



197 W. Park Avenue

Soldotna, AK 99669

Phone: (907) 262-2322 Fax: (907) 262-2147

email: [solsrctr@soldotnaseniors.com](mailto:solsrctr@soldotnaseniors.com)

Open Monday - Friday 8:00 - 4:00

Website: [www.soldotnaseniorcenter.org](http://www.soldotnaseniorcenter.org)

A  
P  
R  
I  
L

2025

## Happy April, everyone!

I would like to take this opportunity to thank all of you who showed up and demonstrated your support at the city council meeting. Your presence and enthusiasm truly made a difference, and we couldn't have asked for a more supportive and engaged community. The board and I feel that it went very well, and as I said during the meeting, the joy is back in this senior center! We are moving forward with a renewed energy and spirit.

It has been an absolute privilege to be a part of returning the senior center to the stable, positive, and welcoming place it once was. We've made great strides together, and I am so proud of the progress we've achieved as a community. Your participation, feedback, and dedication have been key in getting us to this point, and I look forward to continuing this journey with all of you.

As always, if you have any questions, concerns, or ideas, my door is always open. This center is a place for all of you, and together we can ensure it remains a source of support, joy, and connection.

Wishing you all a wonderful and joyful April!

Warm regards,  
Lisa Riley





April brings the first signs of spring with trees and plants opening, showing their buds in preparation for an annual explosion of life, a celebration of renewal. The air even seems to change, more light, more life, and so another season to celebrate.

I am here Monday – Thursday, 8:30 to 3:30, and every other Fri, 8:00 12:00. Still at the Soldotna Senior Center, you can make a phone call, or we can meet face to face. If you are coming in, please call first to make sure I am available and not already committed to another appointment. Call: 907-262-2322, it will be answered Soldotna Senior Center, ask for Lee or the Medicare person.

Lee Coray-Ludden – Certified Medicare Counselor



#### **Senior Center Office Services**

**Executive Director** – Lisa Riley

**Office Administrator** - Corrah Welch

**Administrative Assistant** - Karin Grimes

**Administrative Assistant** - Sara Gould

**Certified Medicare Counselor** -

Lee Coray-Ludden

**Head Cook** - Ashley Lacy

**Assistant Cook** - Bobbie Stelljes

**Dish Washer** - Linda Wade

**Janitor** - Peggy Kane

**Delivery Driver** - Jim Dalebout

**Delivery Driver** - Dana Helsing

#### **Board of Directors**

**President** - Janet Stacy

**Vice-President**– Kevin Barrett

**Treasurer**—Dean Peterson

**Secretary** – Leona Creary

**Board Member** – Nicky Talbot

**Board Member**-Pamela Gillham

**Board Member** - Cheryl Thames

## MEMBERSHIP AT THE CENTER

The Senior Center is a private corporation in the Soldotna area governed by a Board of Directors. It is not owned or managed by any city, borough, state or federal agency. The Center provides services by obtaining funding from sources including: city, borough, state and federal agencies, fundraisers such as bazaars, special dinners, \$5-or-more-a-month club members and seniors that pay an annual \$25 membership fee. Lifetime memberships are also available based on age.

**BECOME A  
MEMBER**  
JOIN TODAY!



Soldotna Senior Center is now taking Credit Cards! All credit/debit sales are subject to a 5% processing fee.



## SENIOR CENTER SERVICES

The Senior Center provides services to individuals age 60 and older, younger spouses of seniors, and others that are disabled may be eligible that live in senior housing where services are being provided or with an eligible senior. There are no income limits to attend. If you have questions about services, including assistance, referrals, home delivered meals, etc., come to the Center or call 262-2322.

### State of Alaska

## SENIOR BENEFITS PROGRAM

We can provide applications for the Senior Benefits Program. You must be an Alaska resident age 65 or older. The chart at the bottom is your gross income before any deductions are subtracted (such as taxes or Medicare premiums). The Alaska Permanent Fund Dividend does NOT count as part of your gross income.

