



Miami-Dade County Public Schools  
**School Wellness/Healthy School Team Committee Action Plan**

School Name & Location Number:	Laura C. Saunders Elementary 2941
Principal:	Dr. Kamila Lillie-Johnson
Phone Number:	305-247-3933
School Wellness/Healthy School Team Leader:	Raquel Reinoso Ortega
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	<ul style="list-style-type: none"> <li>• Raquel Reinoso Ortega-Administrator</li> <li>• Gretza Adorno-Cafeteria Manager</li> <li>• Oscar Rizo-PE Coach</li> <li>• Lucia Herrera-Counselor</li> <li>• Sandra Lindner-Teacher</li> </ul>
Committee Meeting Dates:	10/2/2024, 01/15/2024, 04/09/2024
<b>ACTION PLAN</b>	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p><b>Nutrition:</b> Promote the free breakfast and good eating habits.</p> <p><b>Physical Education:</b> Promote exercise for health through our physical education classes.</p> <p><b>Physical Activity:</b> Promote physical activity through our school dances.</p> <p><b>Health and Nutrition Literacy:</b> Offer after school activities that focus on healthy living.</p> <p><b>Preventive Healthcare:</b> Provide vision, hearing, and BMI screening.</p>

Sustainability Practices:	-Routinely promoting free breakfast through our morning announcements.
Community Engagement:	-Increase staff participation in Superintendent's 5k. -Increase business partnerships in the local area.
Monitoring and Evaluation:	-Meetings throughout the year to monitor effectiveness of action plan. -Complete School Health Index self-assessment.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	