



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
2024-2025

School Name & Location Number:	Laura C. Saunders Elementary 2941
Principal:	Dr. Kamila Lillie-Johnson
Phone Number:	305-247-3933
School Wellness/Healthy School Team Leader:	Raquel Reinoso Ortega
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Raquel Reinoso Ortega-Administrator Gretza Adorno-Cafeteria Manager Oscar Rizo-PE Coach Lucia Herrera-Counselor Sandra Lindner-Teacher
Committee Meeting Dates:	10/2/2024, 01/15/2024, 04/09/2024
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition: Promote the free breakfast and good eating habits. Physical Education: Promote exercise for health through our physical education classes. Physical Activity: Promote physical activity through our school dances. Health and Nutrition Literacy: Offer after school activities that focus on healthy living. Preventive Healthcare:

	Provide vision, hearing, and BMI screening.
Sustainability Practices:	-Routinely promoting free breakfast through our morning announcements.
Community Engagement:	-Increase staff participation in Superintendent's 5k. -Increase business partnerships in the local area.
Monitoring and Evaluation:	-Meetings throughout the year to monitor effectiveness of action plan. -Complete School Health Index self-assessment.
Other Activities: If applicable, attach supporting documentation (e.g. event flyer)	