



# "Music from Ice to Lake" – Camp 2025 Hands-on & Hiking



## 1. Participants

Age: 19 – 25 years; max. 20 participants; 2 participants per country.

## 2. Condition / Requirements

Good physical condition and possibly musical ability. Hiking tours lasting 4-6 hours on sea level between 1500 m -3000 m during the first week.

## 3. Accommodation

Youth Hostels and similar.

Director of the camp: Nadja Klaus



#### 4. Arrival at Youth Hostel Zurich

Saturday 2<sup>nd</sup> of August 2025 latest 4.00 pm

Airport pick-up at Zurich Airport (guided and accompanied by members of Rotaract/Rotary).

Please provide your complete travel details for arranging pick-up at the airport to the following email address: camps@rotaryswissyep.ch.



5. Departure: For all participants: Sunday 17<sup>th</sup> of August 2025 For those who go via Airport Zurich, please take about 45 min transfer time into account.

#### 6. Camp Payment

We ask for a camp fee of CHF 300. With participation confirmation we send you an invoice due within 30 days.



Participants from EU-Countries: European Insurance Card Participants from outside of EU: CISI Bolduc. Here is the link, where you can buy this insurance directly: <a href="https://www.culturalinsurance.com/rotary/rotary\_plan\_options.asp">https://www.culturalinsurance.com/rotary/rotary\_plan\_options.asp</a> (Plan B, up to 1 month, fee USD 76).



#### 8. Contact

If you need any further information, please contact: Meg Elmiger: Phone

#### 9. Application

Please send the Application Form to Meg Elmiger, no later than 30<sup>th</sup> of April 2025.



## Camp description "From Ice to Lake" - Hands-on for sustainability



Together with around 20 young people from all over the world, we will show you the incredible diversity of our beautiful Switzerland and get to know country and people with a special connection to the topic of water. In addition, we will hike to reach some special places and high mountains, like the Morteratsch and the Diavolezza Glacier and have some special experiences there. We will prepare a new construction site and objects for the glacier garden (3 days) at the Cavaglia Glacier Garden

(UNESCO World Heritage), as a meaningful **contribution to sustainability**. We will also use the water partly for transport and above all for sporting activities.

### Music "From Ice to Lake"

If you play a musical instrument and would like to contribute to climate protection for **the magical glacier world**, you are also very welcome as a **musician**. Bring a typical piece of music (folk) from your home country and your **own music instrument**. Three months before the camp, we will collect the tunes with sheet music and audio files and share it, so that everyone can prepare. During the camp, we will make music every day with our ad hoc band and perform again and again on the journey to Lake Constance to **melt hearts instead of glaciers with our international music**.



Playing an instrument is not a requirement for participation in this camp.



Water is Switzerland's only raw material. What you can do with it and what the Swiss have made of this medium and what has been created around the theme of water, you will find out as part of a round trip. Switzerland is one of the most important sources of water in Europe. Its rivers, fed by mighty glaciers, flow from the North Sea across the Mediterranean to the Black Sea. Water as a raw material is the most important material for every existence and the basis for many branches of industry, from energy production, water treatment and tourism.

## Interested? Then sign up now!





