

# **Beyond Fragmented Pain-Based Curated Survival Self-Preserving Identity Attachments**

**by Pedro Lima**

We are indoctrinated to self-abandon and self-betray in exchange for belonging and acceptance, curating self-preserving, survival-based, pain&trauma-fragmented identities.

We attach our sense of self to a nationality, a flag, an ID, a culture, a societal standardization, legalization, and normalization of what it means to “exist” within the conditional acceptance and validation of a narcissistic, parasitic, hierarchical, corrupt, mob-like societal system.

Within this identity attachment curated egoic construct, the status quo defines, measures, labels, categorizes, and validates an individual’s identity, beliefs, behaviors, choices, worth, and potential, rewarding individual and collective obedience, compliance, subservience, and submission to false hierarchies, false authority figures and systems that harvest others life-force through chaos, disorder, lies, deception, conflict, division, dependence on the parasitic system to survive under the false sense of safety that a narcissistic parasitic enslaving system hypocritically and falsely disguises it as truth, as order, as protection, as national security, as justice, as necessary, shaping the perception of individuals to self-betray to belong and be accepted within this fear-based, corrupt, hollow hierarchical, exploitative and spiritually impoverished, and self-victimized societal framework.

In doing so, it strips away the inner intuitive voice, the inherent self-knowing, self-awareness, self-discernment, and self-authority of the individual.

It disconnects one from a self-identity grounded in self-realization, self-actualization, self-sufficiency, self-reliance, and self-accountability; a self that is self-led, self-guided, and aligned with its own inner intuitive compass and authentic sovereign core values.

Instead, individuals are conditioned to be influenced, swayed, coerced, and shaped by parasitic, narcissistic societal hollow, compliant propaganda, binding, hollow narratives that glorify shallow, surface-level stories that perpetuate an individual and collective reliance and dependency on parasitic societal hierarchical moral hypocritical ego-based illusion and distortion attachments.

All of this is sustained to profit from disconnection...at the cost of suppressing and oppressing individual, authentic, genuine, spontaneous, sovereign self-expression.

Individuals are trained and conditioned to follow, obey, comply, and seek approval from external false authorities like parents, institutions, corporations, and governments, without cultivating the capacity to question, discern, or self-regulate. Obedience is rewarded. Compliance is praised. Subservience is normalized as a duty and a responsibility.

In schools, workplaces, and social environments, individuals are taught to perform preconceived roles, meet expectations, and conform to predefined fear-based societal narcissistic standards, rules, and norms rather than think independently or express authentically.

Those who follow the societal narcissistic parasitic script are validated, labeled as good “sheeples”. Those who question it are labeled, dismissed, marginalized, labeled as complicated, dangerous to a distorted and dysfunctional societal framework that profits from inner disconnection, addictions, obsessions, and spiritual ignorance.

Dependence on narcissistic parasitic hierarchical systems becomes the foundation of an individual and collective identity, approval is granted externally, belonging is conditional, and self-worth is measured through performance, productivity, subservience, and compliance with false hierarchical frameworks and false authority-curated figures.

In this distorted societal framework, fakeness becomes a strategy. Greed becomes ambition. Speculation becomes a tool for leverage. Spiritual disconnection becomes normalized and accepted by a majority that self-abandons for the sake of glorifying and worshiping a nationality, a flag, and hollow, empty words of false authority figures who never had, and will never have, the majority’s best interest at heart.

Surface-level definition of success is glorified, status, titles, wealth, influence, competition to win at any cost, dominate, and have power over others, while integrity, authenticity, and truth are quietly dismissed, avoided, or even attacked.

Those who embody truth without egoic masks of performance, who refuse to conform to hollow narratives, are misunderstood, isolated, or scapegoated by a collective that feels threatened by what it refuses to confront within itself.

Because authenticity exposes illusion, truth disrupts control. A self-aware individual cannot be manipulated.

A self-victimized society, attached to unresolved pain, trauma, and inner fragmentation, projects outward what it refuses to face within.

It fears irrelevance. It fears insignificance. It fears standing alone without external validation or support, and rather than embracing vulnerability, self-accountability, and the discipline of self-regulation and inner alignment, it clings to egoic distortion, seeking comfort in conformity, a false sense of order, freedom, safety in numbers, and a curated self-preserving identity clinging to shared illusions.

So it defends the very systems that diminish it. It participates in the very dynamics that disempower it. It perpetuates the very narratives that keep it bound.

But the moment an individual chooses differently, chooses self-honesty over illusion, self-responsibility over projection, self-regulation over reactivity, and truth over belonging, the entire fragmented egoic individual and collective identity construct begins to dissipate.

Because the system does not hold power on its own, it is sustained through unconscious individual and collective agreement and consent.

When that agreement is withdrawn...what once felt absolute begins to dissolve.

At the core of this societal dynamic is a deep inner disconnection, where individuals attach their self-identity to a normalized culture rooted in fear-based, divisive ideologies, dogmas, and paradigms that demand self-abandonment and self-betrayal as the price of acceptance.

They shape-shift to please, appease, and conform, rather than stand in truth, integrity, and honesty in everything they are and do. In doing so, they outsource leadership over their own lives, allowing themselves to be influenced, swayed, and ultimately brainwashed by external, self-serving, biased, manipulative, and deceptive agendas of those who depend on their attention, agreement, and consent to sustain the illusion of authority.

But a being who chooses to remain connected to their inner truth, guided and reliant on their own inner intuitive compass, inner authentic voice, who refuses to compromise their integrity, no longer seeks permission to exist, no longer conforms to distortion, and no longer allows anyone or anything outside of themselves to dictate who they are.