

# **Self-Misery Is a Choice. Self-Accountability Is Not.**

## **by Pedro Lima**

Clinging to self-misery and self-mediocrity is a choice. So is self-liberation, the decision to disengage from parasitic energies that seek to bind consciousness, drain vitality, and taint the heart with fear, resentment, and resignation.

But self-accountability is not a choice. It is the natural consequence of awareness returning. The impulse to outsource responsibility to systems, people, circumstances, or history can no longer survive intact. What remains is the sober recognition that while many forces seek to exploit, dominate, or siphon life force, consent is the true currency they depend on.

Parasitic systems thrive where self-betrayal is normalized. Where comfort to abandon the self is prioritized over sovereign inner truth. Where stagnation is mislabeled as safety. Misery becomes familiar, mediocrity becomes socially acceptable, and responsibility is projected outward to preserve the illusion of innocence and denial.

Self-accountability is not punishment.

It is not shame.

It is not self-attack.

It is self-remembrance.

It is the moment one realizes that liberation does not arrive through rebellion, saviors, or anything outside the self, but through inner coherence. Through the refusal to lie to oneself. Through the willingness to take radical responsibility for one's energy, choices, boundaries, and participation.

Freedom is not forced.

Awakening is not imposed.

But once seen, accountability is unavoidable.

From that point forward, every act of self-betrayal is conscious and every act of integrity becomes an act of sovereignty.