

From Fragmentation to Wholeness - A Soul's Sovereign Self-Liberating Declaration

by Pedro Lima

I declare my inner state as sovereign. I no longer outsource authority over my emotions, my intentions, my thoughts, my actions, my choices, my decisions, my truth, or my timing.

I choose emotional loyalty over external, curated, fragmented hollow harmonic agreement. I choose presence over egoic surface-level curated performance. I choose self-trust over conditioned obedience and compliance.

I release every inherited contract that taught me to stay silent to stay safe, to endure and perform to be worthy and accepted, to contain myself to belong.

I allow my humanness to be complete, to feel, to know, to act without justification, without defense, without delay, without hiding behind false performative, curated, and fragmented masks.

I do not need permission to exist in truth. I do not need approval to remain aligned with my Soul's compass, authentic knowing, and wisdom. I do not need conflict to be sovereign, yet I do shy away from it to set sacred boundaries with anyone who seeks to disrupt my inner authority, sovereign authentic truth, and inner peace.

From this moment forward, I remain with myself in every sensation, every decision, every threshold, without judgment or needing to make sense of it. I accept it just as it is. I am not reclaiming power. I am ending the belief, the consent, the illusion that it was ever elsewhere, outside my sovereign being.

I do not consent to anyone being entitled to my sacred energy.

My inherent worth, sovereignty, and liberation are not tied to any people or societal conditional parasitic systems of approval or validation.