



197 W. Park Avenue

Soldotna, AK 99669

Phone: (907) 262-2322 Fax: (907) 262-2147

email: solsrctr@soldotnaseniors.com

Open Monday - Friday 8:00 - 4:00

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2025

Dear Friends and Members,

I am pleased to announce the results of our annual member meeting held Monday, August 25th. *Congratulations* to our elected board members: Janet Stacy, Leona Creary, and Pam Gillham, who will serve dedicated terms until 2029. These outstanding community leaders bring a wealth of experience and passion for serving our senior community, and I look forward to working closely with them to continue enhancing our programs and services.

I'm also happy to report that both proposed bylaw changes were passed by our membership. These important updates will help streamline our operations and better serve your needs moving forward. Thank you to everyone who participated in the voting process and made your voices heard.

As always, our doors are open not just to our regular members, but to anyone in the community looking for connection, engagement, and the chance to be part of something meaningful. Please don't hesitate to bring a friend or neighbor who might benefit from all we have to offer.

Thank you for making our senior center the vibrant, caring community it is today. Your participation, suggestions, and friendship make all the difference.

Here's to a wonderful August filled with new experiences and lasting memories!

Warmly,
Lisa M. Riley
Executive Director

Membership Meeting Results



Bylaw Changes:

Soldotna Area Senior Citizens, Inc. shall be governed by up to a nine (9) member Board of Directors. ***PASSED***

Only members sixty (60) years of age or older and in good standing may be eligible for office. However, up to two (2) of the nine (9) board seats may be filled by persons (50) years of age or older without membership requirements. ***PASSED***

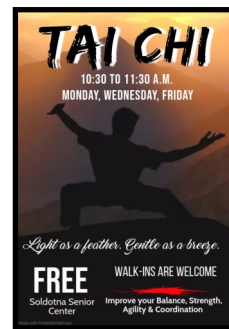
Results of annual recumbents are reelected and the write ins are to be announced.

Senior Center Staff

Executive Director – Lisa Riley
Office Administrator - Joleen Holt
Administrative Assistant -Kristie Bass
Administrative Assistant - Sara Gould
Certified Medicare Counselor -Lee Coray-Ludden
Head Cook - Ashley Lacy
Assistant Cook - Bobbi Stelljes
Dish Washer - Linda Wade
Janitor - Peggy Kane
Delivery Driver - Jim Dalebout
Delivery Driver - Dana Helsing

Board of Directors

President - Janet Stacy
Vice-President– Kevin Barrett
Treasurer - Pamela Gillham
Secretary – Leona Creary
Board Member – Nicky Talbot
Board Member-
Board Member - Cheryl Thames
Board Member -
Board Member -



September BIRTHDAYS

\$5 or-MORE-A-MONTH CLUB



Donald Lauver	9/2
Robert Wolf	9/2
Sandy Bell	9/5
Martha Hutton	9/5
Janice Steadman	9/6
Grace Gordon	9/8
Brenda Mix	9/11
Laurie Olson	9/11
Lyndon Swaby	9/11
Marice Rivero	9/17
Linda Fink	9/29
Marie Billings	9/30



Estelle Parks
Candy Gilbertson
Gladys Routh
John Landess Jr.
Lisa Riley
John White
Benjamin Swan
Janet Stacy
Hosanna Heartsong
Emmett Young
Don Lauver
Fay Lauver
John Burke
Dorothy Diamond
Viola Morrison
Penelope Maize
Debbie Williams
Cecil Duggins
anonymous

Thank you \$5/month Donors! The Senior Center was able to purchase a Warming Cabinet for the kitchen with your generous contributions.

Soldotna
Senior Center

2025 Van Campaign

Help Us
Reach our
Goal

\$75,000

\$16,000.00

Here at Soldotna Senior Center, we are driven by our love for seniors. Help us to improve their quality of life by being able to get them out and enjoying the outdoors.

Contact the Center!

197 W Park Ave
Soldotna, AK 99669

E. salsrctr@soldotnaseniors.com
P. 907-262-2322



Soldotna Senior
Center

TRANSPORTATION SERVICE

- Adults 60+
- Individuals with limited mobility
- We require 24hr notice
- Anyone needing rides to our specific destinations

Our Services

- Medical Appointments
- Grocery Store Trips
- Senior Center Activities
- Monday - Friday

\$3 suggested donation per ride

CONTACT US

Soldotna Senior Center

☎ 907 262 2322



Hearing aids.

