

# **A Sovereign Alchemist Reclaiming His Eternal Flame Through a Human Experience**

**by Pedro Lima**

I felt disappointed, lost, sad, confused, anxious, doubtful, stressed, betrayed, undermined, gaslighted, mistreated, scapegoated, shaming, guilt-tripping, surrounded by ill-hearted, parasitic, passive-aggressive narcissistic individuals who were addicted to, focused on, and obsessed with trying to disempower me, diminish me, bind me, and bring me down to their parasitic attachments to low levels of consciousness.

They sought my attention, my obedience, my subservience, my submission, feeding their hollow, fragile, false sense of self. They benefited from my pure-hearted intentions and my genuine, empathic nature, mistaking my kindness for weakness, failing to appreciate, respect, or honor my energy and essence.

Out of spiritual ignorance and impoverishment, they assumed and expected I would never remember. Never rediscover. Never reclaim my sovereign, authentic truth.

They expected me to remain bound by fear, silent, compliant, unaware, blind to their ulterior motives, their malice, their ill intentions.

But regardless of their ill-hearted projections, their attempts at scapegoating, their parasitic, intent-curated, fragmented egoic narratives...regardless of the chaos, the pain, the suffering, the delays, the destruction they wished upon my path. I never surrendered. I never gave up on myself. I never allowed darkness to taint my heart or bind my soul to self-victimization.

Every obstacle, every challenge, every hardship, every attempt to break me became nothing more than stepping stones. Initiations. Portals to turn inward.

I turned within. I dove deep into the layers of conditioning formed through chaotic, distorted, and dysfunctional environments, beliefs indoctrinated by society to limit my perception, suppress my inner authentic voice, and disconnect me from my inner truth, inner peace, inner knowing, inner discernment, inner regulation, inner validation, and inner authority.

I confronted everything within me that was triggering reaction, binding and hindering me, unresolved fears and trauma, people-pleasing, and appeasing self-diminishing dynamics.

I had no one to guide me through the darkness. No one to show me how to navigate deception, manipulation, smear campaigns, and psychological warfare.

So I became my own guide.

I went deeper into my inner world, aligning and rebuilding trust with my own intuitive compass, observing my patterns of thought, intention, choice, behavior, action, and inaction.

I confronted my subconscious programming. Inherited bloodline unresolved trauma. Wounds, fears, scarcity and poverty mindsets, addictions, attachments, spiritual disconnection, ignorance, and inner impoverishment.

I met myself in all the places I had abandoned and betrayed myself to belong or be accepted.

I faced everything that triggered me, everything that hindered me, everything that attempted to disconnect me from my inner peace and sovereign, authentic self-expression.

I saw clearly every energetic distortion, every attachment that demanded my self-abandonment, my self-betrayal, my silence, my compliance, every dynamic that required my consent to remain small.

I withdrew that consent. I alchemized every layer with love, patience, forgiveness, gratitude, self-compassion, self-healing, self-love, self-integration, self-discernment, self-accountability, and self-acceptance.

I released anyone and anything that felt entitled to my energy and time.

I reclaimed my sacred, self-discerning, assertive boundaries. My inherent worth. My sovereignty.

I uprooted every seed of fear, scarcity, unworthiness, subservience, and powerlessness that others tried to plant within me.

I learned to stand up for myself, no matter the circumstance.

I now rely on, follow, and trust, unwaveringly, my inner intuitive compass, my inner knowing, my inner wisdom.

There is no ideology, dogma, or cultural paradigm I follow, comply with, or depend on.

I am self-motivated.

Self-fulfilled.

Self-sufficient.

Self-regulated.

Self-validated.

Heart-mind coherent.

I am enough.

I am whole.

I am home.

I had every opportunity to give up on myself, to surrender to others expectations, opinions, judgments, and agendas.

But I chose differently. I chose to honor my free will; to walk the path of self-discovery, self-remembrance, and self-reclamation. I kept my heart pure. Untainted. Uncorrupted by fear-based attachments or pain-driven narratives.

I did not allow anything outside of me to define who I am. I carved my own path through the unknown, finding my way back home within my soul's essence. I cultivated inner alignment. Elevated my energetic frequency. Reconnected with the vastness and multidimensionality of my being, my star family, my star friends, my unbreakable connection with the Universe.

I rose. Not because it was easy or difficult, but because embracing truth freed me.

Forgiveness, when spoken without true, pure intention, is empty, hollow.

I forgave, not because others deserved it, not to escape my emotions, but to liberate myself. To release the weight of unresolved pain, grief, and resentment.

Forgiveness does not mean accepting those who hurt you. It means refusing to let the pain story define you.

It is the quiet, powerful decision to no longer carry what was never yours to hold.

And like a phoenix, I did not rise from seeking others permission or approval. I rose from the layers of conditioning, the ashes of illusion, of everything that tried to break or control me...and remembered that I was the alchemical, mystical fire all along, grounded in unwavering self-perseverance, self-determination, and self-commitment, I continue to walk my authentic, purposeful path, co-creating a meaningful and fulfilled life from within, no longer bound to the surface-level, parasitic, commodified societal speculative illusions attachments.