

Breaking the Cycle of Psychological Control and Self-Betrayal in Spiritually Disconnected and Impoverished Societies

By Pedro Lima

Hierarchy and authority in spiritually impoverished societies are nothing more than binding, hollow self-preserving parasitic constructs within a narcissistic, self-serving, self-preserving, ego-based society, one that clings to survival-mode, self-conditioned, and polarized scripts to validate its own inner chaos, dysregulation, and disconnection.

Individuals project onto others their unresolved fear-based pain, inner-child wounds, addictions, obsessions, and attachments to beliefs, behaviors, and paradigms that keep them locked in self-victimized states.

They remain immersed in cycles of mediocrity, inner chaos, and self-inflicted suffering, resorting to blame, gaslighting, gossip, smearing, judgment, and scapegoating others to avoid honest self-reflection. This self-avoidance reflects a lack of courage to confront their own shortcomings, a resistance to shifting perception, and an inability to experience life without labels, categorization, or the need to control or understanding.

Instead, they adopt victimhood as leverage, seeking sympathy while refusing to acknowledge their shadows, the fragmented, conditioned, performative self-preserving self constructs that bind them to fear-based narratives, endured by attachments to self-sabotaging patterns of intention, emotion, thought, belief, and habit.

Deception, lobbying, corruption, manipulation, exploitation, comparison, competition to win at any cost, power, and control become normalized within bureaucratic mazes of labyrinthine laws designed to serve fragile, self-preserving hollow power structures of oligarchs, technocrats, bureaucrats, and self-appointed authorities.

Through propaganda and orchestrated narratives of chaos, surveillance, conflict, and fear, it cultivates division, keeping in line an inner disconnected collective conditioned into obedience, compliance, subservience, dependence, and submission to false hierarchies and authorities.

These corrupt, soulless systems justify themselves through slogans like “this is necessary for order, justice, national security, and public safety,” masking exploitative, deceptive agendas that benefit a few while diminishing the many.

Those who maintain these hollow oligarchical parasitic frameworks, societal structures operate from behind the scenes, conniving, leveraging influence and control while others who sell their souls, enforce compliance through intimidation, coercion, and fear-based physical, emotional, and psychological oppressive tactics meant to silence the inner

authentic sovereign voices of those who refuse to conform or “sell out” for status, false sense of security, identity or at the mercy of societal opinions and systems of approval.

But these distorted societal dynamics do not rely solely on overt control; they are sustained through subtle, psychological enforcement embedded in everyday interactions. Those who question or stand in truth are met with exclusion, defamation, slander, and reputational attacks disguised as concern or accountability. Social pressure, shame, guilt-tripping tactics, and misrepresentation become tools of regulation and punishment.

The collective, unconsciously, becomes both enforcer and prisoner, perpetuating a corrupt oligarchical societal system that thrives on insecurity, conflict, division, unresolved pain, polarization, and the suppression of authentic sovereign individual self-expression.

At a deeper level, this manifests as psychological and emotional warfare, where perception itself is manipulated. Narratives are curated to provoke reaction, confusion, and doubt, disconnecting individuals from their own self-discernment. Integrity becomes threatening because it exposes the illusion.

The oligarchical, parasitic hollow petty system does not fear rebellion; it fears inner clarity. It fears individuals who cannot be controlled through fear, guilt, shame, or validation. So it distracts, divides, and exhausts, hoping individuals will abandon and betray themselves once more.

But when one stands anchored in self-awareness, self-regulation grounded in their inner intuitive sovereign voices compass and truth, these corrupt oppressive societal mechanisms lose their power, because illusion cannot sustain itself in the presence of a Soul who knows who they truly are, who is present, and embodies its inner core values with integrity, dignity, honor, compassion, authentic and truthful to themselves no matter who or what requires or demands their submission.

The path forward is not found in resisting what is outside, but in mastering what is unintegrated within. It is a return to radical, honest self-accountability, where the projection of inner wounds ends, and responsibility for one’s own inner state begins.

It is the embodiment of self-honor, self-dignity, and integrity, choosing truth over comfort, presence over reaction, and inner alignment over external need for approval and permission to exist.

You begin to listen deeply to your inner voice, your intuitive compass, no longer negotiating your authenticity to fit distorted and dysfunctional external expectations. You stand grounded in your sovereign self, rooted in awareness, clarity, and discernment, embodying truth through your pure essence, not merely through your words.

You no longer seek permission, validation, or direction from anything outside of you because you recognize that self-authority is remembered, embodied, alchemized, and lived through conscious Soul presence, inner coherence, a higher expression of your true self through your divine temporary humanness experience.