



→ Call Adrienne 917-656-7945

Chakra Bracelet

Instruction with Vicki Hutt

Shawangunk Town Hall Community Room
14 Central Avenue, Wallkill, NY 12589

Ages 14 and up
\$20 per person
Light refreshments
Limited to 15 seats



SATURDAY

MARCH 7
1:00 PM – 3:00 PM

What are Chakras?

Chakras are energy centers in every human body. There are seven chakras that align with areas of the physical body, and each is associated with a color.

Chakra bracelets align the crystals or stones by color and healing properties with one or more chakras. Healing bracelets focus on the individual's specific needs.

Each crystal has its own healing properties and has been used by various cultures for thousands of years. These properties can relate to mental, emotional, and physical healing as well as protection, wealth, luck and happiness.

Sound interesting? Join us and make a chakra or healing bracelet for you or someone close to you. Materials are provided, along with information regarding each stone.



www.visionofwallkill.com

