

HANOVER PUBLIC SCHOOL DISTRICT

Junior High Track & Field: Meet Conditions 2022

The Hanover Public School District Athletic Department is pleased to welcome you to our facility. The following information is pertinent to a safe and efficient running of the athletic contest.

Sheppard and Myers Stadium is located at 400 McAllister Street, Hanover. Please approach the stadium from Wirt Avenue (from Baltimore Street) or John Street (from York Street). Turn on McAllister Street and park buses along the back of the grandstands. Enter the stadium through the gate at the paved parking lot. Officials may park in the paved parking lot on McAllister Street.

Order of Events: The order of events on the track and field events will follow the order given at the 2022 Y.A.I.A.A rules interpretation meeting. Our running events will be run from fastest to slowest. Boys will compete first and girls will follow. Should gameday personnel allow, Boys and Girls throwing events will be held simultaneously, with Boys starting at Shot Put and Girls starting at Discus.

Facilities: We have a six lane track. Maximum spike length 3/16". Starting blocks provided. Concrete pad for shot and discus.

Approximate Time	Running Events	Teams/Heats	Approximate Time	Field Events Throwing: 2x2 rule Jumping: 4 attempts	Number of Participants per School
3:45 pm	110H Boys	3 Heats	3:45pm	Girls Shot Put	3 "A" Throwers 5 "B" Throwers
3:50 pm	100H Girls	3 Heats	Follow Girls	Boys Shot Put	3 "A" Throwers 5 "B" Throwers
4:00 pm	100M Boys	3 Heats	Follow shot	Girls Discus	3 "A" Throwers 5 "B" Throwers
4:05 pm	100M Girls	3 Heats	Follow girls	Boys Discus	3 "A" Throwers 5 "B" Throwers
4:10 pm	1600M Boys	1 Heat	4:00 pm	Boys Long Jump	3 "A" Jumpers 5 "B" Jumpers
4:20 pm	1600M Girls	1 Heat	Open pit	3 "A" Jumpers 5 "B" Jumpers	3 "A" Jumpers 5 "B" Jumpers
4:30 pm	400M Relay Boys	3 Teams Max	4:00 pm	Boys High Jump	8 Jumpers
4:35 pm	400M Relay Girls	3 Teams Max	Follow boys	Girls High Jump	8 Jumpers
4:40 pm	400M Dash Boys	3 Heats			
4:50 pm	400M Dash Girls	3 Heats			
5:00 pm	800M boys	2 Heats			

5:10 pm	800M Girls	2 Heats			
5:20 pm	200M Boys	3 Heats			
5:25 pm	200M Girls	3 Heats			
5:30 pm	1600M Relay Boys	3 Teams Max			
5:40 pm	1600M Relay Girls	3 Teams Max			