

CNFIRMATION

2025 - 2026

This Book Belongs To:

Holy Trinity - St. Anthony - St. Mary



Holy Cross Family of Parishes Religious Education

Parishes of Holy Trinity, Mary, Help of Christians, St. Anthony, St. Joseph,
St. Mary, St. Peter & St. Paul

PO Box 107, Coldwater, Ohio 45828
419-678-4802

403 Sharpsburg Road, Fort Recovery, Ohio 45846
419-375-4153

Sophomore Students & Parents,

Thank you so much for your support of the religious education program and for assisting your child in attending and increasing their knowledge of the faith.

Your children are preparing for Confirmation in their religion classes. They will also be encouraged to participate in service to help others while becoming stronger members of the community. Through these acts of service, they are also diving deeper into their faith and becoming closer to Jesus spiritually.

It's important as Catholics that we demonstrate the areas that matter most in life and while we are busy in this ever-changing and fast-paced world, sometimes it's also important to demonstrate how to slow down and enjoy the peace and love of Jesus Christ. Ways to do this include, but are not limited to, attending Church together on Sundays, attending Confession together, making special times for prayer, or even completing acts of charity together. Also, talk to your children regarding your own faith journey and pray with them and for them, strengthening them in the process. Show your child that Confirmation isn't a graduation of the faith but merely the beginning of a lifelong learning experience. Thank you for all that you do as their role models and primary facilitators of the faith.

The student is responsible for keeping track of this booklet for the next year. We give it to you plenty early so you are aware of the requirements to make Confirmation and so you can begin to complete service hours.

Feel free to ask your teacher or contact me with any questions you may still have.

Thank you,
Sarah Klosterman
Coordinator for Religious Education
sklosterman.holycrossfop@gmail.com

All of the requirements for Confirmation are in this Confirmation booklet.

Confirmation Checklist - This is a list of your Confirmation requirements.

My Commitment - Student and parent can sign when they know for sure that the student wants to receive the Sacrament of Confirmation and are willing to complete the requirements listed. Please notice the attendance policy.

My Saint - each candidate for Confirmation will need to research saints that they are interested in as their patron. When one is chosen, they will need to complete this form.

Choosing a Sponsor - Make sure you follow the guidelines listed.

Service Hours Info - Students are asked to complete 10 hours of service over the next year. This page is simply a list of ideas on front and back-- there are plenty of other things you can do as well. Parents are welcome to lead small group service projects as well to help students obtain their hours. Look for emails from me with the subject "Service Hours Opportunity" as I will send these when someone requests help with something.

Service Hours Reflection - Do not complete this until after all of your service hours are complete. Pick the most meaningful service you completed and reflect on it by answering the questions provided.

Service Hours Log - This is where you document your 10 or more hours of service.

Sponsor Interaction - Once you've chosen your sponsor, you will need to find some time to have a nice discussion with them. Read the page in your booklet for more details.

Sponsor Form - This page will get torn out of this book. Your chosen sponsor will need to complete this form and have their parish fill out the back. Do NOT fill out this form yourself.

Confirmation Application - This page will get torn out of this book. You will need your Confirmation Name and your Sponsor's name to complete this page. Do NOT fill this out until after you've done your saint research.

Confirmation Retreat Information - Next fall, prior to receiving the Sacrament of Confirmation, there will be a mandatory retreat for students. We will notify you of this date as soon as it gets scheduled.

Confirmation Practice - This will be held the Wednesday prior to the Confirmation Mass in the fall of 2026.

Confirmation Mass - The Sacrament of Confirmation has not been scheduled for your class. We will know this information in the Spring and will communicate it to you as soon as we do.

Confirmation Checklist



Below is a checklist of the papers and activities you will be completing throughout your Sophomore year to prepare for the Sacrament of Confirmation.

