The Return Home to the Sovereign Authentic Self by Pedro Lima

I could not have developed this level of inner strength, emotional depth, and spiritual growth without walking through life's storms, without meeting darkness, pain, suffering, and betrayal brought into my life through others' distorted projections, ill intentions, and fear-based behaviors. I dived deep into the subconscious and conscious core wounds that once bound me, confronting every shadow and every fragment of myself.

I no longer accommodate anyone's expectations, stories, or opinions. The same parasitic, narcissistic, entitled, self-serving, "energetic vampiric" individuals who tried to undermine, gaslight, mistreat me, and slander my name did so only to soothe their own delusional pride, malicious ignorance, and bitter self-victimized unworthiness narratives. Their projections were never a reflection of my worth, but of their own unresolved egoic insignificance attachments.

My Soul, raw, unwavering, sovereign, and authentic essence, stands in sacred self-accountability for my inner state and my inner world, not of anyone else's.

I chose the path of radical, honest self-accountability. I lead myself through every layer of conditioning, healing, and transmuting karmic energies, clearing indoctrinated, fear-based seeds of subservience, and finding in every emotional wound an opportunity for deeper understanding, new perceptions, expanded awareness, and a higher consciousness.

I evolved through darkness, chaos, distortion, narcissism, parasitism, and oppression. I walked through polarity, false authority figures distortion, and the illusion of separation, while never abandoning myself, not even in the most painful, lonely, devastating moments of my human journey.

Through inner alchemy, I reclaimed my sovereign, authentic self-expression, standing firm in my integrity and truth, not being swayed, intimidated, influenced, or deterred by the judgments, expectations, negativity, and fear-based projections of others meant to suppress my divine essence.

I do not need anyone to complete me or make me whole. I am already whole within myself.

I live in alignment with my own sacred energy, content, joyful, fulfilled, and complete. I honor only genuine soul-to-soul, sovereign connections, choosing paths, people, and experiences that resonate with my core values. I hold the discernment, courage, and strength to detach and release anything with any strings attached.

I am enough. I am free. I am sovereign. I am whole.