

## Day 2 St Austell to Moretonhampstead

71 miles

Hard

Elevation Gain: +5580 ft

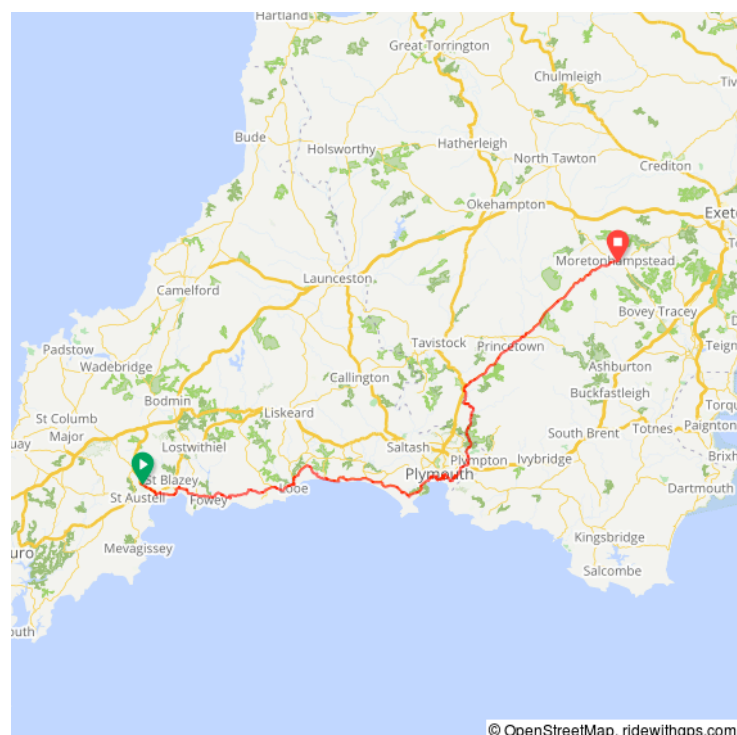
### Overview

From The Premier Inn we head downhill towards Fowey where day starts with a short ferry and a steep hill. Followed by many quiet & narrow country lanes. Please be aware of other vehicles along these roads there is little traffic but the roads are narrow so watch out for oncoming cars & tractors. The route continues along undulating quiet country lanes as far as Plymouth where we catch the Cremyl ferry at Edgcumbe. A nice route along the Plymm Valley cycleway takes you to Yelverton before the high moorland of Dartmoor which provides a distinct contrast to the morning cycling. The route is hard but very scenic for large parts so if the weather is good & you're in the right mood then it will be an enjoyable yet tiring day's ride. This is one of the toughest day's ride of the tour.

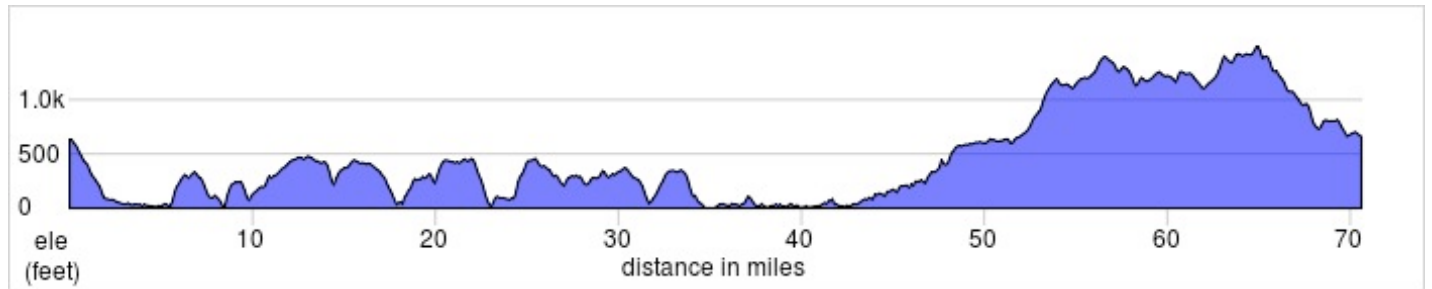
### Practical Notes

- Please remember you will need **£2.50** for Bodinnick Ferry & **£3.00** for the Cremyl Ferry
- The weather on Dartmoor is very changeable & can be very wet & windy on the wrong day so it is recommended that good waterproofs and warm weather gear are taken.
- There are a number of cattle grids on Dartmoor and extra care must be taken here, keep your wheel straight and don't brake hard on the metal when it's wet, if you wish to go round the cattle grids there are gates provided to the side, don't try to walk across the metal grids especially if you use SPD's.

