

The Illusion of Order and Freedom in a Narcissistic Society Built on the Suppression of Inner Authority

by Pedro Lima

In a narcissistic, parasitic, surface-level society, self-control, self-regulation, self-responsibility, self-integration, self-honor, self-integrity, self-compassion, self-healing, self-acceptance, and self-accountability are systematically exchanged for projection.

Hollow corrupt power is structured vertically as a Ponzi: someone must be in charge so that someone else can obey. False authority exists only because self-independence is systematically discouraged, eroded, suppressed and punished.

Individuals are conditioned to comply, submit, and become subservient and dependent emotionally, psychologically, spiritually, and materially on external figures, systems, and permissions in order to survive. Self-trust is replaced with obedience, inner authority with external validation, inner discernment with compliance.

Dependence is normalized as safety, submission is reframed as virtue, and subservience is sold as responsibility, a duty. A population deprived of self-independence becomes easier to manage, enforce, coerce, easier to control, exploit, and incapable of standing in its own authentic sovereignty, mistaking control for order, and compliance for belonging and acceptance.

Rather than tending the inner world, individuals externalize it, allowing egoic self-conditioning, self-sabotage, self-deception, and self-betrayal to dominate their miserable and mediocre hollow lives. The illusion of separation is upheld by a pervasive fear: the terror of irrelevance, insignificance, vulnerability, and the courage required to observe one's own unresolved patterns, addiction, obsession, emotional trauma, ancestral conditioning, and inherited beliefs.

Presence is avoided. Awareness is postponed. Time itself becomes a psychological construct used to escape responsibility for the moment, responsibility for one's thoughts, intentions, emotions, feelings, actions, and choices.

Escapism, denial, ignorance and emotional and spiritual impoverishment are normalized within a society that glorifies self-victimization, moral hypocritical judgment, and scapegoating, rather than alchemizing pain into growth, expansion, evolution, and conscious ascent.

Fear, pride, envy, jealousy, conflict, division, misery, mediocrity, pettiness, bitterness, lust, scarcity, resentment, grief, greed, hoarding, anger, hatred, manipulation, control, scams, speculation, exploitation, and parasitism are not anomalies, they are cultivated, praised, institutionalized, rewarded, perceived, and normalized as success. They become the operating system of a collective addicted and obsessed with low-frequency survival fear-based states.

This society lacks the patience, courage, empathy, compassion, discernment and honesty required for self-awareness, self-reflection, and emotional self-regulation, self-control, and self-mastery. Instead, it reacts from a triggered egoic mind, clinging to curated identities, fragmented narratives, and performative roles that allow survival through deception, first of the self, then of others.

Rather than facing their shadows, unresolved pain, and chosen suffering, individuals seek to legitimize righteousness and polarity, good versus bad, right versus wrong, me versus them, projecting outward what they refuse to integrate and accept inward.

What is avoided is simple and radical: ownership of one's own energy.