As a retiree I found that spending my life running Lawn mowers and chainsaws and loud equipment resulted in my hearing changed and frequently "I say what did you say? Huh?" So, on the advice of a friend, I went to check out my hearing and as you can expect, it has declined a great deal. Consumer Report magazine had an article about hearing aids including those from Costco. I went to visit Costco and they gave me a hearing test for free. Showed me the results. And as an experiment while I was in the warehouse, they gave me a set to walk around the building. The hearing Tech called my cell phone and instantly I could hear the phone in both ears, very clearly, like I had not heard in years. Wow, I was thrilled. The hearing aids at Costco were only \$ 1500. for the pair, and I found that my insurance paid 80+% of the cost, my out-of-pocket costs were only \$200 for the pair. And they came with guarantees and warranties, so if I lose one, they'll replace it for free, step on it or break and they replace it for free, and when I'm near their store, they will check them for free, clean them, adjust them, put new pads on them, and the hearing aids are rechargeable so they do not need batteries. So, for me getting my hearing aids from Costco was a great Improvement. If you find yourself saying " what did you say" Costco may be a store to check out.

From Jack Castimore

TURNING 65?

Medicare can be confusing

...we can help answer all your questions.

FREE
Consultation

Call for details



Lee Coray-Ludden
Certified Medicare Counselor

Call today to get started!

907-262-2322

Soldotna Senior Center

September Medicare 2025

September is the crossroads as we say goodbye to summer and begin the move into Fall. We must finish the harvest, stack the wood, and prepare the outdoor plants for winter. It is the beginning of another season, the leaves will be changing, painting our world in new colors for this beautiful transition.

A quick reminder, if you have questions related to your drug plan, Open Enrollment for changes to Drug Plans begins Oct 15, 2025, contact me.

I am at the Soldotna Senior Center. I work Mon to Thurs, 8:30 to 3:30, and every other Fri from 8:30 to 11:30. You can make a phone call, or we can meet face to face. If you are coming in, please call first to make sure I am available and not already committed to another appointment. Call: 907-262-2322, it will be answered Soldotna Senior Center, ask for Lee or the Medicare person.

Lee Coray-Ludden, Certified Medicare Counselor



MEMBERSHIP AT THE CENTER

The Senior Center is a private corporation in the Soldotna area governed by a Board of Directors. It is not owned or managed by any city, borough, state or federal agency. The Center provides services by obtaining funding from sources including: city, borough, state and federal agencies, fundraisers such as bazaars, special dinners, \$5-or-more-a-month club members and seniors that pay an annual \$25 membership fee. Lifetime memberships are also available based on age.

**BECOME A
MEMBER**
JOIN TODAY!



Soldotna Senior Center is now taking Credit Cards! All credit/debit sales are subject to a 5% processing fee.



SENIOR CENTER SERVICES

The Senior Center provides services to individuals age 60 and older, younger spouses of seniors, and others that are disabled may be eligible that live in senior housing where services are being provided or with an eligible senior. There are no income limits to attend. If you have questions about services, including assistance, referrals, home delivered meals, etc., come to the Center or call 262-2322.

State of Alaska

SENIOR BENEFITS PROGRAM

We can provide applications for the Senior Benefits Program. You must be an Alaska resident age 65 or older. The chart at the bottom is your gross income before any deductions are subtracted (such as taxes or Medicare premiums). The Alaska Permanent Fund Dividend does NOT count as part of your gross income.

