

# **A narcissistic society trades truth and inner sovereignty for hollow metrics of success**

## **by Pedro Lima**

A hollow, narcissistic society is consumed by fear, greed, pride, status, titles, ranks, fame, control, dishonesty, envy, jealousy, self-deception, and self-betrayal.

It attaches self-worth, dignity, integrity, honor, and truth to soulless, parasitic metrics of success, worshipping money, people, and institutions. In doing so, it compromises inner sovereignty, authenticity, inner knowing, and inner compass guidance for the sake of joining the fakeness of hollow superiority: a distorted high-status club of fame, clout, hierarchical power, and control. This is the indoctrinated, narcissistic, parasitic ladder of illusion, corruption, and deception, built on manipulation, lying, betrayal, harm, and the diminishing of others.

Many seek to justify curated false identities and hypocritical moral facades, attempting to legitimize deep-rooted wounds of unworthiness. Hearts become jaded and tainted by fear, pettiness, bitterness, self-victimization, self-deception, and self-betrayal. Ignorance and denial are chosen. Self-limiting beliefs, destructive habits, unresolved emotional wounds, indoctrinated propaganda, ideologies, dogmas, paradigms, and rigid national identities are clung to. Complacent, compliant, and subservient to external approval and validation, they avoid breaking the cycle.

Breaking the cycle requires diving deep into all layers of conditioning, facing the shadow, and dismantling curated, fragmented self-preservation narratives that suppress emotional growth. This inner work allows the Soul to expand and evolve beyond low vibrational frequencies, learning from experience, integrating wisdom, detaching from anyone and anything toxic to the heart, and remembering and reclaiming inner sovereign, authentic power. It requires presence, consciousness, awareness, discernment of what is one's own energy and what is not, and taking full accountability for thoughts, intentions, actions, and choices, rather than blaming others.

When we judge our experiences as good or bad, we limit perception and growth, choosing the path of resistance. Resistance manifests more challenges, struggle, pain, and suffering, all because we stand in our own way, attaching to people, places, things, curated identities, ideologies, dogmas, paradigms, and cultural stories, bound and consumed by fear-based, parasitic energies.

Instead of labeling, judging, and categorizing life through numbers, statistics, and logic alone, freedom emerges when we open our hearts to the present moment, feeling emotions fully in the body, listening to the energies communicating through sensation, and remaining present. Those who trigger us are reflections of the self, waiting for compassion, patience, forgiveness, awareness, love, and acceptance.

Without inner work, a vast emptiness persists. With it, remembrance begins. We are eternal students and teachers, reflecting one another's unintegrated fragments so they may be seen, accepted, and healed. Conscious interconnectedness is not a concept, it is inherent in our essence. We each possess the power of choice. As sovereign co-creators, we are responsible for our inner world, our energy, our intentions, and our actions. Everything we engage with is consciousness. And in this alchemical human journey of self-discovery, we inevitably reap what we sow.

This is the path home to truth, to wholeness, to our eternal essence.