

# **Sovereignty over submission - Truth over fear - I Choose Myself**

*by Pedro Lima*

Narcissistic, parasitic, entitled, prideful, and ignorant people, driven by envy, jealousy, spite, bitterness, unworthiness, unresolved trauma, and a deep fear of irrelevance, conspired to undermine and condition me along my journey.

They lied, deceived, manipulated, exploited, gossiped, slandered, and plotted in secrecy, crafting endless false narratives and hollow agendas meant to diminish my inner authority, sovereignty, integrity, self-sufficiency, and truth.

These fragile, insecure beings had to unite to attempt to dim the light of one sovereign soul.

Triggered by authenticity, they projected malice and ill intent, seeking to destroy what they could not have the courage to embody, demanding my obedience, compliance, subservience, dependence, and submission to their fragmented, hollow, soulless paradigms rooted in pride and ignorance.

They believed they could pull me down to their lower level of consciousness.

I saw myself surrounded by projections, illusions, conditioning, chaos, coercion, and parasitic distortions of unhealed, surface-level beings attempting to attach in order to harvest my sacred energy and soothe their chosen misery and mediocrity.

I found myself at a crossroads, alone, with no external guidance, no validation, no understanding, with the only option to dive deep into the vastness of my Soul.

I had free will.

I had a choice.

I could surrender to fate, pre-determined hollow societal scripts, consumed by fear, submissive to external agendas, to false authority, subservient to the parasitic establishment societal maze of soulless laws, norms, rules, and complacent with the herd self-limiting beliefs and behaviors.  
Or I could choose myself.

Despite gaslighting, manipulation, exploitation, judgment, and relentless attempts to dictate who I should be, how I should live, what I should believe, and whom I should obey, I refused to self-betray for the comfort of others.

I chose the path inward.

I embarked on a journey of self-discovery, self-remembrance, self-healing, self-love, patience, compassion, and integration. I dived deep into the vastness of my Soul, trusting my intuitive knowing, aligning with my authentic self, planting seeds of self-trust, self-reliance, self-sufficiency, independence, sovereignty, and integrity.

I took full responsibility for my inner world.

I broke generational and ancestral patterns.

I learned to set uncompromising boundaries with anyone who did not have my best interest at heart.

I learned to trust my inner compass, and never trade it for approval, belonging, conditional love or safety.

I know what is best for me.

No one else does.

I am whole.

I am enough.

I am sovereign.

My worth is not measured by any societal, cultural, parasitic, distorted systemic metrics.

I reclaimed my inner authority, my peace, my authenticity, and my truth, transmuting darkness, chaos, deception, and fear into inner initiation and inner alchemy.

I take full responsibility for my intentions and inner state.

I am not responsible for anyone else's.

I know who I am in sovereign truth.

No one and nothing outside of me defines, measures, or is entitled to my energy or time without my consent.

I do not justify my existence to soothe the distorted and dysfunctional egoic parasitic societal surface level attachments.

I do not participate in petty, egoic illusions. My time and energy are sovereign currency, expansive and rare. I hold the courage and discernment to choose my focus and to honor only aligned energetic independent, respectful, sovereign and genuine energetic exchanges.

"I chose myself and nothing built on fear survived that choice." – Pedro