

Beyond the Hierarchical Psychological Domestication Program, Engineered to Normalize and Profit from Human Codependency, Ignorance & Subservience

by Pedro Lima

Hierarchy does not become psychologically powerful merely because structures of authority exist. Its deeper power emerges when human beings internalize hierarchical, subservient, compliant programming so completely that they begin policing, diminishing, and abandoning themselves before anyone else needs to.

A title becomes mistaken for worth.

A position becomes confused with wisdom.

A certificate becomes mistaken for superiority.

Status becomes substituted for self-respect.

Authority becomes confused with truth.

Obedience becomes confused with virtue.

External validation gradually becomes the permission slip through which an individual decides whether they are allowed to trust themselves.

The most sophisticated form of human consciousness domestication is therefore not the visible command. It is the internalized command.

It is the voice inside the individual saying:

“Know your place.”

“Do not question.”

“Wait for permission.”

“Stay within the boundaries.”

“Do not challenge those above you.”

“Your value depends upon recognition.”

“Your belonging depends upon compliance.”

After cycles of self-repetition, the cage no longer requires a guard. The conditioned human consciousness becomes its own warden.

Like a bird raised inside a cage whose door has quietly been left open, the individual may continue circling the same enclosure because the open sky has become more frightening than the familiar self-conditional fear-based scripts.

This is where hierarchy can become psychologically parasitic, not necessarily because every hierarchy is inherently corrupt, but because any structure can become distorted when authority is elevated above conscience, status above character, and integrity, compliance above discernment, and institutional approval above authentic self-knowledge.

The individual begins looking upward for permission while looking downward for someone to feel superior to.

This creates a psychological self-delusional grandiose narcissistic ladder where everyone is simultaneously chasing validation from above and seeking reassurance through comparison below.

Someone has a higher title.

Someone has more money.

Someone has greater influence.

Someone has more followers.

Someone possesses more credentials.

Someone occupies a more prestigious position.

Suddenly human worth becomes a scoreboard.

The soul becomes a résumé.

The personality becomes a transactional performative surface-level marketplace with no inner substance.

Relationships become a transactional leverage game of negotiations.

Human consciousness becomes trapped in an endless pursuit of “more” because the underlying feeling of “enough” was never cultivated within.

The delusional, grandiose, arrogant, prideful, ignorant, insecure sense of self that strives for Superiority, control, subservience, and submission of others.

One of the most revealing societal distortions occurs when an individual requires another person’s diminishment to experience their own significance.

If my identity requires you to be beneath me, then your existence becomes psychologically threatening whenever you refuse that position.

If my worth depends upon being superior, your autonomy becomes an insult.

If my identity depends upon being recognized as important, your independence can feel like rejection.

If my fragile, curated, fragmented self-concept requires admiration, applause, worshipers, your refusal to participate in my self-delusional curated egoic identity performance can expose the insecurity underneath it.

So the unconscious mind begins constructing and engineering enemies, villains for its self-conditioned fear-based self-victimized scripts.

It needs someone to blame.

Someone to criticize.

Someone to ridicule.

Someone to scapegoat.

Someone to label as ignorant, difficult, arrogant, rebellious, ungrateful, problematic, or threatening.

Not necessarily because that person is any of those things, but because the projection protects a fragmented, fragile sense of identity from having to examine itself.

The external villain becomes a psychological curtain hiding the unresolved performative, dramatic, chaotic theater within.

The Victim Who Becomes the Warden.

Collective victimization can operate in a similar way.

An individual can experience genuine pain and still become attached to the curated identity constructed around that pain.

The wound becomes the biography.

The grievance becomes the personality.

The blame becomes the language.

The enemy becomes the explanation.

The individual defends the very narrative that keeps them psychologically imprisoned because abandoning it would require confronting an uncomfortable question:

“Who am I without this story?”

This is where self-victimization can become self-perpetuating.

Not because every hardship is chosen.

Not because injustice is imaginary.

Not because people are responsible for everything that happens to them.

But because there remains a difference between experiencing something and unconsciously organizing one's fragmented survival identity around remaining powerless because of it.

The distinction is crucial.

