

The Self-Conditioned Mental Cage -Curated Fragmented Identities Built from Unresolved Pain Attachment By Pedro Lima

A parasitic, narcissistic, spiritually impoverished society curates fragmented, self-victimized, inauthentic, performative hypocritical facades, hiding by choice behind deception, dishonesty, lies, betrayal, connivance, and manipulation.

It weaponizes victimhood to gain sympathy, leverage, and control, while justifying addictions, obsessions, and attachments to unresolved inner child wounds, trauma.

In this spiritually impoverished society by choice, scapegoating and projection are normalized, institutionalized, legislated, and culturalized.

Control, exploitation, and domination are exerted through fear, scarcity, shame, and guilt-tripping, carefully engineered through indoctrinated propaganda and self-serving parasitic ideologies, dogmas, and paradigms that shape collective perception.

These binding hollow stories condition individuals to self-abandon and self-betray as the price of belonging, acceptance, and permission to exist.

They become submissive, compliant and obedient to false hierarchical, oligarchical, corrupt enslaving frameworks.

They suppress their inner voice.

They silence their truth.

They conform to predefined roles, laws, norms, rules and expectations. All to survive within a narcissistic parasitic system that surveils and feeds on their disconnection.

They become agreeable to what enslaves them, bound to mental, emotional, and psychological self-conditioning cages limitations.

Disconnected from their authentic sovereign essence, they outsource their inner authority to false authority figures.

They choose dependency on people and systems that dictate who and what they can be, think, do, surrendering their free will to parasitic societal systems that harvest their life force, and creativity through labor and compliance.

This system survives through participation.

Through consent. Through the quiet agreement of the majority to remain disconnected, distracted, pressed and disempowered.

An individual questions a dominant narrative whether cultural, political, religious or institutional, and is immediately labeled, censored, ridiculed, or socially exiled with the support of a majority that polices each other, competes, compares and allows itself to be divided by their own lack of honest self-reflection, self-awareness, the courage to challenge within them any belief, any curated story, conscious and unconscious patterns that keep them reliant, dependent, defending the very same people and systems that exploit and benefit from their inner disconnection, and lack of self-regulation, self-integration, self-acceptance.

The cycle perpetuates, reinforced not just by those in false power, but by those who fear stepping outside of it.

But there is a way out. The path is not external, it is inward.

It begins with self-honesty. With the courage to observe without distortion. To sit with discomfort without projection. To take full accountability for your own inner world.

It requires reclaiming self-regulation, no longer outsourcing your emotions, your peace, your authenticity, your sovereignty, your true essence.

It demands self-sufficiency, detaching from the need for external validation to feel whole.

It calls for self-discernment, seeing clearly through the illusion, manipulation, and conditioned narratives. Ultimately, it leads to self-authority. A return home. Where your inner compass replaces external control. Where your truth is no longer negotiable. Where your energy is no longer available for parasitic extraction.

From this place, self-sovereignty is remembered. Not granted, reclaimed from within, and once reclaimed, no societal system, no matter how it seeks to condition, normalize, or institutionalize, and rehearse chaos, drama, conflict to feed on the fear, obedience and subservience of others, cannot contain a soul that knows who and what they are in truth.