

The Illusion of Freedom - How External Authority Replaces Inner Sovereignty

by Pedro Lima

A narcissistic, delusional society survives through codependency, pride, fear and ignorance. It becomes complacent, comfortable with self-betrayal, so long as that betrayal is rewarded with external validation.

Such a society is dependent, subservient, and submissive to false hierarchies, false authority figures, and distorted systems of governance. It confuses obedience with virtue and compliance with safety.

It demands laws, rules, and policies rooted in punishment, sustaining a surveillance-based culture where people compare, compete, monitor, and police one another. Control is outsourced, then pridefully internalized.

This dysfunctional society believes freedom is conditional, granted only through approval by parasitic systems of indoctrination and coercion. It labels this arrangement as “democracy,” clinging to the illusion of choice while choosing sides to project salvation onto political figures, and expecting external structures to resolve its own inner emptiness.

Identity becomes a costume, curated, performative, and surface-level. Nationality is mistaken for superiority, belonging for power, and domination for worth. Exploitation is justified through egoic myths of entitlement and control.

The more we surrender our inner authority to institutions, enforcement, punishment, and dependency on external governance, the more we dim our inner light. In doing so, we deny our inherent sovereignty and betray our authentic inner authority, and inner peace.