

The Epidemic of Self-Victimization - How a Narcissistic Society Fears Truth and Rejects Inner Sovereignty

by Pedro Lima

The true epidemic of a narcissistic society is self-victimization masquerading as hypocritical moral righteousness.

It is the fragile ego projecting its inner fragments onto anyone who refuses to bow to its distorted narratives or participate in its emotional chaos, drama, and distorted, petty performative games.

This society clings to externalizing blame because accountability feels like death to the ego.

It clings to judgment because self-reflection terrifies it to its fragile core.

It clings to gaslighting because truth threatens the flimsy, curated identities and hollow roles it performs for acceptance.

The collective shadow gathers in groups, echoing through petty “party chambers” and performative laming clubs where mediocrity, bitterness, and unresolved wounds are celebrated as truth.

These spaces welcome anyone willing to validate their delusions, anyone willing to dim their authenticity to soothe another’s unhealed fear, lack, fragile egoic expectations, and unworthiness attachments.

But the soul sees through the drama, the theatrics.

The soul knows that projection is not power.

Blame is not clarity, and self-victimization does not define us, unless we allow it to persist.

The manipulative games of the collective ego are not designed for genuine connection; they are self-avoidance disguised as belonging, a comfort zone for those addicted to mediocrity, denial, and avoidance.

In a world where the majority betray themselves for the illusion of being “liked,” “included,” or “approved of,” choosing self-truth becomes a revolutionary and dangerous act.

We are not here to worship the fragility of the ego.

We are not here to dim our essence for the comfort of anyone else.

We are not here to join the circus of delusion simply because it demands an audience.

We are here to stand rooted in sovereignty, unbent, unbothered, unwavering, present, embodying our inner authentic voices, honoring our inner knowing, inner wisdom, the divinity in our humanness, a higher frequency self-expression of the Soul with a purified

heart. We are here to take accountable for our own energy, not depending, controlling, or syphoning others energies to sustain parasitic, delusional, deceptive, soulless obsessions, attachments.

We are here to alchemize distortion, duality, fear, illusion, and pain, to embody the frequency that exposes what is false simply by existing, to rise beyond societal and self-conditioning designed to diminish, distract, or distort our energetic essence.

The soul does beg for validation or approval.

It radiates. It remembers.

It returns again and again to truth.

And truth does not require a crowd to be real. It does not need approval to exist.

Truth simply is.