### Map



## Elevation Profile



## Start point

As this can be a long day I suggest we set off earlier than normal today at 8.15am. Breakfast is from 7am.

## Lunch

After 37 miles

**The Waterfront, 9 Grand Parade**

Plymouth, PL1 3DQ.

**01752 226961**

## Evening meal

The White Hart, The Square, Moretonhampstead

We have reserved a table **from 7.30pm** in the restaurant. There are other pubs in the village if you wanted to eat elsewhere or earlier.

## Route Notes

### Miles

### Route

- 0 At r-about turn L joining the A391 to Liskead/St Austell. Take Care if you follow the road as it can be very busy. A cycle lane alternative is on opposite side of the road.
- 1.0 Continue straight on A391 until you reach T junction with A390.
- 2.0 Turn L on to the A390
- 2.4 At the r-about take the 2<sup>nd</sup> exit '**Fowey, Par A3082**' Remain on the **A3082 into Par**. You continue through some traffic lights & go under a railway bridge
- 4.4 Turn **R** signed '**Fowey 4**'. Go round the 1 way system in Par following signs for **Fowey**. Stay on this road until Texaco r-about.  
**There is a difficult hill at Polmear!**
- 7.2 Go straight over the r-bout at the Texaco garage Signed '**Looe via Bodnick ferry**'. Continue down this lane until the end.

You reach small car park turn L at 'Ferry Only' sign.

**Van will be parked in Car Park – you will need £2.00 for the crossing.**

- 8.5 After the ferry crossing continue up the steep hill round to the **L**.
- 9.3 Turn **R** at the sign '**Polruan 4**'.
- 10.6 Turn **L** '**Pelynt 5 Polperro 5 Looe 9**' Stay on this road for 2.3 miles.
- 12.6 Cycle past 'Higher Polgassic Farm' continuing round to the **L** at the sign '**Looe 7, Pelynt 2½**'.
- 13.0 Turn **R** to **Polperro & West Kellow Farm** at '**Longcross**'.
- 14.4 When you come to a sharp bend to the **R** to **Great Kellow Farm** go **straight on** down the steep & gravelly, mossy track.
- Please take extra care descending, especially those on road bikes.**
- 15.0 Turn sharp **R** then **L** at the '**try your brakes**' sign with West Watergate cottage on your **R**.
- 15.3 Go **L** to **Looe** along the **A387**.
- 17.0 Descend into the town centre and cross over the bridge. Go **L** on the other side. There is a tough climb away from Looe.
- 18.2 Turn **R** onto the **B3253** signed '**Torpoint & Plymouth**'.
- Please take Care at this turn as traffic at this junction can be very busy**
- 20.3 When you see the sign for '**No Mans Land**' take the **R** turn for '**Village Hall & Monkey Sanctuary**'.
- Be very careful making this turn as traffic comes quickly from the left**
- This is a narrow lane with lots of twists and turns and ups and downs. Please take extra care and watch out for oncoming traffic.**
- 23.0 Further along the road descends and you will come to a T-jcn at Seaton.
- 25.1 Turn **R** here at the sign '**Millbrook 9 & Downderry 1, Portwrinkle 5**' along the **B3247**. You will stay on the B3247 all the way to the Cremyll Ferry.
- This is a lovely road with sea views for a number of miles however once you have passed through Downderry there is a monster of a climb to tackle or a 'glorious ascent' whichever you prefer. Stay on this road.
- 27.4 You will come to a mini r-bout in Craffhole. Keep **R** here to '**Millbrook 4**'
- 34.7 Arrive at the **Cremyll Ferry** next to **The Edgecumbe Arms**.

