

HANOVER PUBLIC SCHOOL DISTRICT

Varsity Track & Field: Meet Conditions 2022

The Hanover Public School District Athletic Department is pleased to welcome you to our facility. The following information is pertinent to a safe and efficient running of the athletic contest.

Sheppard and Myers Stadium is located at 400 McAllister Street, Hanover. Please approach the stadium from Wirt Avenue (from Baltimore Street) or John Street (from York Street). Turn on McAllister Street and park buses along the back of the grandstands. Enter the stadium through the gate at the paved parking lot. Officials may park in the paved parking lot on McAllister Street.

Order of Events: The order of events on the track and field events will follow the order given at the 2022 Y.A.I.A.A rules interpretation meeting. Our running events will be run from fastest to slowest. Boys will compete first and girls will follow. If both teams, officials, and timers are ready, running events may begin before 4pm. Should gameday personnel allow, Boys and Girls throwing events will be held simultaneously, with Girls starting with Shot Put and Boys starting at Javelin.

Facilities: We have a six lane track. Maximum spike length 3/16". Starting blocks provided. Grass javelin runway. Concrete pad for shot and discus.

Approximate Time	Running Events	Teams/Heats	Approximate Time	Field Events Throwing: 2x2 rule Jumping: 4 attempts	Number of Participants per School
4:00 pm	3200 Relay	2 Teams Max Boys & Girls together	3:45 pm	Boys Javelin	6 Throwers
4:20 pm	110H Boys	2 Heats	Follow boys	Girls Javelin	6 Throwers
4:25 pm	100H Girls	2 Heats	Follow javelin	Boys Shot Put	6 Throwers
4:30 pm	100M Boys	2 Heats	Follow boys	Girls Shot Put	6 Throwers
4:35 pm	100M Girls	2 Heats	Follow shot	Girls Discus	6 Throwers
4:40 pm	1600M Run	1 Heat	Follow girls	Boys Discus	6 Throwers
4:55 pm	400M Relay	3 Teams Max	3:45 pm	Girls Pole Vault	6 Vaulters
5:05 pm	400M Dash Boys	3 Heats	Follow girls	Boys Pole Vault	6 Vaulters
5:10 pm	400M Dash Girls	3 Heats	4:00 pm	Girls High Jump	6 Jumpers
5:15 pm	300H Boys	2 Heats	Follow girls	Boys High Jump	6 Jumpers
5:25 pm	300H Girls	2 Heats	3:30 - 4:00	Open pit for warm-ups	

5:30 pm	800M boys	2 Heats	4:00 pm	Boys Triple Jump	6 Jumpers
5:35 pm	800M Girls	2 Heats	Open pit	Girls Triple Jump	6 Jumpers
5:40 pm	200M Boys	2 Heats	Approx 5:00 pm	Open pit for warm-ups	
5:45 pm	200M Girls	2 Heats	5:15 pm	Boys Long Jump	6 Jumpers
5:50 pm	3200M Run	Boys & Girls Together	Open pit	Girls Long Jump	6 Jumpers
6:05 pm	1600M Relays	3 Teams Max			