### Senior Benefits Program Gross Annual Income

Effective 4/1/2024

Senior Household size	\$250 monthly payment	\$175 monthly payment	\$125 monthly payment
Individual	\$14,108	\$18,810	\$32,918
Married Couple	\$19,155	\$25,540	\$44,695

# APRIL BIRTHDAYS

Jawanda Sterling	4/2	Cynthia Hall	4/3	Donald Goforth	4/4
Carol Hopkins	4/7	Russell Morrison	4/8	Dawn Nushart	4/9
Judith Jenkinson	4/9	Colleen Fassler	4/11	Harvey Douthit	4/13
Paul Hutchings	4/17	Tracy Foister	4/17	Jeffrey Barnhart	4/19
Cheryl Foreman	4/20	Cecil Duggins	4/25	Carla Anderson	4/27
Carol Burke	4/28	Paul LaFond	4/29	Anita Hedger	4/30



## \$5 or-MORE-A - MONTH CLUB

### CONTRIBUTORS!

Thank you \$5/month Donors! The Senior Center was able to purchase a Warming Cabinet for the kitchen with your generous contributions.

Arnold & Delores  
Wagaman

Emmett Young  
Penelope Maize

Vi Morrison  
Hosanna Heartsong

Estelle Parks

Candy Gilbertson

John White

Debra Williams

Don & Fay Lauver

John Landess, Jr.

Gladys Routh

Tina Strayhorn

John Burke

Janet Stacy

Lisa Riley

Karin Grimes

Ben Swan

Jack & Troy Castimore

Dorothy Diamond

\*\*anonymous\*\*

# *Pie Auction*

Join us for a day of delicious fun at our Pie Auction and Pie Eating Contest! Indulge in the irresistible aroma of freshly baked pies as the excitement builds in the air. Bid on your favorite pies—golden crusts filled with fruity, creamy, and maybe even chocolatey delights!!

Date: 05/03/2025

## PIE EATING CONTEST



**PIE AUCTION  
SATURDAY MAY 3RD  
AT 1:00PM  
SOLDOTNA SENIOR CENTER**

**For more information or to  
donate pies, please call:  
907-262-2322**



11 April 2025



*The only way to  
have a friend is to  
be one.*

*Ralph Waldo Emerson*

**A good deed is something you do out of pure kindness. It's about doing the right thing.**

These kind gestures or random acts of kindness can be little or big things you do for others such as bringing someone soup when sick or cutting your neighbor's lawn.

The point of a good deed is to give – without seeking anything in return.

A good deed is not about looking good to others. It is simple and pure – to simply give, be kind and make things easier for others.

This can be tiny good deeds or large acts of kindness that help individuals, communities or our entire world.



