



CONSULT  
KNIGHTLEY

# Clarity & *Direction*

Private Session

IN-PERSON · HALF DAY · WE COME TO YOU

*Strategic clarity for leaders. Move from overload to focused action.*



## IS THIS YOU?

You're capable.

*But everything is competing for your attention.*

You have the drive, the expertise, and the ideas. But when everything feels urgent, nothing gets the focus it deserves. Too many priorities, no clear signal on what matters most, and decisions that keep circling.

This session creates the pause and the structure needed to break that cycle — and leave with complete clarity on where to focus.

*"You're not lacking capability. You're lacking **clarity** on where to direct it."*

## WHO THIS IS FOR

- Leaders and professionals making decisions in isolation
- Individuals managing multiple priorities or responsibilities
- Those working hard but not seeing the progress they want
- Anyone who feels pulled in too many directions

## How it works

A complete, bespoke process — *from first conversation to lasting roadmap.*

### 01 Discover

A short pre-session questionnaire captures your context, challenges, and objectives — followed by a focused call so everything is built around what matters most to you.

### 02 Design

Every session draws on a refined methodology and curated toolkit — configured specifically for your context, challenges, and goals. No two workshops follow the same path.

### 03 Deliver

A half-day facilitated session using large-format boards and structured thinking tools. Hands-on, high-energy, outcome-focused — you team leave with clarity, alignment, and a concrete plan.

The Workshop

### 04 Document

Within days, you receive a professionally structured 20+ page report capturing your boards, decisions, priorities, 90-day plan, and agreed next actions.

*"When you invest in this workshop, you're not paying for three hours in a room. You're investing in a complete strategic process with a tangible, lasting output."*



## THE SESSION

# Structured thinking, *made tangible.*

This is a highly facilitated, hands-on strategic working session. We use large-format boards and guided facilitation to move your team from scattered thinking to shared direction — visibly, collectively, and in real time.

## FORMAT

Standard session	3-4 Hours
Multi-Session	Across 2-3 days
Location	We come to you

## TYPICAL SESSION FLOW

01

### Setting the Scene

Understanding how the session works, how we'll think together

02

### Capturing the Noise

Making visible all priorities, pressures, ideas, and concerns

03

### Decision Lenses

Applying structured thinking to reveal patterns and true priorities

04

### Strategic Mapping

Creating clarity, alignment, and direction

05

### Commitment

Turning insight into momentum with a clear first action



## YOUR FACILITATOR

20+ years helping people *think more clearly.*

Emily Knightley is a facilitator, former management consultant, and the creator of *Clarity & Direction*. With over 20 years of international experience supporting individuals and teams through complexity, change and high-stakes decisions, she brings a rare combination of structure, rigour and warmth to every session.

Over time, Emily came to realise that the most valuable moments in consulting were never the reports or the presentations — they were the workshops. The moments where people could step back, think clearly, and leave with tangible outcomes and renewed momentum. That insight now sits at the heart of everything she does.

Today she designs and facilitates highly practical, one-to-one sessions that help individuals cut through noise, make confident decisions, and move forward with purpose — leaving with something real to show for it, not just a memory of a good day.



Emily Knightley  
Facilitator & Creator, *Clarity & Direction*

WHAT YOU LEAVE WITH

Clarity you can act on.

*Evidence you can share.*

Most workshops leave you with energy and good intentions. This one leaves you with something more: a structured plan, a shared reference document, and a 90-day roadmap your whole team can work from.

### Your 90-Day *Priority Plan*

During the session, you identify and agree your top strategic priorities for the next 90 days — mapped across a clear planning framework so you leave knowing what matters, who owns it, and when it happens.

- Top priorities mapped across a 90-day timeline
- Every idea sorted — Focus Now, Save for Later, or Let Go
- Clear ownership and first committed actions

### Your Post-Session *Document*

Within days of your workshop, you receive a professionally written 20+ page summary document. This is not a set of notes — it is a structured strategic record of your session.

- A full executive summary of key insights and decisions
- Your completed boards captured and explained
- Analysis of findings from each session module
- Recommended next steps and actions





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## Strategic Clarity · Private Session

For individuals ready to move from overload to clarity.

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