

No Access To My Sacred Sovereign Energy Without Integrity and Authentic Genuine and Respectful Reciprocity

by Pedro Lima

My Sacred energy is not a public resource.

It is not owed, leased, borrowed, commodified or meant to be harvested.

It is sovereign in itself as it is and always will be.

I do not consent to anyone being entitled to my energy. Entitlement is the language of parasitism, and my presence is not an open field for freeloading. I do not allow attachment, obsession, or clinging to my sacred energy, because what attaches without consent seeks control, exploitation, not a genuine and authentic sovereign reciprocal connection.

Fragile, insecure, self-victimized, entitled narcissism finds no shelter here. I do not entertain it, manage it, soothe it, or carry it. My energy is not a remedy for unresolved inner fragmentation, nor a stage for egoic parasitic curated performance.

I do not permit anyone to freeload on my expansive, refined, and sacred energy. Expansion comes with discernment. Refinement comes with discernment and boundaries. What is sacred requires stewardship, not accessibility without accountability.

I am the sole steward of my energy. No one else is.

I stand tall, grounded, and unapologetically authentic in my inner authority and raw inner truth. I do not negotiate my sovereignty for approval, belonging, clout or proximity. My inner compass is sufficient. My truth does not require understanding, approval or consensus.

I will only collaborate, cooperate, support, or open to receive support from those who genuinely have my best interest at heart, those whose words are matched by honorable intentions, actions, and whose presence is aligned with integrity, respect, and conscious, authentic reciprocity. Connection without reciprocity is parasitic consumption. Support without integrity is manipulation, exploitation.

I engage only in relationships rooted in mutual authenticity, integrity, honor, dignity, accountability, sovereignty, and growth. Relationships guided by the Soul do not bind, drain, seek to own or diminish; they expand clarity, strengthen self-responsibility, and honor autonomy.

I do not allow myself to be dependent on anyone, nor do I allow anyone to be dependent on me. Dependency demands control, resentment, and self-betrayal. I choose self-independence, self-reliance, self-accountability, and self-validation, not as defenses, but as foundations to inner authority.

This is not isolation. This is energetic discernment and maturity.

This is what it means to live in sovereign authentic presence: to choose genuine connection without compromising inner sovereignty, support without self-sacrifice, and intimacy without self-abandonment, self-betrayal.

My Sacred energy thrives where sovereign boundaries are honored, and I honor mine.