

Weekend of Walkkill

30-Day Step Challenge



**Get Ready to WALK or RUN
your way to a Win!**



Vision of Walkkill (VOW) is having a Step Challenge leading up to Weekend of Walkkill (Sept. 23-24). The Challenge starts Aug. 24th. Prizes will be awarded to the top 3 people with the highest number of steps.

- **Fill out and submit the Step Challenge entry form**
- **This contest is free and open to anyone.**
- **Start walking and/or running Aug. 24th**
- **Log the number of steps you take on a daily basis**
- **Finish logging your steps Sept. 22nd**
- **Submit your log by 12 noon on Sept. 24th at the VOW tent at Weekend of Walkkill on the library lawn**
- **Winners will be announced between 2:30-3 pm on Sept. 24th.**

See www.visionofwalkkill.com or Vision of Walkkill's Facebook or Instagram pages for an entry form and more information.

Need help getting started, check out: <https://www.livestrong.com/article/13711439-the-10000-steps-a-day-challenge/>



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