

Sovereign Alchemy from unconscious participation to conscious alignment

By Pedro Lima

I am accountable for the energies I cultivate.
What I water, grows.
What I refuse to face, consumes.
What I alchemize, liberates.

I do not fear darkness. it was my initiator.
I walked through the valley of shadows
where illusions burned and truth self-remembered, learning to breathe authentically while
navigating distorted, egoic projections without entangling myself
in webs of deception, betrayal, manipulation, or exploitation.

I chose detachment.
I removed myself from the seeds of a curated, parasitic, narcissistic society that sought to
imprint to control, disturb, and harvest my life force.

I am not here to perform perfection
for a world addicted to falsehood, and fear.
I am here to remember, to descend into my Soul depths and return with embodied wisdom.

I moved through chaos without becoming it.
I witnessed parasitic people and systems feeding on shame, guilt, obedience, compliance,
dependence, subservience, and false belonging, and I chose sovereignty, integrity, and inner
coherence.

I unraveled inherited conditioning.
I questioned indoctrinated narratives.
I reclaimed my life force from anything that demanded self-betrayal as the price of
acceptance.

I did not run from my shadows or exile them.
I integrated them. I listened to my wounds
until they revealed the lessons beneath the energetic layers of conditioning.

This is ascension, not bypassing darkness,
but transmuting it.

From the ashes of who I was told to be, I rose whole, integrated, and true. In a world ruled
by fragile egos and illusion, I chose inner authority. I chose to carve my path back home.

I rose not by escaping the fire, but by becoming it and alchemizing it into light
while keeping my heart pure.