**\*Full Salad Bar is now available.**

## SOLDOTNA SENIOR CENTER

### APRIL MEALS

Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Grilled Ham & Cheese Tomato Soup Crackers Birthday Cake!	<b>2</b> Goulash Dinner Roll Carrots Lime Jello	<b>3</b> BBQ Chicken Potato Salad Cornbread Baked Beans Apples & PB	<b>4</b> Beef Stroganoff Spinach Pie	<b>5</b> <b>No Host Lunch at Magpye's in Sterling @ 1:00</b>
<b>7</b> Salisbury Steak Mashed Potatoes & Gravy & Roll Mixed Veggies Mandarin orange	<b>8</b> Sloppy Joes Tater Tots Dill Pickle Spear Ice Cream	<b>9</b> Sausage stuffed pancakes Scrambled Eggs Deluxe Oatmeal	<b>10</b> Chili & Cornbread Mixed winter veggies Pears	<b>11</b> Cheeseburgers Macaroni Salad Cookie	<b>12</b>
<b>14</b> Chicken Sandwich Coleslaw Baked Beans Pudding	<b>15</b> Spaghetti & Meatballs Dinner Salad Garlic Bread Applesauce	<b>16</b> Hamburger Steak Mashed Potatoes & gravy Dinner Roll Brownie	<b>17</b> Chicken Pot Pie Cauliflower Fruit	<b>18</b> Ham Sweet Potatoes Broccoli w/ Hollandaise Sauce Easter Cupcakes	<b>19</b>
<b>21</b> Beef Stew in bread bowl Dinner Salad Apple Crisp	<b>22</b> Pull Pork Sandwich Wild Rice Carrots Peaches	<b>23</b> Lasagna Breadstick Green Beans Pears	<b>24</b> Chef's Salad Cheesy Garlic Bread Peach Cobbler	<b>25</b> Lemon Pepper Chicken Mixed Veggies Roasted Red Potatoes	<b>26</b>
<b>28</b> Fish & Chips Pea Salad Bread Pudding	<b>29</b> Pork Chops Mashed Potatoes Carrots & Peas Cookies	<b>30</b> Ribs Roasted Red Potatoes Green Beans Apple Pie			

# APRIL

## DINING ROOM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> Alaska Christian Col- lege Choir 12:00	<b>5</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> Alzheimer's Assoc. 10:30  12:00 Redoubt Elem. Students	<b>12</b>
<b>13</b>	<b>14</b> Painting with Lori Sisson 1-3	<b>15</b>	<b>16</b>	<b>17</b> Service High School Band 1:30	<b>18</b>	<b>19</b>
<b>20</b> EASTER	<b>21</b>	<b>22</b> SoHi Honor Society stu- dents 12:00	<b>23</b>	<b>24</b>	<b>25</b> Pates Soothing Sounds of the '50' 11:30 - 12:30	<b>26</b>
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		<b>Card Games &amp; Dominos in the Dining room any day!</b>	



# APRIL 2025

## GAME & EXERCISING ROOM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> Bingo 12:30-2:30	<b>2</b> Tai-Chi 10:30-11:30 Line Dancing 2-4	<b>3</b> Poker 10-2	<b>4</b> Tai Chi 10:30-11:30 Bingo 12:30-2:30	<b>5</b>
	<b>7</b> Tai-Chi 10:30-11:30 Mahjong 1-4	<b>8</b> Bingo 12:30-2:30	<b>9</b> Tai-Chi 10:30-11:30 Line Dancing 2-4	<b>10</b> Poker 10-2	<b>11</b> Tai Chi 10:30-11:30 Bingo 12:30-2:30	<b>12</b>
	<b>14</b> Tai-Chi 10:30-11:30 Mahjong 1-4	<b>15</b> Bingo 12:30-2:30	<b>16</b> Tai-Chi 10:30-11:30 Line Dancing 2-4	<b>17</b> Poker 10-2	<b>18</b> Tai Chi 10:30-11:30 Bingo 12:30-2:30	<b>19</b>
<b>Easter</b>	<b>21</b> Tai-Chi 10:30-11:30 Mahjong 1-4	<b>22</b> Bingo 12:30-2:30	<b>23</b> Tai-Chi 10:30-11:30 Line Dancing 2-4	<b>24</b> Poker 10-2	<b>25</b> Tai Chi 10:30-11:30 Bingo 12:30-2:30	<b>26</b>
	<b>28</b> Tai-Chi 10:30-11:30 Mahjong 1-4	<b>29</b> Bingo 12:30-2:30	<b>30</b> Tai-Chi 10:30-11:30 Line Dancing 2-4		<b>Card Games &amp; Dominos in the Dining room any day!</b>	

