

The Alchemical Journey of Self-Mastery

by Pedro Lima

I embraced a journey of self-discovery, walking through the valley of darkness and diving deep into my subconscious mind. I acknowledged and recognized deep rooted patterns of thought, belief systems, habitual choices, and self-conditioning, fragmented egoic self-preservation stories and societal indoctrinated narratives shaped by a narcissistic, parasitic, deceptive, manipulative, and controlling dysfunctional environments and relationships I grew up in.

I faced my fears, unresolved inner child wounds, and generational ancestral patterns in silence. I navigated chaos, adversity, codependency, distortion, and dysfunction with an open heart, refusing to allow others projections to taint or condition my hearts intentions and choices.

I took full ownership of my inner world and healing, alchemizing every layer of conditioning that hindered my divine potential and purpose. Guided by my inner compass through the unknown, I became unpredictable, remembering who I truly am beyond deceptive societal layers of control, manipulation, exploitation, and domination.

I cultivated inner strength, courage, and discernment, reclaiming my inner sovereignty and authority, detaching from external approval and validation, and self-predictability, ending cycles of self-betrayal rooted in pleasing and appeasing others.

I found my way back home, grounded in unwavering and uncompromising honor and the integrity of my Soul. I stopped performing for conditional acceptance and dimming my authentic inner light for belonging. I reclaimed my inner sovereignty, present, grounded in inner knowing, trust, and self-reliance, cultivating through silence the alchemical seeds of patience, self-compassion, forgiveness, awareness, self-love, and self-acceptance.

My pure essence is not defined, measured, categorized, or claimed by anyone or anything outside of me. No one completes me; I am whole and sovereign within my own sacred energy. My humanness is divine, and I honor and respect every experience with gratitude.

I had the choice to endure pain, suffering, chaos, and adversity while remaining in victimhood, but I chose to learn, grow, heal, and integrate every fragment of self with love and acceptance. I chose evolution, transformation, and alchemy while maintaining the purity of my heart's intentions and essence.

I am solely accountable for the energies I choose to cultivate within, no one else is. I choose to release attachments to resentment and refuse to reciprocate energies projected onto me with ill intent. I choose inner peace, forgiveness, and sacred boundaries with those who do not have my best interests at heart, trusting that divine order and balance are always at play.

I choose to focus on my inner growth, present, conscious, aware, and accountable for the seeds I have planted throughout my human experience, knowing that I reap what I have sown in divine order.