



CONSULT
KNIGHTLEY

Clarity *& Direction*

Online Private Session

VIRTUAL · HALF DAY · WHEREVER YOU ARE

Strategic clarity for leaders. Move from overload to focused action.



IS THIS YOU?

You're capable.

But everything is competing for your attention.

Coaching helps you explore. This session helps you decide.

You have the drive, the expertise, and the ideas. But when everything feels urgent, nothing gets the focus it deserves. Too many priorities, no clear signal on what matters most, and decisions that keep circling.

This session creates the pause and the structure needed to break that cycle — wherever you are in the world.

WHO THIS IS FOR

- Leaders and professionals making decisions in isolation
- Individuals managing multiple priorities or responsibilities
- Those working hard but not seeing the progress they want
- Anyone who feels pulled in too many directions

*"You're not lacking capability. You're lacking **clarity** on where to direct it."*

How it works

A complete, bespoke process — *from first conversation to lasting roadmap.*

01 Discover

A short pre-session questionnaire captures your context, challenges, and objectives — followed by a focused call so everything is built around what matters most to you.

02 Design

Every session draws on a refined methodology and curated toolkit — configured specifically for your context, challenges, and goals. Your Miro boards are built and ready before you arrive. No two sessions follow the same path.

03 Deliver

A focused online session using interactive Miro boards. Guided in real time — you work through your priorities, make clear decisions, and leave with a concrete plan. All from wherever you are.

The Session

04 Document

Within days, you receive a professionally structured 20+ page report capturing your boards, decisions, priorities, 90-day plan, and agreed next actions.

"When you invest in this session, you're not paying for three hours in a room. You're investing in a complete strategic process with a tangible, lasting output."



THE SESSION

Structured thinking, *made tangible. Online.*

A focused, one-to-one online session using interactive Miro boards. The same structured process as the in-person session — your thinking made visible, organised and clear in real time, from wherever you are.

All boards are built and ready before the session begins. You arrive to a digital space already designed around your thinking — no preparation needed on your part.

FORMAT

Full session	3 hours
Sprint option	2 hours
Format	1:1 Online
Platform	Miro + Video

TYPICAL SESSION FLOW

01

Setting the Scene

Understanding how the session works, how we'll think together

02

Capturing the Noise

Making visible all priorities, pressures, ideas, and concerns

03

Decision Lenses

Applying structured thinking to reveal patterns and true priorities

04

Strategic Mapping

Creating clarity, alignment, and direction

05

Commitment

Turning insight into momentum with a clear first action

WHAT YOU LEAVE WITH

Clarity you can act on.

Evidence you can share.

The online session delivers exactly the same depth and outputs as the in-person experience. You leave with structured thinking, clear priorities, and a professionally documented record of everything you worked through.

Your 90-Day *Priority Plan*

During the session, you identify and agree your top strategic priorities for the next 90 days — mapped across a clear planning framework so you leave knowing what matters, who owns it, and when it happens.

- Top priorities mapped across a 90-day timeline
- Every idea sorted — Focus Now, Save for Later, or Let Go
- Clear ownership and first committed actions

Your Post-Session *Document*

Within days of your session, you receive a professionally written 20+ page summary document. This is not a set of notes — it is a structured strategic record of your session.

- A full executive summary of key insights and decisions
- Your completed boards captured and explained
- Analysis of findings from each session module
- Recommended next steps and actions





YOUR FACILITATOR

20+ years helping people *think more clearly.*

Emily Knightley is a facilitator, former management consultant, and the creator of *Clarity & Direction*. With over 20 years of international experience supporting individuals and teams through complexity, change and high-stakes decisions, she brings a rare combination of structure, rigour and warmth to every session.

Over time, Emily came to realise that the most valuable moments in consulting were never the reports or the presentations — they were the workshops. The moments where people could step back, think clearly, and leave with tangible outcomes and renewed momentum. That insight now sits at the heart of everything she does.

Today she delivers the same structured, outcome-focused experience online — with the same depth, the same rigour, and the same lasting output.



Emily Knightley
Facilitator & Creator, *Clarity & Direction*



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For individuals ready to think clearly — wherever they are

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