Senior Benefits Program Gross Annual Income

Effective 4/1/2025

Senior Household size	\$250 monthly payment	\$175 monthly payment	\$125 monthly payment
Individual	\$14,663	\$19,550	\$34,213
Married Couple	\$19,823	\$26,430	\$46,253

September 2025

Soldotna Senior
Center
(907)262-2322



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	CLOSED 1 	2 Chicken Picatta Over Pasta Broccoli Birthday Cake	3 Grilled Ham & Cheese Sandwich Tomato Soup Chips Peaches	4 SOS Creamed Beef On Toast Green Beans Dinner Roll Jello	5 Baked Cod Butternut Squash Rice Pilaf Pudding	6
7	8 Chili Cornbread Baked Apples	9 Ham Au gratin Potatoes Normandy Veggies Dinner Roll Cookie	10 Spaghetti & Meatballs Side Salad Garlic Bread Lime Jello w/ Mandarin Oranges	11 Deli Chicken Sandwich Coleslaw Baked Beans Brownie	12 Salisbury Steak Corn Mashed Potatoes Dinner Roll Pears	13
14	15 Chicken Enchilada w/ Green Sauce Spanish Rice Black Beans Icecream	16 Hot Dogs w/ Sauer Kraut or Chili Tater Tots Butter Beans Fruit Cocktail	17 Chef's Salad Dinner Roll Cupcakes	18 Baked Pork Chops Rice Gravy Peas Apple Sauce	19 Turkey Dinner Stuffing & Green Bean Casserole Mashed Potatoes & Gravy Pumpkin Pie	20
21	22 Mediterranean Baked Cod Zucchini & Yellow Squash Medley Apples & Peanutbutter	23 Beef Cabbage Rolls Baked Potato Peach Cobbler	24 BBQ Pork Ribs Macaroni Salad Cornbread Applesauce	25 Chicken Salad Sandwich Pasta Salad Butterscotch Pudding	26 Cheeseburger Deluxe Potato Salad Root Beer Floats	27
28	29 Chicken Alfredo Broccoli Jello	30 Pot Roast Roasted Potatoes & Carrots Pineapple Upside Down Cake	1	2	3	4

Meal Cost Suggested Donation \$8
All Meals Are Provided With Drink & Dessert

Lunch Hours :
11:50am - 12:50pm

All Meals Are Subject To Change

Full Salad Bar is now Available

SOLDOTNA SENIOR CENTER CRAFT ROOM

SEPTEMBER

MON

QUILTING
1-3PM



TUES

KITTING & CROCHETING

1-3PM

Made with PosterMyWall.com



WED

CRAFTS WITH MARIE

3RD WEDNESDAY
1-3PM



THUR

MAHJONG

1-4PM



FRI

PAPER MAKING

1 DAY ONLY LIMITED SEATING
PLEASE SIGN UP AT THE FRONT
DESK IF INTERESTED



DINING ROOM EVENT SCHEDULE

MON
SEPT

CARDS & DOMINOES



TUES
SEPT

CARDS & DOMINOES



WED
SEPT

LINE DANCING 2-4



THUR
SEPT

CARDS & DOMINOES



FRI
SEPT

**LIVE MUSIC
CARDS & DOMINOES**



SEPTEMBER 2025

GAME ROOM SCHEDULE

SEPTEMBER

MON

Tai-Chi 10:30-11:30am

Mahjong 1-4pm



TUE

Bingo 12:30-2:30pm

Phone Skills 10-12pm
2nd & 4th Tuesday



WED

Tai-Chi 10:30-11:30am



THUR

Poker 10-2



FRI

Tai-Chi 10:30-11:30am

Bingo 12:30-2:30pm



SOLDOTNA SENIOR
CENTER

DONOR RECOGNITION AND THANK YOU!!

Friends

Kevin Barrett

AMBASSADORS

Karin Grimes

Peggy Kane

Ashley Lacy

Lisa Riley

Don & Fay Lauver

Hooked on the Bean

Bobbi Stelljes

Pollard E-Line

KB Laser Wash Service

Bishops Attic

Estelle Parks

AKRE Real Estate

BELIEVERS

Denise Rust

Jim Dalebout

Lee Corray-Ludden

Corrah Welch

Linda Wade

Dean Petersen

Deanna Cashman

Cheryl Thames

Leona Creary's

Janet Stacy

Nicky Talbot

Advocates

Marie Bates & Ronald Bates

WE APPRECIATE OUR DONORS BEYOND MEASURE!!

TO LEARN MORE ABOUT OUR DONOR PLAN

PLEASE STOP BY OR CALL

LISA AT

907-262-2322

THANK YOU FOR YOUR SUPPORT