Self-accountability is not self-blame. It is the recognition that regardless of what happened, something within our sphere of human consciousness remains available for examination, choice, and alchemical transformation.

The Hall of Narcissistic Mirrors

A fear-conditioned collective becomes like an enormous hall of Narcissistic mirrors.

One person projects insecurity.

Another responds with defensiveness.

A third interprets the reaction as hostility.

A fourth joins the narrative.

A fifth categorizes and repeats it as the truth.

Soon everyone is responding to fear-reflections of fear-reflections, while almost nobody stops to ask:

“Who started looking into the narcissistic insecure mirror?”

This is how ignorance can become socially reinforced.

People repeat what they inherited.

Defend what they were taught.

Normalize what they experienced.

Protect what they fear questioning.

Then mistake repetition for normal, the truth.

The collective begins rewarding conformity because conformity creates predictability.

Questioning creates uncertainty.

Discernment creates independence.

Self-inquiry threatens performative surface-level curated egoic identities built upon unquestioned certainty.

So the person who asks uncomfortable questions becomes more threatening to the hive-minded societal narcissistic system than the person who openly causes harm, because the question introduces something the conditioned dysfunctional environment cannot easily control:

Independent Human consciousness.

The Addiction to the Ladder of Hierarchical Illusions

The hierarchical ladder promises ascent, but keeps human consciousness staring vertically instead of inward.

The individual spends years asking:

“How high can I climb?”

instead of:

“Who am I becoming while I climb?”

They accumulate titles while losing intimacy with themselves.

They accumulate recognition while becoming dependent upon applause and approval.

They accumulate possessions while remaining internally impoverished.

They acquire authority over others without developing authority over how they process their own impulses, thoughts, fears, attachments, reactions, insecurities, and projections.

This creates one of the great ironies of human consciousness:

A person can become powerful in the external world while remaining profoundly unmastered, and empty within.

They may know how to command others while having no idea how to govern themselves.

They may demand respect while avoiding self-reflection and self-humility.

They may enforce rules while refusing to examine their own ulterior motives.

They may seek mastery over another human being because mastering their own inner world requires a degree of humility and courage that the ego does not want to surrender.

Self-liberation begins when human consciousness stops asking only:

“Who is responsible for my discomfort?”

and starts asking:

“What is my reaction revealing?”

What belief am I defending?

What fear am I protecting?

What identity am I trying to preserve?

Where have I confused authority with truth?

Where have I outsourced my discernment?

Where am I seeking validation because I have not learned to validate myself?

Where does comparison make another person’s existence feel threatening?

Where am I demanding that someone else become smaller so that I can feel larger?

What pain have I turned into a fragmented performative curated self-preserving identity?

What hierarchy am I defending because questioning it would require questioning myself?

Perhaps the most confronting question:

“What part of me benefits from remaining unconscious?”

These questions do not exist to shame the individual.

They exist to return authority to the individual.

Because the opposite of psychological domestication is not rebellion for its own sake. It is the cultivation of self-discernment.

It is the capacity to participate consciously rather than reacting in “auto-pilot mode”.

To respect legitimate structure without surrendering one’s conscience to it.

To listen without becoming subservient and submissive.

To question without becoming consumed by opposition, petty drama, hollow arguments.

To lead from the heart without needing domination and control over another being.

To follow when following is consciously chosen, not demanded through fear-conditioned scripts.

To recognize another person’s authority without making that authority a substitute for one’s own inner compass.

They simply have to refuse to abandon themselves inside the hierarchical programming disseminated at all levels of society that has been keeping humanity numb, self-avoidant, in denial of their true inner authentic sovereign essence.

The deepest act of revolution is therefore not the overthrow of one hierarchy and its replacement with another. It is the awakening of a human consciousness that no longer requires hierarchy, status, comparison, approval, victimhood, or another person’s diminishment to know its own worth.

When the individual stops outsourcing inner authority, the psychological architecture of domination begins losing its foundation.

And the question becomes no longer:

“Who has power over me?”

but something far more liberating:

“Where have I unconsciously given my power away, and what would happen if I courageously reclaimed it?”