# ALL Souls Newsletter

Aberlemno - Letham - Lowson - established 2024

Welcome to Our first ALL Souls newsletter. We would welcome feedback to our first Edition— We would like this to be inclusive to all our ALL Souls events and Services.

Can you think of a new name for this publication?

Do you have an upcoming ALL Souls event you would like to add to the publication. Or would you like to share a news item, thought or prayer?

Please forward to whatson.allsouls@gmail.com by the 15th January.

## **Harvest Thanksgiving Celebrations at ALL Souls**



L to R Lowson, Letham and Aberlemno





#### A Word from Rev Karen

At this time of year, as the weather gets colder and the nights get longer, it's good to be able to get together for fellowship and some fun and you'll see in this edition, that we have a lot happening across all of our worship centres before the end of the year.

However, it's also good to take the time to remember – to be reminded of the brokenness of humanity and the cost of war. We remember with deepest gratitude those who lost their lives, making the ultimate sacrifice. We remember the ongoing mental and physical scars of war and the devastating effect war has on loved ones, communities and countries.

We remember too, the healing love of God, who also made the ultimate sacrifice, to bring forgiveness into our world. It is Jesus who brings hope into our world by helping forgiveness to flow, touching the hearts of humanity, and pouring out His

Love, which is desperately needed during these troubled times. May you too know the love of God working in your lives and may God hold you and keep you, now and forever.

## Monday

## TOTS TODDLER GROUP in the Lowson Hall

9.30 am to 11.30am (*During term time*)
Adults £1.00
Children 50p

#### Mens' Fellowship Group

Meetings normally third Monday monthly gathering 10.15 for tea/coffee for speaker commencing 10.30am in the Lowson Church.

(see below for Syllabus)

#### **Cosy Cuppies**

Monday afternoons
1.30 – 3.30pm
a get together for over
60s
Lowson Hall.

#### **Bible Study Group**

Bible study Group Letham Church Hall Monday from 1:30 p.m.

#### The Arts & Crafts Group

meets on Monday
afternoons in the Sunday
School Room at Aberlemno.
Plans for future new crafts to
the group include painting on
stone/slate. Why not come
along for a fun and relaxing
afternoon, have a chat and
cuppie. contact Jane on
07842 282962.

#### **AFTERNOON TEA GROUP**

Our group is continuing to meet at Rescobie Parish Room. It is a very friendly and informal gathering with lovely home baking and lots of chat. We also raise money for charities each year. Please feel free to come along and join us. Our next two dates are; Monday 11<sup>th</sup> of November and Monday 9<sup>th</sup> of December. All starting at 2.00 p.m.

For more information contact Margaret Wilson; 07803499191 or Brian Ramsay 01241-828243

Spectrum ladies choir each Monday evening in the Anchorage at 7pm

#### All Souls Men's' Fellowship Group

Pleased to provide details of Syllabus for remainder of coming session 2024/2025.

#### 2024

21 October

Alison Easson

'Hemp It Up'

18 November.

Gillian Davidson

Guide Dogs for the Blind

16 December.

Christmas Lunch

The Mill, Lochlands Forfar

2025

20 January.

Willie Mather

'Rio Grande Rafting

Adventure'

17 February.

Angus Spence

17 March.

HMRY Britannia Donald Innes

. . . . . .

Flodden Fields

21 March.

lan Grimmer

NE Scotland Herring

Industry after WW1

#### **ALL SOULS SAVERS**

Our charity shop at 146 East High Street was 1 year old on 2nd October and what a year it has been....! We have been blessed with lots of lovely people helping in different ways. Wendy Leuchars and myself were asked to manage the shop and we had a few teething problems at the start of trading but we all seem to just get on with the job in hand and have fun at the same time.

The shop has had so many donations of clothes, household goods, toys, etc and we sell goods online as well as in the shop itself. It is so lovely when regular customers come back and say things like "This is the friendliest shop in town", or "the prices are so good in here", etc. People sometimes even just come in for a chat. Most helpers are from the church but we have some people who heard about the shop and came in and offered their help. We have a group of 20 regular helpers throughout the week and a bunch of people who help fill in gaps in the Rota. It really is a happy place to be.

