

# **The Hollow Emotional Manipulative Leverage Game Played in Spiritually Impoverished Societies**

*By Pedro Lima*

In a narcissistic, transactional, commodified, spiritually impoverished society, for someone to “win,” someone else must lose. This cultivates hollow, prideful, ignorant, self-victimizing, fragmented egoic identities attached to self-sabotaging patterns of thought, belief, intention, choice, and behavior rooted in comparison, competition, fear, scarcity, and unworthiness.

Individuals compete endlessly to gain leverage, status, validation, authority, wealth, or perceived power over others, soothing fragile, insecure, fear-conditioned survival identities built upon external approval and social performance.

People strive to climb ladders of survival-based illusion, tying their worth, credibility, sovereignty, and identity to money, titles, nationalities, corporate roles, institutional recognition, social status, and proximity to hierarchical power structures, while unconsciously surrendering their inner authority to normalized systems of exploitation, control, obedience, manipulation, and domination.

Within this surface-level societal landscape, relationships become increasingly shallow, hollow, and transactional. Human connection is reduced to parasitic extraction:

“What can I gain from another?”

“How can I benefit from someone else’s vulnerability?”

“How can I manipulate perception, gain control, secure advantage, or diminish another to preserve my own fragile, curated, fragmented identity?”

The majority become consumed by envy, jealousy, bitterness, resentment, and comparison with those who embody authenticity, self-awareness, integrity, and sovereign self-expression because authentic truth-embodiment exposes the emptiness behind performative, hollow, fake identities built on fear, deception, and self-abandonment.

The lack of inner substance within this dysfunctional narcissistic landscape becomes undeniable. Individuals consciously and unconsciously lie, deceive, manipulate, speculate, exploit, scam, dominate, and coerce in order to maintain psychological control, preserve appearances, protect curated reputations, or sustain self-serving agendas, but energy does not lie.

Rather than honestly confronting unresolved pain, fear, trauma, insecurity, shame, and inner fragmentation, the majority externalize their suffering through projection, scapegoating, blame, emotional manipulation, performative hypocritical morality, and psychological games designed to avoid vulnerability, accountability, humility, awareness, and self-responsibility.

Dependency itself becomes normalized, culturalized, legalized, and institutionalized.

Individuals are conditioned away from self-sufficiency, self-assurance, self-trust, emotional regulation, intuitive discernment, and authentic inner alignment. From early conditioning, individuals are indoctrinated, taught to obey, be subservient, submissive, and rely on external systems, authorities, institutions, validation, approval, ideologies, dogmas, and collective middleman narratives to define their worth, safety, identity, and permission to exist.

A collective addicted and obsessed with a surveillance and policing hollow distorted corrupt corporate-based culture becomes normalized, legalized, institutionalized, and psychologically embedded into society itself. Individuals monitor, judge, compare, punish, harm, shame, manipulate, and attempt to control one another through fear, insecurity, ideological rigidity, guilt-based narratives, emotional coercion, and social pressure.

Individuals defend inherited dogmas, divisive ideologies, cultural conditioning, and fear-based narratives because these fragmented identity structures provide temporary certainty, familiarity, security, and emotional protection from confronting their own inner chaos state.

The ego seeks superiority to escape inferiority.

It seeks control to escape fear.

It seeks validation to escape emptiness.

It seeks domination to legitimize self-conditioning, self-sabotaging, and self-serving stories.

This distorted societal framework reinforces the illusion of separation:

“me versus others,”

“my truth against yours,”

“my identity above yours,”

while individuals label, categorize, judge, measure, and compare one another in desperate attempts to legalize, normalize, and legitimize fragile, externally dependent identities built upon fear, shame, insecurity, and unresolved trauma.

But the soul begins to remember itself the moment projection ends and honest self-confrontation begins.

Self-liberation emerges when an individual stops blaming the world for the wounds they have not yet consciously faced within themselves. The path back to wholeness requires self-accountability, emotional honesty, humility, discernment, compassion, awareness, and the courage to sit consciously with fear, shame, grief, insecurity, resentment, and pain without escaping into projection, self-victimization, or performative identity attachments.

The alchemical work of the soul is not about becoming superior to others, but about integrating every fragmented aspect of self with awareness, presence, forgiveness, patience, and unconditional acceptance. Nothing authentic needs to be hidden, performed, reacted, manipulated, justified, or defended.

The moment an individual stops abandoning themselves for external validation, approval, belonging, or survival, they begin reclaiming their inner authority, intuitive knowing, and sovereign, authentic truth.

Through that remembrance, the fragmented self gradually dissolves into conscious wholeness, where integrity replaces fake performance, awareness replaces conditioning, compassion replaces projection, and authentic presence replaces fear-based illusion.

### **Questions for Honest Self-Reflection, Inner Accountability, and Soul Remembrance**

What beliefs, fears, identities, or emotional attachments am I still clinging to because they provide familiarity, validation, comfort, dependency, predictability, or the illusion of safety?

Where in my life am I still abandoning, betraying, suppressing, or performing against my authentic self in order to be accepted, dependent, provided for, approved of, validated, or protected by others?

What unresolved pain, shame, insecurity, grief, resentment, envy, fear, or trauma do I continue projecting outward instead of consciously feeling, processing, integrating, and taking accountability for within myself?

How often do I react from conditioned survival patterns rather than respond from conscious awareness, discernment, emotional regulation, and inner alignment?

What systems, people, environments, ideologies, dogmas, cultural paradigms, narratives, or relationships benefit from my fear, dependency, self-doubt, emotional reactivity, or inner disconnection?

Who would I become if I no longer needed external approval, comparison, titles, status, validation, control, or performative identities to define my worth or existence?

Am I willing to sit honestly with discomfort, uncertainty, vulnerability, and self-confrontation without escaping into distraction, blame, projection, self-victimization, superiority, or emotional avoidance?

What conditioned beliefs, inherited narratives, survival identities, cultural paradigms, or fear-based attachments no longer resonate with the truth of who I authentically am?

Can I consciously observe my thoughts, intentions, emotional patterns, behaviors, and choices without judgment, denial, justification, or self-deception?

Beneath every conditioned identity, fear, attachment, role, expectation, wound, and illusion...

Who am I when nothing external is left to define me?

Stay in your own lane, remain committed to your alchemical path of soul remembrance, and never compromise your inner peace, authentic sovereign truth, inner authority, discernment, integrity, honor, dignity, or inner alignment for the sake of belonging, external validation, approval, or the hollow psychological and emotional manipulation games of individuals and collectives seeking leverage, control, profit or power over your authentic self.