



## **INFO SAILING CAMP 2025**

### **Sponsored by:**

Rotary Club of Santander, Rotary Club of Santander-Sardinero, Rotary Club of Torrelavega, and Rotaract Club of Cantabria.

This is an outdoor camp where participants will enjoy nature, the sea, sun, beach, and new friendships. Professional instructors will guide the learning process step by step.

Participants will learn everything related to sailing, connecting with nature, and environmental conservation.

They will acquire or improve their sailing skills, combined with excursions and workshops within the community to explore Cantabria's nature and culture.

The participants will stay at Isla de la Torre, located at the entrance of the bay, across from Palacio and La Magdalena Beach. It is a privileged location offering excellent sea and wind conditions. The facilities are equipped to accommodate participants on a full-board residential basis.

# SAILING CAMP



## **3rd Edition**

For young people aged 16-19  
SANTANDER 2025

The summer course will last one week, from

**Sunday, July 6  
to Sunday, July 13, 2025.**



15 spots are available, 2 of which are reserved for participants with disabilities, if the disability does not require the use of a wheelchair. This camp is ideal for participants with sensory disabilities. No nationality restrictions apply.

## **Everyone is welcome!**

**Cost: € 570 / USD \$ 590**

all-inclusive (except transportation to/from Santander).

**Once a spot is confirmed payment can be made. Please read below.**

**Bank account for payment:**

IBAN: ES42 2100 1271 0702 0044 0069 (CAIXABANK)

**Account holder:** RC Santander-Sardinero

**Payment reference:** Sailing camp 2025 + participant's full name

# SAILING CAMP 2025 ACTIVITY SCHEDULE

## DAILY SCHEDULE:

*(Subject to changes based on weather conditions and/or availability)*

- **8:00 AM:** Wake-up time
  - **8:45 AM:** Breakfast
  - **9:30 AM:** Transfer to the pier
  - **Morning activities**
  - **2:00 PM:** Lunch
  - **3:00 PM:** Sailing course
  - **7:30 PM:** Scheduled activities
  - **9:00/9:30 PM:** Dinner
  - **Rotaract time**
  - **12:00 AM:** Lights out
- 

## DETAILED SCHEDULE

### Sunday, July 6

**Responsible club:** All

- **6:00 PM:** Arrival at the island
  - **7:30 PM:** Group dynamic: Icebreaker activities, challenges, and introductions
  - Official group photo
- 

### Monday, July 7

**Responsible club:** RC Santander

- Activity: **Sustainable Equestrian Practices and Nature** at Yeguada El Pomar

**Responsible clubs:** RC Santander-Sardinero and Rotaract Club Cantabria

- **7:00 PM: Discover Santander: A Scenic Tour by Bus**, courtesy of the Santander City Council
- 

### Tuesday, July 8

**Responsible club:** RC Torrelavega

- Activity:
  - Journey Through Prehistoric Art at the Neocave of Altamira
  - Creative Workshop: Team Collaboration through History

**Responsible clubs:** Santander-Sardinero and Rotaract Club of Cantabria

- **7:30 PM:** Strategy games around Palacio de La Magdalena

### **Wednesday, July 9**

**Responsible club:** RC Torrelavega

- Activity: Exploring the Timeless Charm of Santillana del Mar

**Responsible clubs:** Santander-Sardinero and Rotaract Club of Cantabria

- **7:00 PM:** Beach outing: Beach volleyball and/or paddle games
- 

### **Thursday, July 10**

**Responsible club:** RC Santander-Sardinero

- Activities:
  - Exploring Marine Ecology and Astronomy at the Maritime Museum of Cantabria
  - Visit to learn about marine life and ocean conservation
  - Educational session in the museum's planetarium

**Responsible clubs:** RC Santander-Sardinero and Rotaract Club of Cantabria

**7:30 PM:** Team building with drums by German Bertolotto

---

### **Friday, July 11**

**Responsible club:** RC Santander-Sardinero

- Activities:
  - Eco-Adventure at Somo Beach: Sustainability and Fun
  - Boat tour of Santander Bay
  - Beach activities: paddleboarding, group games

**Responsible clubs:** Santander-Sardinero and Rotaract Club of Cantabria

- **9:00 PM:** Santander la Nuit: Dance and Party Night
- 

### **Saturday, July 12**

**Responsible club:** RC Santander-Sardinero

- Activity: Wildlife Conservation at Cabárceno
  - 
  - **8:30 PM:** Holi Party: Festival of Colors
- 

### **Sunday, July 13**

**Responsible club:** All

- - Departure to participants' homes
-

## **REGISTRATION FORM :**

### **Personal Details:**

- Name: \_\_\_\_\_ Surname(s): \_\_\_\_\_
- Nationality: \_\_\_\_\_
- Gender: M \_\_\_ F \_\_\_      Age: \_\_\_\_\_
- Language(s) spoken: \_\_\_\_\_
- Email: \_\_\_\_\_
- Phone: \_\_\_\_\_

### **Health Information:**

- Allergies, illnesses or disabilities \*: \_\_\_\_\_

- 
- Medication \*: \_\_\_\_\_  
\* (Attach medical report if necessary)

### **Parental contact Information:**

- Father's name: \_\_\_\_\_
- Phone: \_\_\_\_\_
- Email: \_\_\_\_\_
- Mother's name: \_\_\_\_\_
- Phone: \_\_\_\_\_
- Email: \_\_\_\_\_

### **Emergency contact:**

- Name and surname(s): \_\_\_\_\_
- Phone: \_\_\_\_\_

Date: \_\_\_\_\_

Parent's signature: \_\_\_\_\_

Participant's signature: \_\_\_\_\_