We celebrated our birthday with a lovely meal at Chapter & Verse. 23 of us were able to be there and have some cake too. The next day it was announced that £24,388 was made in the shop over the year. This is an amazing amount and thank you to each and every one of the people who have donated, bought and served and done things behind the scenes to make our All Souls Savers Shop a success.

Diann



## Tuesday

#### **TOTS TODDLER GROUP**

in the Anchorage 9.30 am to 11.30am (During term time) Adults £1.00

Children 50p

#### **Prayer Time**

5th November Lowson Church 10am

#### Men's Guild

Tuesday Evenings in the Lowson Hall From 3rd of September

7.00 pm to 9.00 pm

## U3A singing group

At The Anchorage
every second Tuesday
afternoon between 2pm4pm in the Back Room.

## Self Care Crafting at the Anchorage 1.30—3.30pm

Each Tuesday afternoon we offer 'craft, colouring, company and cuppies' in the front room as a dedicated time for folks to come and have some 'self care space' each week to promote mental wellbeing. Bring your own crafts or colouring or do some we have here.

The season is ending for the Pictish Room and the Aberlemno Stones - our open days attracted a good number of people and our speakers for the Doors Open weekend, Norman Atkinson and Prof Jane Geddes, provided very different perspectives so thanks to them for their support. Our project with Aberlemno School to design and create new 'stones' was great fun and my thanks to the school and all the youngsters for their enthusiastic support.

We were successful in gaining a grant from Tayside Contacts which has improved the East access to the car park.

In September we had a first - hosting a wedding and  $% \left( 1\right) =\left( 1\right) \left( 1\right)$ 

reception! So our best wishes to Andrew and Linnet - may you have a long and happy life together.



We are delighted to be hosting the Aberlemno Church Coffee Morning on the 9th November.

Our Christmas Fare is on the 23 November while the Wreath Making session in December is fully booked!

Check out our website (<a href="http://www.aberlemno.org">http://www.aberlemno.org</a> ) and on Facebook.

Isabelle Davies, Aberlemno Village Hall Committee.

#### Flowers in the Lowson

I have taken great enjoyment over many years in arranging flowers in the church for Sunday services and other occasions such as in remembrance of a loved one.

There are still dates available in my flower diary and anyone interested should get in touch with me, Mrs Pat McDonald,

Tel 01307 464788



#### **Volunteering Opportunities**

#### **Anchorage**

We are needing volunteers to welcome folks to our warm space each morning and make occasional cuppies [flasks of hot water are laid out ready at start of day] from  $9.30-12.30 \, \mathrm{pm.lf}$  you can help out  $12.30-3.30 \, \mathrm{pm}$  with crafts or cuppies or even just a welcoming and friendly face for our afternoon groups that would be a HUGE help. We would love if young folks can tell us what they would like to see at the Anchorage to make it a multi-generational space and not just toddler and primary kids then  $40 \, \mathrm{pluses}$  and older folks.

#### **ALL Souls Charity Shop**

Help required to run our Charity Shop, duties would include, sorting stock, cleaning shop, assisting customers and general duties, you will always be working with another volunteer.

#### **General Helpers**

We are always looking for another pair of hand as they say many hands make light work! If you have a skill you would like to utilise, a hobbies you would like to share or you may be looking to make friends by volunteering, speak to anyone in out team and I'm sure we have something for you. We are currently looking specially for helpers for the Minibus, Crèche, Messy church this could be on a regular or ad hock basis.

#### **Newsletter Editor**

Are you creative? Like collecting and presenting information in different ways? We are looking for someone to take over compiling the Newsletter, we currently use Publisher however use can chose a different program. Were looking to produce at least 4 editions a year.

Our **Eco shop** is now open again, either pop in during office hours, email or phone to arrange collection.

Alternatively, top ups are available at the Farmers Market.

The products are all made in Britain, Eco friendly and cruelty free—so save some money and be kind to our precious planet!

