**Safe sleeping policy**

We recognise that due to the varying ages and needs of the children , some of them may need to sleep during their time at playgroup.

If a child indicates that they are tired they will be encouraged to lay on one of the large cushions in the book area. If a child has fallen asleep on an adult they will be placed on the cushion. Blankets are provided if the child wants them.

Other children are made aware that there is a sleeping child and to be quieter and careful around them .

Sleeping children are checked by a member of staff every 5 minutes.