

# **The Architecture of Human Dependency in Hollow Narcissistic Parasitic Hierarchical Societies**

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In a narcissistic, self-victimized, mediocre, petty, and bitter society, individuals are conditioned to obey, comply, conform, and seek permission from external people and structures presented as authority.

From an early age, worth, identity, success, and belonging become attached to institutions, systems, titles, ideologies, and socially approved roles. People are taught to rely on external validation rather than cultivate self-trust, discernment, and inner stability.

This hollow dependency sustains hierarchical, parasitic, dysfunctional societal systems that profit from individuals inner disconnection.

Attention becomes currency.

Fear becomes a tool for social control.

Compliance becomes normalized to justify survival, poverty, scarcity, and fear-based self-conditioning stories.

Entire corrupt social structures are maintained through passive and active participation, through individual and collective agreement, obedience, emotional reactivity, and the unconscious outsourcing of inner authority.

Within these corrupt hierarchical systems, division, comparison, competition, deception, and lobbying to gain leverage are praised, normalized, and institutionalized to validate self-preserving, fragmented, curated identities that are continuously reinforced to legitimize illusions of control, dominance, exploitation, and authority over another being.

People become consumed by curated survival conniving narratives, defending the very structures that exploit their fear, insecurity, pain, ignorance, self-abandonment, self-betrayal, and dependency.

Rather than confronting their own inner fragmentation, the majority project outward seeking control, superiority, status, and validation to compensate for what has not been integrated within themselves.

What emerges is a hollow, distorted culture that rewards performance over authenticity, conformity over self-discernment, and obedience over conscious self-responsibility.

The individual slowly disconnects from their own intuitive compass, replacing direct inner knowing with inherited beliefs, ideological conditioning, middleman dogmas, collective fear, and externally scarcity-engineered narratives.

Over time, these dynamics and patterns become internalized.

People begin policing themselves and others, even before external parasitic systems of false authority need to do so.

Fear of rejection, insignificance, irrelevance, uncertainty, punishment, or exclusion keeps the majority emotionally and psychologically attached to systems that diminish their sovereignty while promising, out of hollow words and distorted self-serving intentions and actions, safety, identity, or belonging in return.

The result is spiritual dependency, ignorance, and impoverishment disguised as normality.

A fragmented collective searching externally for what can only be cultivated internally:

- self-worth
- self-trust
- self-regulation
- inner peace
- authentic purpose
- sovereign identity

No external authority can save or restore what an individual refuses to reclaim within themselves.

Self-liberation begins the moment an individual becomes honest with themselves.

The moment they stop blaming, gaslighting, scapegoating, performing, reacting, seeking permission, or shaping their identity around external expectations, opinions, and conditioned survival patterns, then they consciously take action to break free from participating and agreeing with anyone and anything that requires their self-abandonment and self-betrayal to please and appease them.

The path back to the soul requires presence, integrity, honor, forgiveness, patience, awareness, self-integration, and self-acceptance.

It requires observing the ego without becoming consumed by it.

It requires taking full accountability for one's inner world, thoughts, intentions, emotions, behaviors, choices, and energetic participation.

To reclaim sovereignty is not to dominate others. It is no longer necessary to abandon yourself.

It is the conscious dissolution of every attachment, belief, fear, role, ideology, dogma, cultural paradigm, pain-based identity, and emotional dependency that requires self-betrayal in order to survive.

The soul does not need performance.

It does not need superiority.

It does not need external validation to exist.

Beneath every conditioned, curated identity, every fear-based attachment, and every fragmented survival mechanism, there remains an unbroken essence untouched by societal programming.

The moment you stop feeding the illusions that distort your inner clarity, you begin to remember who you were and are before fear taught you to forget.

Self-mastery is the integration of all fragmented aspects of self into conscious awareness, grounded in discernment, inner peace, authentic embodiment, and the sovereign remembrance that no external system holds power over a being fully aligned with its own authentic sovereign truth.