Date Completed	Due Date	Paper or Activity Due
	Nov. 2025	My Commitment
	Jan. 2026	My Saint
	Jan. 2026	Choosing a Confirmation Sponsor
	Jan. 2026	Confirmation Application
	May and Sept. 2026	Service Hours Information & Log (Minimum of 10 Service Hours)
	Sept. 2026	Service Hours Reflection
	Sept. 2026	Sponsor Interaction
	Sept. 2026	Sponsor Form (To be completed by Sponsor)
	To be determined	Attend Confirmation Retreat
	To be determined	Attend Confirmation Practice
	To be determined	Attend Confirmation Mass

My Commitment

As a student in a Holy Cross Family of Parishes Religious Education program, I promise to do my best to prepare for the Sacrament of Confirmation. With the support of my teachers, family, and my sponsor I agree to:

- attend religion class, **missing no more than 3 classes (after that makeup work will be required)**, and put forth an effort to learn more about my Catholic faith.
- improve my relationship with God through personal prayer, asking especially for the guidance of the Holy Spirit throughout my Confirmation preparation.
- participate regularly in the sacraments of Reconciliation and Eucharist.
- participate in the Confirmation Retreat this fall and have fun while learning more about my faith.
- thoroughly research the saints and pick my favorite as my Confirmation name.
- serve others by completing service hours within my parish and community.
- spend time with my sponsor to learn more about them and their faith journey, and to be open to guidance from them as I continue my faith journey.

Signature & Date

Signature of Witness by Parent(s) or Guardian(s)

My Saint



The Saint I've chosen for my *Confirmation Name* is: _____

His/Her Feast Day is : _____

If your Saint is a Patron Saint, what is he/she patron of?

I chose this Saint for my confirmation name because: _____

Write a summary of your saint's life story:

[illegible]

Virtue is a behavior that shows high moral standards. What special virtue(s) did your saint have? _____

I could imitate (list your saint's virtue) _____ today by _____

Choosing a Confirmation Sponsor



Guidelines for choosing a sponsor:

- Must be at least 16 years of age
- Must be a practicing Catholic who has received the sacraments of Eucharist and Confirmation
- Cannot be bound by canonical penalty (e.g. he or she may not be divorced and remarried without an annulment)
- Cannot be your mother or father
- Godparents should be chosen as the Confirmation sponsor, however, exceptions may be made

Confirmation Sponsor's Name:

The reason I chose this person as my sponsor is: _____

He/She is a good model for me in my faith because: _____

Service Hours Information

As a Confirmation student and a member of the Catholic church, service is an important part of serving others, especially in your daily walk with Jesus. When doing service hours, you are not only helping others but helping yourself grow spiritually.

You are asked to complete **10 or more service hours that benefit your community (4 hours), your parish (4 hours), and the elderly (2 hours)**. This means voluntarily (you can not be paid) helping others. Below are examples of things you can do for service, but you are not limited to this list; these are simply ideas. We encourage you to participate in something new that sounds interesting to you. Your service hours can be completed individually or as a group.

If you question whether or not something would count as service hours, do not hesitate to ask your teacher. If they do not know, they will be able to find out for you.

*****Parents watch for emails with the subject “service hours opportunity” as I will email anytime someone contacts me and is looking for assistance with something.*****

Parish

- ~ Contact Youth Ministers, Natalie Ashbaugh (FR) and Maria Gruss (CW) for local options
- ~ Assist in organizing/cleaning classrooms for religious education - contact Harlie Metzger or Sarah Klosterman if interested in this
- ~ Volunteer as an assistant for Vacation Bible School or Preschool Religion at your parish
- ~ Volunteer to help at parish festivals or events
- ~ Volunteer to help take care of the church grounds in the summer or anywhere else in the community
 - help plant flowers, pull weeds, mulch, etc.
- ~ Travel to and pray at an abortion clinic: pray for the mothers who are there and for the end to abortion
 - Even if one life is saved, it will be worth it... every prayer counts.
 - This can be coordinated through the Mercer County Right to Life.