**The ferry leaves on the hour and half past the hour and costs £3.00 for cyclists.**

- 35.4 When you cycle off the ferry continue straight ahead to a X-roads and go **L** at the sign 'All Routes' along Sustrans route 2. Follow this road along. This road is called Cremyll Street and is one way.
- 35.6 When you come to a **Citroen** car show room the road bends to the R and then the L with the **Citroen** showroom on your L. You will see a Give Way sign. You need cross over and cycle along this road (**Emma Place**) that runs between the blue building and an apartment block.
- At end of Emma Place go **R** onto Stonehouse Street and then at the next junction go **L** along **Millbay Road**.
- 36.0 Continue down to the r-bout and take the 2<sup>nd</sup> exit signed '**Pavillions Arena**'.
- You will see signs for **Sustrans 27**, this is the number route you will be following.
- At the next r-bout at the 'Duke of Cornwall' hotel take the 3<sup>rd</sup> exit following **Sustrans 27** signs, follow '**West Hoe**' road round to the **R**.
- Continue along '**West Ho**' and Radford Road road until you reach '**Grand Parade**' go **L** here you will see sign for 'The Waterfront' opposite you – our lunch stop.
- 36.7 At the min r-bout take the 3<sup>rd</sup> exit into **The Waterfront - Lunch Stop**
- After lunch go back to the mini r-bout and take 3<sup>rd</sup> exit straight on to the red cycle path.
- Continue on the red cycle path up to the '**Citadel**' then at the mini r-bout turn R past the No entry sign and continue to follow the Red Cycle Path.
- 37.5 When the **Admiral McBride** pub is on your **L** go **R** here **dismount** and cross a small cobbled section past a statue of Fish.
- Go through the opening & cross the swing bridge over the marina walking your bike.
- 37.6 On the other side of the bridge follow the path up to the **R**. Follow the road to the end and you will meet with '**Commercial Road**'. Go **R** following the blue Sustrans 27 sign.
- After 50m go **R** up Breakwater Hill and you will see a red/white rocket ship sign saying '**South West Coast path**' and blue Sustrans 27 sign, follow this.
- 38.6 Follow the road round until you are at Devon Fuels, go **R** here following route 27 down '**Maxwell**' road.
- 38.8 At the r-bout take the 2<sup>nd</sup> exit signed **Exeter** and join the cycle path.
- At the end of the cycle path cross over the Pedestrian crossing keeping to the right side footpath/cycle path.
- 39.2 Ride over the bridge and at the other side of the bridge use the pedestrian crossing and go **L** following the Sustrans sign '**Plymm Valley, Plymton 27**'. Join the cycle path on the other side and continue along.

- 40.3 At the end of the cycle path go **L** signed '**Saltrum Plymm Valley**' ignoring signs for '**Plymouth Ho**'. You will reach a gate by a residential caravan site.
- Go **L** here following signs for '**Riverside Walk**'. You may want to walk with your bike along this short section of stony track.
- Stay on this track for couple of miles.
- 40.9 You will come to a **wooden signpost**, go **L** here signed 27 and then take the **R** fork up a short stony, bumpy section for approx. 20m. You will meet up with the tarmac path and go **L**.
- Continue to follow the route 27 signs and underneath the road bridge. Continue past the Sainsburys and when you reach a road join the footpath & go **R**
- At the end of this section go **R** on the footpath following **route 27**
- Continue past Plymouth Speedway and go **L** opposite the speedway (along the cycle path, not the road). When you meet with a road, cross over and continue to follow Plym Valley Route 27 signs.
- 41.9 As you come to Plym Valley Railway, take the path to the **R** of the fence. Continue for some time until you come to a gate. Cross over the road and continue zig-zag up following **route 27**.
- 47.2 After 5 miles go through a tunnel and continue on NCN 27 – **Please put on your lights the tunnel is quite dark**
- 48.4 Continue along the NCN 27 until you meet a road then turn **L** then **R** between two slabs of stone following “**27**” cycle signs.
- Stay on this path for ¼ mile and you will come to a wooden signpost and two wooden gates, go through the gates following “**27 Signs**”
- Come to another set of gates and continue along.
- At the end of the tarmac path go **L** then immediate **R** following “**27**” and “**Cycle path to Yelverton**”
- 51.4 When you come to a junction at the end of the path go **L** and then **R** ignoring 27 cycle signs and join the R-bout where you need to take the **2<sup>nd</sup>** exit (straight on) B3212 to
- “**Princetown 6**” **Be careful of traffic making this manoeuvre**
- There is a bike shop just past the Texaco Garage – **Rockin Bikes 01822 258 022**

- 57.3 Pass through the village of **Princetown**.
- 58.7 Go **R** along the **B3357** & continue past **Two Bridges hotel**.
- 59.0 Cycle up the short rise and Turn **L** & continue along the **B3212** to **Moretonhampstead**.
- 71.0 Arrive **Moretonhampstead** – The White Hart is on the right

## **Moretonhampstead Accommodation**

### **White Hart Hotel**

Station Road,  
Moretonhampstead, TQ13 8NQ

**01647 440 500**