## Wednesday

TOTS **TODDLER GROUP** in the Lowson Hall 9.30 am to (During term time) Adults £1.00 Children 50p

#### Wednesday Worship

**Every Wednesday** 10.30am to Noon @ The Anchorage Short service of worship Led by team **Worship Leaders** followed by tea, coffee and biscuits and lots of chat

#### **Body and Soul**

Lowson Church

Mindful meditation, being still in the presence of God. Low impact cardio workout for women.

Free of charge.

#### Guild

2 pm in the Lowson Church Hall every 2 weeks

New members most welcome and First Year's membership is FREE if never been

Church of Scotland Guild Member.

(See below for programme/dates.)

#### Café Church at the Lowson

3rd Wednesday of every month A Lively informal Service led by the Praise band from 7:30pm 30th October 2024 20th November 2024

#### **Seated Exercise**

We at the Anchorage have half hour seated Wednesday worship in the back room from 10.30 til 11.30am each week followed by cuppies and conversations.

#### **Christmas Crafting at the Anchorage**

Each Wednesday afternoon from now till Mid December we will be offering a time of 'Christmas Crafting' each Wednesday afternoon as a 'pop-in' activity to encourage different folks to come along and see what we have on offer.

#### Stoma Group

First Wednesday afternoon of the month we are hosting a stoma support group at the Anchorage

[starting Nov]

Karaoke @ The Kirk. This is a very informal get-together of people who love singing together. We sing a variety of songs including traditional, pop, country, easy listening and musicals. Requests are encouraged.

Wednesdays at 7PM but no need to register or pre-book, just come along to the Aberlemno Church, Sunday School room and have a good time. It's £2 per week. Oh... and we'll have a cuppa half way through.

#### **BUS SHOPPING TRIPS to Morrisons** Last Wednesday of Each month.

Pick-Ups will be as arranged If you wish to join us or require further information, Please contact Valerie Darling 07359-766289

## All Souls Church Guild



The Guild held a Coffee Morning on Saturday 17 August and a **big thank you** to all who supported so generously. We raised over £1100.00 for Guild Funds. The funds raised at the March & August Coffee Mornings will be distributed at our 110th A G M in March 2025 to the Church and Guild Projects.

On Saturday 7 September we were joined by members of Newtyle and Glamis Guilds for the Live Streaming of the National Gathering and the launch of the new 3-year Strategy for 2024 - 2027 "Let Us

Build A House" and the first of three Themes for 2024 – 2025 - "Sure Foundations" and the Discussion Topic is "Faith: the reason we serve". 4 new Projects were also introduced, and we look forward to learning more about them.

The new Session began with the Accord Concert Party who provided an entertaining afternoon of songs and jokes. Rev Dr Karen Fenwick conducted the Rededication Service during morning worship at the Lowson Church on Sunday 15 September.

We have also had a very interesting and informative talk on the New Kerbside Bins. We met in Letham Church for the Theme Afternoon and Rev Maggie Hunt gave a talk on Sure Foundations with examples of Foundations and encouraged us to continue to grow the Guild on the Foundations set by our mothers, grandmothers and all those who have been previous members.

We look forward to the following meetings and welcome old and new members or if you just want to come along to hear more about any of our programme topics you are very welcome join us. The Guild Membership is £17.00 for the year or FREE for the first year for anyone who has never been a Church of Scotland Guild Member.

(Continued on Page opposite)



## **Thursday**

## TOTS TODDLER **GROUP**

in the Anchorage 9.30 am to 11.30am Adults £1.00 Children 50p

#### **ELEVENSES**

Thursday at 11 am Come and worship with us in our Short and informal reflective service held in the Lowson Church.

Transport available.

#### **LUNCH CLUB**

**Every Thursday** In the Lowson Church Hall Come along and enjoy a bowl of tasty soup, filled rolls, cakes tea & coffee. Lunch served from 11.45am

Would be lovely to see you

#### **Craft Group**

The Craft, Chat & **Cuppie Group** 2pm—4pm in the Lowson Church Hall. Bring along your knitting, crochet or sewing and join this friendly, chatty group.