Community

- ~ Volunteer to help at community festivals such as: CCP, MD Tournament, Ft Recovery Jubilee
- ~ Babysit for free- maybe even for someone who just had a baby- give mom a break from the older kids
- ~ Volunteer at the library- possibly do a story time for children or help with putting books away
- ~ Assist non-profit organizations with whatever they may need
 - Examples: Holy Trinity food pantry, MHC food bank, CALL food pantry, OUR Home Family Resource Center
- ~ Make cards with comforting messages for those who are terminally ill. Maybe include prayer cards or scripture quotes
- ~ Assist the American Red Cross at a blood drive with setting up, tearing down, bringing cookies, or by coordinating fellow students to go with you to donate blood.
- ~ Volunteer at Do Good Ministries in Osgood, OH or other similar businesses
- ~ Help at sport events or other school functions

Elderly

- ~ Assist the elderly in your community with projects they need completed around the house
 - Mowing grass, shoveling snow, raking leaves, house cleaning, etc.
- ~ Visit the elderly at area nursing homes
 - play games with them such as cards, checkers, or something new
 - you can call the staff to see if there's anything they suggest you do for the elderly, especially during the holidays they are always looking for fun, different programs/activities for the residents!

Service Hours Reflection



Name: _____

Choose **ONE** thing that you did for your service hours to reflect on below.

Describe what you did for your service (pick **ONE** thing to describe): _____

Why did you choose to do this service? _____

What did you learn by doing this? _____

How did you feel while you were doing this? _____

How has this experience helped you to be a disciple of Jesus? _____

Would you participate in this service again? Why or why not? _____

Service Hours Log

CONFIRMATION

Student Name: _____ Parish _____

You are asked to complete a **minimum of 10** service hours for Confirmation. 4 of these hours should be done in our parish, 4 hours should be done in the community, and 2 hours should be done with the elderly.

You are always welcome to complete more.

Date:	Type of Service	Description of Volunteer Work/ Project Completed	Volunteer Coordinator Name & Phone #	Number of Hours
MM/DD/YYYY	E - Elderly P - Parish C - Community	~ Mowed neighbors lawn ~ ~ Served mass ~ ~ Kept score at JH volleyball ~	Jane Doe ### - ### - ####	# hrs

TOTAL HOURS _____

Date:	Description of Volunteer Work/ Project Completed	Volunteer Coordinator Name & Phone #	Number of Hours

TOTAL HOURS _____

Sponsor Interaction



Name: _____ Sponsor Name: _____

We want your sponsor to be more than just a person who stands beside you at your Confirmation. Your sponsor should be someone that you develop a relationship with and interact with throughout your preparation for Confirmation (and hopefully even after) to learn more about his/her faith journey and how he/she can help you on yours. Some suggestions for spending time together include, but are not limited to: attend mass together, share a meal, go to or watch a sporting event, complete a service project together, etc.

We ask that you meet with your sponsor at least one time for a minimum of an hour to ask him/her some questions. You can get together at one of your houses, go out to eat, meet at a park... be creative! If you absolutely can not meet, you may have a phone conversation instead (make this a last resort option). Included is a list of 20 questions that you can use as a guide for your discussion. You are encouraged to ask all 20 questions, but you are more than welcome to ask any others that you come up with on your own. Please make this more of an informal discussion, adding your own thoughts to the discussion, rather than just a question and answer session. Also, invite your sponsor to ask you questions as well. There is no need to take notes of any sort during this discussion; simply enjoy the talk.

Sometime after your discussion, answer the following questions:

What are **TWO** things you learned about your sponsor that you didn't already know? (use the questions on the back, if needed... answers should be related to your sponsor's faith-life)

Write about one story or experience that your sponsor shared with you that makes you most admire his/her strong faith.

