

**KENAI PENINSULA FAMILY  
CAREGIVERS SUPPORT PROGRAM**

# OCTOBER

## **Support Groups**

**10/2/2024 Kenai Senior Center**

**“Stronger Together”**

**2-3:30pm**

**10/3/2024 Tyotkas Elder Center**

**10:30 - 11:30 am**

**10/4/2024 Soldotna Senior Center**

**1:00 - 2:00 pm**

**10/7/24 Seward Senior Center**

**11:30am - 1:30 pm**

**10/17/2024 Sterling Senior Center**

**1:00 - 2:00 pm**

**10/29/2024 Nikiski Senior Center**

**“The Empowered Caregiver”**

**w/ Cindy Harris, Alzheimer’s**

**Association**

**1:00 - 2:00 pm**

**10/31/2-24 Homer Senior Center**

**1:00 - 3:00 pm**