#### Men's Prayer Group

Meet every Thursday 7.30pm in the **Lowson Church** All welcome



Thursday 31<sup>st</sup> October we are offering free Halloween crafts and activities for all ages in our back room from 12.30pm til 6pm at the Anchorage





23 October **6 November** Unida, Brazil **Gardiner Steel Band** Guild Project Afternoon -

Flder

20 November Christmas Wreaths - Anne

4 December **Christmas Meal** 

The Guild meetings are on Wednesday afternoons at 2 pm fortnightly in the Lowson Church Hall and usually finish between 3.30 and 4 pm unless otherwise intimated. Please bring your own mug for a cup of tea or coffee. A wrapped biscuit is provided.

If you need more information or have any queries please contact me (Linda Stewart) 01307 469255 or email: lindas28@btinternet.com

The Guild will resume meeting again on 26 February 2025 following our usual extended break in the hope that we will avoid the worst of the winter storms.

The Guild wishes you all a Merry Christmas and a Happy New Year.

Thursday, October 10<sup>th</sup> was **World Mental Health Day**, so All Souls Mis-



sion & Outreach Committee organised a "Tea and Talk" event at The Anchorage in West High Street, Forfar, which ran from 10am-12pm, 2-4pm and 6-8pm, with the playroom open to occupy any children who also came along.

Although we had people dropping in during the daytime, the evening session proved most popular, and we had a right good blether talking about whatever topic came up! We enjoyed the mix of company, conversation and particularly the delicious home baking provided by our volunteers and the Hospitality Committee, for which we are very grateful. On asking for any affordable donations, we collected £40, which has been passed on to the Mental Health Foundation, (which provided resources and ideas for running the day). Their funds help develop better ways to support good mental health in every community.

Those who attended would like to see this type of get-together become a regular feature at All Souls Church, so if you didn't attend but are interested or know of a friend or relative who may benefit from a very relaxed place to meet, talk in confidence and enjoy a free cuppy and a cake then please let us know. At present we have a Thursday evening in mind for future chats, possibly with qualified practitioners in different fields attending, who could talk about various subjects which can affect our mental health eg stress at work or in the home, bereavement, caring for those with additional needs as well as topics for young people such as school anxiety and avoidance, self-harming etc. Our practitioners could be talked to on a one-to-one basis, in a private room if desired. It'd be great to know any views on how best to move this important venture forward.

Although this new group is an opportunity to discuss and support better mental health in our community, that doesn't have to be the focus of conversation. Just talking informally to other people who are kind, good listeners and keen to support each other can go a long way to improving and maintaining good mental health.

Fiona Retalic All Souls Mission and Outreach



## **Friday**

## TOTS TODDLER GROUP

in the Lowson Hall 9.30 am to 11.30am Adults £1.00 Children 50p

#### Warm Spaces is back!

Friday 1st November:
Enjoy friendship, soup, coffee and cakes from 12 noon in Letham Church Hall every week during winter.
No charge.

#### **Youth Group**

Friday evenings in the
Lowson Hall
Starts back 23rd August
P1 - P3 6.30pm to
7.45pm
P4 - P7 7.45pm to

9.00pm

#### **DROP ZONE**

Friday Evenings in the Lowson Church Starts back 23rd August 7.30 pm to 9.00pm For anyone of Secondary School Age

Why not join the **Karaoke at the Kirk group** at Kingsmuir Village Hall on December 13th for an evening of Carols, Cake and Capers, There will also be a guiz and Raffle.



## **Lowson Youth Group**

Lowson Youth Group started back in August with lots of new children in our

younger group and a few in the older group who had been on the waiting list for a long time. It is very noisy in the hall on a Friday evening and the children all seem to have a fun time. They are still enjoying drawing, Lego, Hama Beads, football and just chilling with their friends. Tuck Shop is still as popular as ever as you can imagine.

We recently had a Pamper Night when the children had their hair and make-up done, we had coloured hairspray, nail polish and glitter tattoos and the children looked amazing.

We will have our annual Pudsey Bingo Night for the children in November and we have 91 seats booked to see Nova Productions pantomime in Forfar to look forward to in December.

Massive thanks as always, goes to the dedicated team of leaders who come along every Friday evening to keep the children safe and happy.





(See above for more details)







## Saturday

#### **Prayer Breakfast**

Feed your Spirit and your stomach! 2nd Nov 7 December Lowson Church Hall.

