

The Narcissistic Social Fragmented Surface-level Club Where Self-Abandonment and Self-Betrayal Are the Entry Fees

by Pedro Lima

The big curated societal lie, the illusion that a self-inflicted, self-preserving, self-conditioned collective chooses to curate, indoctrinate, rehearse, attach to, reframe, and perpetuate, is obscene.

It is rooted in self-abandonment.

It is rooted in self-betrayal.

It is rooted in self-deception.

All for the sake of participating, both actively and passively, in one's own disempowerment and diminishment.

Following. Complying. Obeying. Being subservient and submissive to false hierarchical authority figures; middlemen who hold no real power beyond what is perceived, given to them.

Outsourcing one's own inner authority. Surrendering one's own self-sovereign, authentic truth. All to maintain a fabricated sense of belonging within a fake, inorganic, petty, transactional, commodified, delusional, exploitative, parasitic, narcissistic, oligarchical societal system built on curated, fragmented, performative, egoic, morally hypocritical, self-serving hollow facades.

A societal profit-hungry system that normalizes fear, engineers scarcity, benefits and profits from others addiction, ignorance, and spiritual impoverishment.

A hollow corporate-based like system that rewards exploitation, control, domination, and subjugation of the many, while protecting and enriching the few.

Corrupt individuals and corporations operate within it, profit-hungry, lobbying, conniving, deceiving, manipulating, tempting others with money, power, status, lust, and hollow surface-level rewards that soothe fragile egos and reinforce self-serving, greedy, parasitic narratives.

This creates a hollow collective framework dynamic, one that sustains itself through inauthentic, transactional, commodified human disconnection, rooted in survival, self-preservation, comparison, competition to win at any cost, and curated pain-based identities attachment to outdated ideologies, dogmas, cultural paradigms, conditioned beliefs and behaviors that no longer serve the highest good at an individual as collective level.

This self-preserving curated illusion is not abstract, it is lived, reinforced, and normalized through everyday societal hollow transactional dynamics.

It shows up when individuals remain in exploitative environments that drain their energy, justifying burnout and a title as “success,” and tying their worth to productivity while neglecting their overall well-being. It appears in systems where profit is prioritized over people, where harm is externalized, and where individuals defend these structures because their identity, security, or status depends on them to exist.

It is visible in digital social transactional spaces where attention is harvested, grandiosity overshadows individual and collective inner emptiness, comparison is amplified, and identity becomes a performance to play the hypocritical, petty, societal manipulative and distorted game of illusions. Individual and collective validation is measured through hollow metrics such as the amount of followers, likes, how much individuals hoard and harvest from others to reach the greedy, soulless, parasitic exploitative top of the ladder, ponzi scheme like status, replacing genuine self-worth, mutual respect, honor, dignity, integrity, compassion, and acceptance. People scroll to avoid themselves, consume to numb discomfort, and compete to feel significant and relevant in a transactional societal distorted and dysfunctional system that thrives on their insecurities, and curated, fragmented false sense of self.

It exists and persists in social hollow petty environments where gossip and gaslight replaces self-reflection, self-accountability, where people bond through shared resentment, attachments to unresolved pain, seeking to glorify self-inflicted misery, mediocrity, and self-victimization rather than inner growth, responsibility for one's own inner world state, and where authenticity is subtly punished, censored, shamed and guilt-tripped. Truth becomes “too much.” Healthy boundaries are painted as “selfish.” Inner alignment leads to social exclusion. So individuals dim their light, edit themselves, and perform curated pain-based identities that maintain social acceptance while fragmenting their inner world into a wasteland of inner emptiness.

At a deeper level, this narcissistic dynamic is fueled by unresolved emotional pain, trauma.

Unprocessed inner child wounds fueled by rejection, abandonment, shame, guilt, sorrow, grief, unworthiness, fragmented aspects of self that are not faced but projected outwards to avoid to sit with discomfort. They are carefully masked through pride, entitlement, control of narratives, or victimhood stories. The fear is not just discomfort, it is the terrifying possibility of being insignificant, irrelevant, unseen without the fragmented curated identities built for survival.

So people cling. To roles. To systems. To relationships. To narratives that no longer serve them.

Because without them, they would have to meet themselves, without distraction, without distortion, without hypocritical performance, without clinging to illusion.

That is what sustains the narcissistic societal transactional hollow system alive, not just control from those above in the Ponzi-like status, but from the avoidance from within individuals and a collective that abandon and betray themselves to belong and be accepted.

If you are ready to step out of numbness, denial, and self-avoidance, the path is not external, it is internal, direct, and uncompromising:

Pause and Observe: Where are you performing, complying, or shrinking to belong?

Own Your Inner State: Stop outsourcing blame. Your reactions are yours to understand.

Face What You Avoid: Sit with discomfort. What are you unwilling to feel?

Identify Attachments: Where is your identity tied to approval, status, or external validation?

Discern Truth from Conditioning: Is this belief truly yours, or inherited and unexamined?

Set Boundaries Without Justification: Protect your energy from anything that requires self-betrayal.

Choose Alignment Over Comfort: Even when it costs you approval, security, or familiarity.

Rebuild Self-Trust: Act in alignment with what you know is true, consistently.

Integrate, Don't Escape: Your pain is not your enemy, it is unprocessed truth asking to be seen.

The exit is not loud. It is not performative. It is a quiet, resilient, grounded in your inner compass guidance, and consistent refusal to betray and abandon yourself.

Because the moment you stop feeding the illusion, it begins to lose its influence over you, first on your mind, then on your identity, and finally on your reality.

Self-liberation begins the moment you stop negotiating your authentic sovereign inner truth to maintain any illusions that were never real to begin with. It is the conscious unraveling of every layer of conditioning, every attachment built on fear, scarcity, unworthiness, every curated fragmented identity shaped through survival rather than authenticity.

You return, not by becoming something new, but by remembering who you were before the distortion, before the need to perform, to please, to belong at the cost of your soul authentic sovereign essence.

In that remembrance, you remember and reclaim your inner authority, your clarity, your discernment, and your presence. You no longer seek permission, validation, or direction from anything outside of you, because you recognize that nothing external can define, complete, or govern what is already whole, and from that space, grounded, self-aware, and sovereign, you don't fight the illusion, you simply stop participating in it.