

The Surveillance of the Hollow in Parasitic Narcissistic Self-Victimized Societies

by Pedro Lima

A narcissistic, parasitic society is obsessed with monitoring, surveilling others, focused on what they do, what they have, how they think, how they behave, how they express themselves.

Not out of conscious awareness, but out of narcissistic, psychopathic, obsessive, parasitic control.

It watches. It spies. It hides in the shadows to gather information and use it to gain leverage. It judges. It compares. It enforces. It coerces.

It is addicted to surveillance, whether through social media, gossip, reputation tracking, or institutional oversight; it becomes fixated on regulating others rather than confronting and regulating itself, minding its own business.

Because self-confrontation would require something it avoids at all costs:

Self-honesty. So instead, it coerces others to project itself as moral and spiritually righteous out of deep-rooted hypocrisy and lack of self-integrity.

It pressures individuals to obey, comply, submit, and conform to the binding hollow rules, norms, and expectations of fragile, insecure, power-seeking parasitic individuals who operate from a deep fear of irrelevance and insignificance.

They feed on attention. They harvest emotional reactions. They sustain themselves through control, validation, and influence over others, creating a framework of a parasitic hierarchical system that supports them.

Through algorithmic amplification of outrage.

Through cancel culture and public shaming rituals. Through gossip networks disguised as concern. Through institutional gatekeeping that rewards compliance and punishes authenticity. Through social hollow hierarchies that equate worth with status, image, and external validation.

This is how parasitism evolves modern, normalized, and disguised.

A collective distorted and dysfunctional dynamic where individuals, disconnected from themselves, seek to define and measure others worth because they do not know who they are.

They project. They scapegoat. They manipulate narratives. They create petty alliances rooted in shared victimhood and blame.

A self-victimized culture becomes a social currency system.

Sympathy becomes leverage. Outrage becomes power to enforce and coerce. Blame becomes identity, and beneath it all lies a deep Inner emptiness. A refusal to face unresolved wounds, trauma, and conditioning.

So instead of healing, it indoctrinates through ideologies, dogmas, and cultural paradigms that train individuals to self-abandon and self-betray in order to belong. To be accepted. To be approved. To be validated.

People begin to live at the mercy of external expectations and judgment. They suppress their inner truth. They silence their discernment. They trade self-sovereignty for external approval.

This is how self-inflicted ignorance and mediocrity are sustained.

Misery becomes normalized.

Conflict becomes entertainment.

Division becomes a strategy.

Hypocrisy becomes a symbol of a culture.

A parasitic societal system does not just dominate from above. It is reinforced from within, by individuals who fear stepping outside the familiar, even when the familiar is what harms them.

They cling to cycles of pain.

They cling to cycles of suffering.

They cling to curated, fragmented identity structures built on scarcity, fear, and lack.

Not because they are forced to, but because they refuse to see what binds them. They refuse to release what diminishes them.

They fear letting go of people, titles, identities, roles, and systems that demand self-abandonment, because belonging, even if conditional, feels safer than relying on one's sovereign inner raw truth.

But here is the fracture point:

A system like this only survives through participation.

Through individuals who agree consciously or unconsciously to abandon themselves to remain part of it.

And the moment someone chooses to withdraw consent, do not participate. The moment they reclaim their inner authority, their discernment, their authenticity, their inner sovereign truth.

They become incompatible with the system.

Because a sovereign individual cannot be easily monitored, manipulated, or controlled.

They do not perform for validation.

They are not subservient to distortion.

They do not seek permission to exist.

They see clearly, remember who they are behind conditioning, and in that clarity, the entire parasitic structure begins to lose its fade.

The path out is inward, through radical self-honesty, shadow integration without judgment, disciplined self-regulation, self-autonomy, and the unwavering reclamation of your inner authority, until you no longer seek to belong to the system, but return home to yourself.