



CONSULT
KNIGHTLEY

Clarity *& Direction*

Online Private Session

VIRTUAL · HALF DAY · WHEREVER YOU ARE

Helping leaders make clear strategic decisions. From overload to focused action.



IS THIS YOU?

You're capable.

But everything is competing for your attention.

You have the drive, the expertise, and the ideas. When everything feels urgent, nothing gets the focus it deserves. There are too many priorities competing for your attention and it becomes surprisingly difficult to see what matters most.

This session creates the space and structure to untangle what's competing for your attention, organise your thinking, and leave with clarity about what matters most over the next 90 days.

WHO THIS IS FOR

- Leaders and professionals making decisions in isolation
- Individuals managing multiple priorities or responsibilities
- Those working hard but not seeing the progress they want
- Anyone who feels pulled in too many directions

*"When everything feels important, making time to think isn't a luxury. It's how **good decisions** get made."*

How it works

A complete, bespoke process — *from first conversation to lasting roadmap.*

01 Discover

A short pre-session questionnaire captures your context, challenges, and objectives — followed by a focused call so everything is built around what matters most to you.

02 Design

Every session draws on a refined methodology and a carefully selected set of visual thinking tools — designed specifically for your context, challenges, and goals. Your Miro boards are built and ready before you arrive. No two sessions follow the same path.

03 Deliver

A focused online session using interactive Miro boards and structured visual thinking tools. Hands-on, highly interactive and tailored to you. You'll leave with clarity about what matters most, a practical 90-day plan, and something tangible to build on long after the session ends. All from wherever you are.

The Session

04 Document

Within days, you receive a professionally structured 20+ page report capturing your boards, decisions, priorities, 90-day plan, and agreed next actions.

"When you invest in this session, you're not paying for three hours in a room. You're investing in a complete strategic process with a tangible, lasting output."



THE SESSION

Structured thinking, *made tangible. Online.*

A focused, one-to-one online session using interactive Miro boards. The same structured process as the in-person session — your thinking made visible, organised and clear in real time, from wherever you are.

All boards are built and ready before the session begins. You arrive to a digital space already designed around your thinking — no preparation needed on your part.

FORMAT

Full session	3 hours
Sprint option	2 hours
Format	1:1 Online
Platform	Miro + Video

TYPICAL SESSION FLOW

01 Setting the Scene Understanding how the session works, how we'll think together	02 Capturing the Noise Making visible all priorities, pressures, ideas, and concerns	03 Decision Lenses Applying structured thinking to reveal patterns and true priorities	04 Strategic Mapping Creating clarity, focus and direction	05 Commitment Turning insight into momentum with a clear first action
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WHAT YOU LEAVE WITH

Clarity you can act on.

Your thinking made tangible.

The conversation doesn't end when the session finishes. This one leaves you with something more: a structured plan, a shared reference document, and a 90-day roadmap you can return to over the weeks ahead.

Your 90-Day *Priority Plan*

Together, we identify your top strategic priorities for the next 90 days — mapped across a clear planning framework so you leave knowing what matters, who owns it, and when it happens.

- Top priorities mapped across a 90-day timeline
- Every idea sorted — Focus Now, Save for Later, or Let Go
- Clear ownership and first committed actions

Your Post-Session *Document*

Within days of your session, you receive a professionally written 20+ page summary document. This is not a set of notes — it is a structured strategic record of your session.

- A full executive summary of key insights and decisions
- Your completed boards captured and explained
- Analysis of findings from each session module
- Recommended next steps and actions





YOUR FACILITATOR

20+ years helping people *make sense of complexity.*

Emily Knightley is the founder of Consult Knightley and creator of *Clarity & Direction*.

For more than twenty years, she's worked alongside people navigating complexity, change and important decisions. Over time, she noticed something.

The moments that created the greatest value were rarely the reports or presentations.

They were the conversations. The moments where people could step back from the day-to-day, untangle everything they were carrying, notice patterns they hadn't seen before, and leave with clarity about what mattered most.

That observation became the foundation of *Clarity & Direction*.

Today, Emily designs and facilitates both in-person and online sessions that make thinking visible. Using large-format boards and structured visual thinking tools, she helps people untangle complexity, organise their thinking and leave with clarity, confidence and a practical 90-day plan.



Emily Knightley
Facilitator & Creator, *Clarity & Direction*



Strategic Clarity · Online Private Session

For individuals ready to untangle complexity and move forward with clarity.

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