

From: Daniesa Bianco - Boys and Girls Head Track and Field Coach, Biglerville High School

Purpose: To inform visiting schools of how Track and Field competitions will be run and to provide information about our facility requirements

The order of events on the track with estimated times are found in the YAIAA track bylaws. The order of running events is standardized with boys first and girls second. Heats will be run from fastest to slowest as per a Coach's "Gentlemen/Ladies Agreement". Vertical and horizontal jumps will follow the order given at our 2024 Y.A.I.A.A. rules interpretations meeting. Starting heights listed in the bylaws must be followed. For example, Girls HJ must start at 4'4". Girls may not start lower.

The order of our throws events is slightly different due to the safety of the athletes and possible injury. After all athletes in the throwing events have completed their first two throws the coach will designate the 3 athletes from his/her school who will be taking 2 additional throws and which athletes will pass on their final 2 attempts, per a Coach's "Gentlemen/Ladies Agreement". These were voted on and approved by all schools in the YAIAA.

In the throws the order will be as follows:

<u>Boys:</u>	<u>Girls:</u>
1. Shot Put	1. Javelin
2. Javelin	2. Discus
3. Discus	3. Shot Put

Our throws will follow the Y.A.I.A.A. suggested format. (Each thrower will get 2 throws, then the coach will designate three throwers to get 2 more throws after the initial throws have been completed). In the horizontal jumps, we will have an open pit for 45 min. Triple jump will be first and long jump will follow.

Number of participants per type of event will be as follows:

Laned events: 9 (We will run fastest to slowest in these heats)

Non-laned events: 8

Throws: 7

Jumps: Horizontal: 6

Vertical: 5

In order to preserve our track and runways we are asking that your athletes wear spikes no bigger than 1/4". Please have your athletes use our gates to enter the track. We would appreciate them not jumping the fence.

Our throws are a good distance from our track. We will do our best to accommodate those athletes that participate in those events. We realize that time spent getting between these events could be an issue, so we will work to be flexible within reason. We look forward to having you with us in Canner Country.

Sincerely,
Coach Daniesa Bianco