, oppression, suppression of their inner authentic sovereign inner voices.

Your soul was not born to be ruled by parasitic self-serving manipulative agendas. It was incarnated to embody authenticity, love, and freedom, learning, growing, expanding, ascending to new levels of consciousness, interconnectedness, diversity, leading us back home to our inherited Universal oneness.