Twenty Questions to Ask Your Confirmation Sponsor

1. What do you remember about getting Confirmed? What did you like the most?
2. What name did you choose for your Confirmation name and why?
3. How do you picture the Holy Spirit? How has the Holy Spirit played a role in your life?
4. How do you pray? Do you have a particular structure you use every time?
5. Do you have a favorite time or place to pray?
6. Who do you usually pray to: God, Jesus, the Holy Spirit, Mary, a particular saint?
7. How did you first learn about what it means to be Catholic?
8. What does it mean to you to be Catholic?
9. In what ways has being a Catholic shaped your life?
10. How has your appreciation of Mass changed over time?
11. What does forgiveness mean to you?
12. What is your experience with the Sacrament of Reconciliation?
13. Describe a time when you felt really close to God.
14. Who has been a good role model to you in your faith? Why?
15. How do you continue to grow in your faith?
16. What is your favorite Scripture passage, verse, or story? Why?
17. What advice do you have for me as I'm preparing for Confirmation?
18. What is the greatest challenge of being Catholic? How do you deal with that challenge?
19. What is the best thing about being Catholic?
20. When, where, and/or how do you see God in your daily life?

Holy Cross Family of Parishes

P.O. Box 107, Coldwater, Ohio 45828

Phone: 419-678-3328 • Email: sklosterman.holycrossfop@gmail.com

CONFIRMATION SPONSOR FORM

Please mail or email to the above address

Confirmation Candidate's Name: _____

Sponsor's Name: _____

Sponsor's Address: _____

Sponsor's City, State & Zip: _____

Sponsor's Phone Number: _____

Sponsor's Statement of Faith

I, _____, hereby state that I am: *(check all that apply)*

___ A baptized and confirmed Catholic 16 years old or older.

___ A registered member of: _____ Parish for _____ years.

*Registered under my parents. Their names are: _____

___ Attend and regularly participate in the celebration of Mass every Sunday and Holy Days of Obligation.

Marital Status: ___ I was married in the Catholic Church: Name of Church: _____

City, State: _____ Date: _____

___ I was NOT married in the Catholic Church; however, my marriage did receive a Dispensation or Canonical form or was Blessed (Convalidated) at: _____

City, State: _____ Date: _____

___ I am not married

___ I was not married in the Catholic Church

___ Not cohabitating with a person outside the bonds of marriage.

___ In good standing with the Catholic Church and able to receive all sacraments.

**Please state the steps you are currently taking to strengthen your faith life and remain connected to the Catholic Church and the sacraments.

RESPONSIBILITIES

The Sponsor's role is one of a mentor in the Catholic faith. I affirm that I meet the above qualifications and accept the responsibilities of being a Sponsor. I will present my candidate to the archbishop on the day of Confirmation and in doing this, state that the candidate is fully prepared to not only receive the Sacrament of Confirmation, but also to live the Christian life. I will be a strong witness of the Catholic faith and continue to support my candidate in his/her Catholic faith journey in the years ahead.

I testify that the above statements are true, and I am actively seeking to strengthen my faith, participate in the Mass, and take part in the sacraments on a regular basis.

Sponsor's Signature: _____ Date: _____

Sponsor's Parish Certification

This is to certify that to the best of my knowledge, _____

Sponsor's Name

- ~ Is a registered member of this parish.
- ~ Is an active member of this parish.
- ~ Is a regular participant in Sunday worship.
- ~ Is a Catholic canonically in good standing.

Date: _____

Priest's Signature: _____

Church: _____

Address: _____

City, State & Zip: _____

SEAL IF POSSIBLE

Confirmation Application



****Do NOT fill in your Confirmation Name until your saint research is completed.****

Please **PRINT** clearly in **blue or black ink** as this will be used for the Confirmation Certificates and the parish records.

First Name: _____ Middle Name: _____

Last Name: _____ Date of Birth: _____

Age at the time of Confirmation: _____

Home Address:

Your Home Parish: _____

Date of Baptism: _____

Church of Baptism: _____

City: _____ State: _____

Father's Name:

Mother's Name (maiden): _____

Confirmation Name (name of the Saint you researched): _____

Confirmation Sponsor's Name:

Address: _____ City: _____ State: _____ Zip: _____

****Your sponsor must be at least 16 years of age, confirmed, and a practicing Catholic in good-standing active in their faith life, not bound by canonical penalty (e.g. he or she may not be divorced or remarried without an annulment) and is NOT your mother or father. Godparents may be chosen as the Confirmation sponsor, but it is not required.**

**This page will be removed by your teacher
during January classes.**