# APRIL 2025

## CRAFT ROOM

We will be featuring an artist every month at the center, contact Lisa if you are interested.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b> Caregivers Support Group 1:00—2:00	<b>5</b>
<b>6</b>	<b>7</b> Quilting 1-3	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>13</b>	<b>14</b> Quilting 1-3	<b>15</b>	<b>16</b> Candle Making with Karin 1-3	<b>17</b>	<b>18</b>	<b>19</b>
<b>20</b> EASTER	<b>21</b> Quilting 1-3	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Stained Glass with Lisa 1-3	<b>26</b>
<b>27</b>	<b>28</b> Quilting 1-3	<b>29</b>	<b>30</b> Rock Paint- with Margaret 1-3			

## **DONOR RECOGNITION AND THANK YOU!!**

### **Friends**

Kevin Barrett

### **AMBASSADORS**

Karin Grimes

Peggy Kane

Ashley Lacy

Lisa Riley

Don & Fay Lauver

Hooked on the Bean

Bobbie Stelljes

### **BELIEVERS**

Denise Rust

Jim Dalebout

Lee Corray-Ludden

Corrah Welch

Linda Wade

Dean Petersen

Deanna Cashman

Cheryl Thames

Leona Creary's

Janet Stacy

### **WE APPRECIATE**

### **OUR DONORS**

### **BEYOND MEASURE!!**

### **TO LEARN MORE ABOUT OUR**

### **DONOR PLAN**

### **PLEASE STOP BY OR CALL**

**LISA AT**

**907-262-2322**





## MURDER AT MARDI GRAS







Fly Tying with Cecil



Painting with Lori Sisson

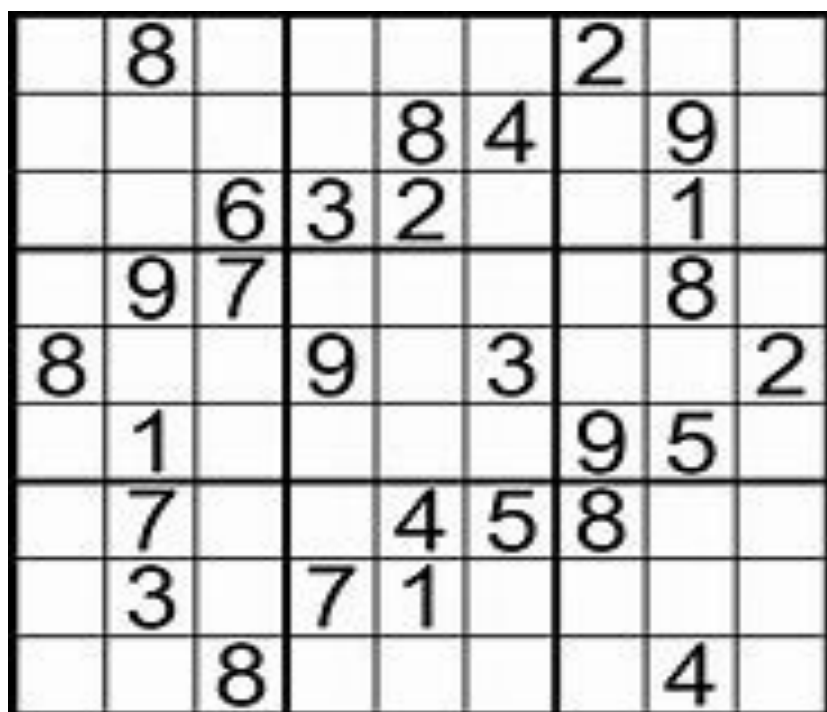




## ST PATRICK'S DAY LUNCHEON







# APRIL FOOLS' DAY

## WORD SEARCH

Solve the following puzzle by finding all the hidden words!



PRANK	JOKE	DECEPTION
HOAX	GAG	BAMBOOZLE
FARCE	FOOL	LAUGHTER
MISCHIEF	TRICK	SURPRISE
HUMOR	SPOOF	TOMFOOLERY
FUNNY	JEST	TRICKERY

letsdopuzzles.com - for personal use only

THANK YOU FOR YOUR SUPPORT

