DOUGLAS NEUROLOGY ASSOCIATES P.C.

ROUTINE EEG INSTRUCTIONS

An electroencephalogram (EEG) is a test that measures and records the activity of your brain. Special sensors (electrodes) are attached to your head and hooked by wires to the computer. The computer records the activity. Due to the nature of testing performed in the office, only the patient is able to go back unless the patient is a minor. This includes any children who are not old enough to wait in the waiting room

Preparation for test:

- 1. Please come with <u>CLEAN, DRY and DETANGLED</u> hair with <u>NO</u> product, if you wear a wig it will need to be removed for the test. If you have extensions or hair clamps please speak with the technician to ensure we have complete access to your scalp. If you have braids or dreads please ensure that we are able to part your hair to access your scalp.
- Please wear comfortable clothing as the test itself lasts approximately 45 minutes and the room may be chilly. You may bring a light jacket or blanket.
- 3. The test itself is not painful, but is rather messy and sticky. Please bring a hat or scarf to cover your hair if you would like as you will leave with messy hair.
- 4. You may eat or drink as you normally would as no fasting is required for the test.
 - 5. Please resume all normal medications and supplements. There is no need to stop any medications.
- 6. There is no need to arrive early, but you must arrive no later than 5 minutes after your appointment time.

"PLEASE NOTE YOUR INSURANCE MAY REQUIRE APPROVAL OR A HIGHER PAYMENT AMOUNT. OUR ELIGIBILITY COORDINATOR WILL REACH OUT BEFORE YOUR APPOINTMENT TO MAKE YOU AWARE OF ANY PAYMENT LARGER THAN THE STANDARD COPAY**

If you have any questions or concerns, please call the office at 678-838-2180 and speak with the Technician.