#### **Messy Church**

Lowson Church
9:30am for a 10am start.
3rd Saturday of each month,
16th November
14th December
18th January

SATURDAY 16<sup>TH</sup>NOVEMBER AT 7.30 PM ALL SOULS at LOWSON PRESENTS

#### A FUN FILLED NIGHT OF ENTERTAINMENT

Members of the congregation will be taking to the stage to help raise money for church funds with singing, dancing, music, comedy and lots of good old fashioned fun.

Refreshments will be provided at the interval.

Tickets, Adult £6 Child £3, are available from Wendy Leuchars.

## Fairtrade and Fizz evening

Sat 2nd Nov at Lowson Hall 7pm til 9pm. £5 per ticket which includes glass of Fizz and canapés and snacks all eve.

A chance for a fun night out with good company, Fairtrade activities and a chance to see what you can buy ethically and locally for Christmas. We have showcase stalls from Lusso, Beggs, Quarryside crafts and others.



All Souls Charity

Shop

146 East High Street, Forfar Monday to Saturday 10am to 4pm

Any Donations of Clothes Welcome







#### **Carols and Cakes**

19th December 2 - 4 p.m.

Letham Church.

All very welcome!





## **Harvest Thanksgiving**



Thank you to all joined the Lowsons Thanksgiving Lunch. We collected items for our Food Project and our "Angels" served up soup and pudding, which was delicious.



#### **Aberlemno**

Every Sunday at 10AM All welcome.

There is a cup of tea/coffee and biscuits after the first Service of every month.



Sunday 10th November—Remembrance Service 10am Tuesday 24th December—Christmas Eve Service 6.30pm

## **Letham Church**

Worship 10.30am every Sunday.

Teas and coffees are served after every service allowing a time of fellowship;

Short Informal Communion service at 11:30 a.m. on the first Sunday of every month.

Sunday 3rd November: A service of Holy Communion at 10:30 a.m. in Letham Church. All welcome.

Sunday 10th November: A service of Remembrance at the EARLIER time of 10 a.m. in Letham Church, then 11 a.m. at Dempster Park War Memorial Thursday

Tuesday 24th December: Watchnight Service at 11:30 p.m. in Letham Church

## **Lowson Church**

11am every Sunday with School or Kings Club every Sunday at 11.00 am.

Cuppies after service.

Communion last Sunday of every month.

**NOVEMBER** 

Sunday 10th—Remembrance Service—10:50 am

**DECEMBER** 

Sunday 15th—Big Sing

Tuesday 24th—Christmas Eve Lively Family Service at All Souls Lowson 6.30pm

Tuesday 24th— Watchnight Service - mulled wine, sweets and mince pies

1 Jamieson Street, Forfar, DD8 2HY.

Office open 9.30am to 12.30pm, Wednesday and Thursday.

lowsonchurch@gmail.com

www.forfarallsouls.org

## FORFAR ALL SOULS GIVING DAY

**Saturday 16th November** Anchorage: 10am to 2pm

**Sunday 17th November** 

Aberlemno 10am

Letham 10:30am

Lowson 11am

Giving to grow our Church



Sunday December 8th Bellshill Salvation Army when they will conduct a morning and evening event at ALL SOULS LOWSON MEMORIAL CHURCH, FORFAR.

The MORNING SERVICE starts at 11am and the ever-popular EVENING CAROL CONCERT at 6pm. Both are sure to be busy, so get there early for a seat!

There will be a collection and this year's recipient of the amount raised will be The Rotary Club of Forfar's CHARITABLE TRUST.





The Anchorage 26 West High Street, Forfar.

Is a safe space where everyone

can come and be made welcome. It is a safe place to stop a while and rest, restore, renew, restock and reconnect.

All Souls Church have created this Anchorage in response to the need in our town for a free place for people to just 'be'. A space to gather together, and rebuild a sense of community post covid.

We are staffed by volunteers and currently open Tuesdays to Fridays from 9.30am til 12noon and Tuesdays and Wednesdays in the afternoon from 1pm til 3.30pm.

Maggie