

## WHAT ARE CHAKRAS?



Chakras are energy centers that exist in every human body. There are seven chakras that align with areas of the physical body and are associated with color.

Chakra bracelets align the crystals or stones by color with one or more chakras. Each crystal has its own unique energy properties and have been used by various cultures for thousands of years. These properties can relate to mental, emotional and physical healing as well as protection, wealth, luck and happiness.

## Sound interesting?

You can choose to make a chakra or healing bracelet based on the properties specific for you or someone close to you. Materials will be provided with a list of each crystal along with its related chakra and healing properties.

The workshop is offered by Vision of Wallkill and will be held on Saturday, February 11 from 1:00-3:00 pm in the Community Room at the Shawangunk Town Hall, 14 Central Avenue, Wallkill NY 12589. There will be a presentation about Chakra and then a beading session. Snacks will be supplied. The cost is \$25 per person. This workshop is for ages 14 and up. Please email <a href="mailto:dramapearl@aol.com">dramapearl@aol.com</a> for more information. There is a

AMOUNT PAID:



limit of 20 people and payment must be received by February 4, 2023.

Drop off this completed form and your payment with the Town Clerk at the Shawangunk Town Hall, 14 Central Avenue. <u>OR</u> mail you check and form to Vision of Wallkill, PO Box 49, Wallkill NY 12589 *MAKE CHECKS PAYABLE TO: Vision of Wallkill* 

NAME:	CELL #:	
ADDRESS:		
EMAIL:		

cash/check