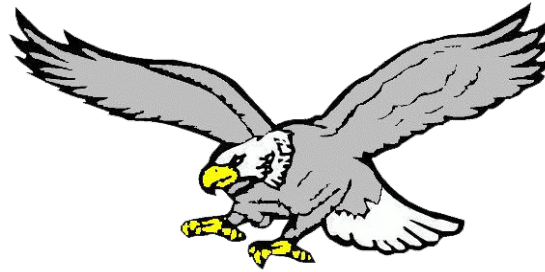


Bermudian Springs Varsity Track 2022



Order of Events: The order of events on the track will follow the order given at our 2020 Y.A.I.A.A rules interpretation meeting.

e track

Running Events:

- Competition begins at 3:45 pm
- 6-lane track
- Maximum spike length 3/16"
- 3200m – boys and girls may run together

Field Events:

- Competition begins at 3:30 pm
- Grass javelin runway, concrete pads for shot put and discus
- All-weather approaches for long/triple jumps, high jump and pole vault
- Maximum spike length 3/16"
- Long/Triple jumps and all throws: 4 attempts for each athlete, no finals
- **Maximum Entries per team: 5**

Throws:

- **Boys** - Shot, Discus, Javelin
- **Girls** - Discus, Shot, Javelin

Jumping events:

- **Pole Vault** - Boys followed by girls
- **High Jump** - Girls followed by boys
- **Triple Jump** - 3:45-4:35 Open pit (boys and girls)
- **Long Jump** -4:45- 5:45 Open pit (boys and girls)

Junior High Track Meets:

Order of Events: The order of events on the track will follow the order given at our 2019 Y.A.I.A.A rules interpretation meeting.

Throwing events:

- **Boys** -Shot, followed by discus

- **Girls** - Disc, followed by shot
- **Maximum Entries per team: 3 A entries and 2 B entries**

Jumping events:

- **High Jump** - Girls followed by boys
- **Long Jump** -3:30-4:20 Open pit (boys and girls)
- **Maximum Entries per team: 3 A entries and 2 B entries**

Maximum Entries

100,200- Max 3 heats

Hurdles- Max 2 heats

400- Max 2 heats

800- Max 6 entries

1600- Max 6 entries

3200- Max 6 Entries

Relays- Max 2 teams