

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

NOVEMBER 2024

Happy Thanksgiving!



<p>9:00 Stretch it out 3 10:00 Connect the dot art 11:30 World of Music 1:30 Word Puzzles 3:00 Color me Happy 4:00 Daily Chronicle</p> <p>Daylight Saving Time Ends</p>		<p>9:00 Morning Stretch4 9:30 Cranium Crunches 10:30 Empty Pockets 2:00 Yahtzee 4:00 Fun Facts</p>		<p>9:00 Music and Movement 5 10:00 Church Service 10:30 Pretty Nails 1:30 Chair Volleyball 2:30 Bingo 4:00 Tuesday Trivia</p>		<p>9:00 Stretch and Strength 6 10:30 Roll and Cover 11:30 Table Talk 1:30 Cooking Show 3:00 On This Day in History</p>		<p>9:00 Chair Cardio 7 10:00 Karaoke 11:30 Table Trivia 2:00 Movie Matinee 4:00 Daily News</p>		<p>9:00 Sit and be Fit 1 9:30 Color Me Happy 10:30 Creative Crafts 1:30 Bingo 4:00 Past and Present</p> <p>Diwali (Hindu)</p>		<p>9:00 Keeping Fit 2 10:30 Puzzles 11:30 Musical Melody 1:30 World of Color 3:00 Word Puzzles 4:00 Spot the Difference</p>	
<p>9:00 Stretch it out 10 10:00 Connect the dot art 11:30 World of Music 1:30 Word Puzzles 3:00 Color me Happy 4:00 Daily Chronicle</p>		<p>9:00 Morning Stretch11 9:30 Cranium Crunches 10:30 Empty Pockets 2:00 Yahtzee 4:00 Fun Facts</p> <p>Veterans Day Remembrance Day (Canada)</p>		<p>9:00 Music and Movement 12 10:00 Church Service 10:30 Pretty Nails 1:30 Chair Volleyball 2:30 Bingo 4:00 Tuesday Trivia</p>		<p>9:00 Stretch and Strength 13 10:30 Roll and Cover 11:30 Table Talk 1:30 Cooking Show 3:00 On This Day in History</p>		<p>9:00 Chair Cardio 14 10:00 Karaoke 11:30 Table Trivia 2:00 Movie Matinee 4:00 Daily News</p>		<p>9:00 Sit and be Fit 15 9:30 Color Me Happy 10:30 Creative Crafts 1:30 Bingo 4:00 Past and Present</p>		<p>9:00 Keeping Fit 16 10:30 Puzzles 11:30 Musical Melody 1:30 World of Color 3:00 Word Puzzles 4:00 Spot the Difference</p>	
<p>9:00 Stretch it out 17 10:00 Connect the dot art 11:30 World of Music 1:30 Word Puzzles 3:00 Color me Happy 4:00 Daily Chronicle</p>		<p>9:00 Morning Stretch18 9:30 Cranium Crunches 10:30 Empty Pockets 2:00 Yahtzee 4:00 Fun Facts</p>		<p>9:00 Music and Movement 19 10:00 Church Service 10:30 Pretty Nails 1:30 Chair Volleyball 2:30 Bingo 4:00 Tuesday Trivia</p>		<p>9:00 Stretch and Strength 20 10:30 Roll and Cover 11:30 Table Talk 1:30 Cooking Show 3:00 On This Day in History</p>		<p>9:00 Chair Cardio 21 10:00 Karaoke 11:30 Table Trivia 2:00 Movie Matinee 4:00 Daily News</p>		<p>9:00 Sit and be Fit 22 9:30 Color Me Happy 10:30 Creative Crafts 1:30 Bingo 4:00 Past and Present</p>		<p>9:00 Keeping Fit 23 10:30 Puzzles 11:30 Musical Melody 1:30 World of Color 3:00 Word Puzzles 4:00 Spot the Difference</p>	
<p>9:00 Stretch it out 24 10:00 Connect the dot art 11:30 World of Music 1:30 Word Puzzles 3:00 Color me Happy 4:00 Daily Chronicle</p>		<p>9:00 Morning Stretch25 9:30 Cranium Crunches 10:30 Empty Pockets 2:00 Yahtzee 4:00 Fun Facts</p>		<p>9:00 Music and Movement 26 10:00 Church Service 11:30 Thanksgiving Feast 2:30 Bingo 4:00 Tuesday Trivia</p>		<p>9:00 Stretch and Strength 27 10:30 Roll and Cover 11:30 Resident Council 1:30 Cooking Show 3:00 On This Day in History</p>		<p>9:00 Chair Cardio 28 10:00 Karaoke 11:30 Table Trivia 2:00 Movie Matinee 4:00 Daily News</p>		<p>9:00 Sit and be Fit 29 9:30 Color Me Happy 10:30 Creative Crafts 1:30 Bingo 4:00 Past and Present</p>		<p>9:00 Keeping Fit 30 10:30 Puzzles 11:30 Musical Melody 1:30 World of Color 3:00 Word Puzzles 4:00 Spot the Difference</p>	
<p>Thanksgiving Day (US)</p>													