



Department of the Army
Junior Reserve Officers Training Corps (JROTC)
Georgia Military College Preparatory School
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GMC JROTC

18 July 2023

MEMORANDUM FOR RAIDER COACHES

SUBJECT: Memorandum of Instruction (MOI) 2023 Bulldog Raider Meet – 30 SEP 2023

1. General Information. This event will be referred to as the “Bulldog Raider Meet 2023”. This is an invitational meet for Florida & Georgia Raider teams.

2. Venue. The Georgia Military College 143rd Corps of Cadets will host the annual Bulldog Raider Meet, Saturday 30 SEP 2023 on Oconee River Greenway (directions in annexes) adjacent to the GMC campus. There are five events: team run, obstacle course, PTT, rope bridge and CCR. Overall awards will be given to first, second and third places, in each division (male, mixed, female), each event and overall. **The competition will start at 0830 and end NLT 1400. Coaches Meeting 0730.**

3. Teams. Teams will consist of two raiders at all times. Female teams can include only females. Mixed teams must have at least four females competing on each event. Male teams may include males or females. Coaches may substitute cadets using only cadets that have not competed on another team. Once out, cadets are no longer eligible to compete. If any team drops below the required 10 cadets, the team may continue, but without eligibility for awards on those stations. Likewise, if a school must cross-level, they lose eligibility for awards. Schools will turn in team rosters during registration including possible cadet substitutions. Teams may skip some stations/events, but they must remain in assigned sequence order. Teams will be assigned to a starting location and a rotation sequence and complete each event within the time limit or risk disqualification. Teams delayed will be skipped and not allowed to participate in a missed event. The GMC Senior Army Instructor will make final decisions.

4. Weather. Plan for temperatures ranging from cool to hot and some possible rain. Light rain will not cancel all competition, but safety is our top priority. If weather is severe enough we will stop competition and move to safety. We will resume as soon as weather allows it. Cadre will escort students and visitors to the buildings if bad weather dictates. A series of three blasts on vehicle horns or air horns will signal to stop training and to move quickly to the shelters. Schools will account for their personnel and notify the meet OIC/NCOIC accordingly. A signal blast of TWO Long Whistle blasts indicates an “all-clear” and continuation of training. Teams should then return to their previous location when training halted.

5. Uniforms and Equipment. Schools must provide all of their own uniforms, and will be responsible for damaged or lost equipment. Most events will not require schools providing equipment beyond ACUs and boots or shoes. The one event requiring additional equipment is the one-rope bridge. Bring enough Swiss seats, snap links and ropes for your cadets.

6. Overnight and Meals. Schools will not be able to stay overnight on campus or at the Oconee River Greenway. Please make arrangements with local hotels if you plan to stay overnight. Each school is responsible for the conduct of their personnel and cleanliness of areas used. Port-o-potties will be on site. Recommend you bring extra toilet paper, wipes, and trash bags. There is limited space, so grilling and cooking will NOT be allowed. GMC will operate a concession stand and serve hamburgers and hot dogs etc. There are local restaurants and grocery stores where schools may purchase food or ice. Once competition begins there will not be time for teams to stop except for quick meals. Schools may send drivers to purchase supplies so long as it does not hinder team participation. GMC will have a concession stand open for those that want to purchase food. Schools must plan to **bring their own** food, **water/beverages**, and ice for your teams and support personnel unless you plan to use the concessions stand.

7. Vehicles and Parking. Bus parking will be near the Oconee River Greenway. Buses will unload at the greenspace and park along the road on the Apron of Greene St. All other vehicles can park in designated spaces for single vehicles near the barracks (See Map).

8. Medical/Emergencies.

a. Dangers. Even though we are mitigating risk during this meet, the course has insects, snakes, poisonous vegetation, water obstacles, bad weather, and more. School cadre will ensure that they brief/train their cadets and all other attending personnel about the dangers identified with the Risk Management Work Sheet (RMWS). Keep off of the course obstacles until competition time. Each participating raider team, IAW their own school policies, is responsible to assume their own risk, plan for medical insurance/payments, and secure applicable waivers for their own personnel while traveling to/from and while participating in the meet. Georgia Military College will not be responsible for medical bills or payments.

b. Problems and Reporting. Report all treated injuries/problems and anyone leaving GMC due to medical conditions to the Bulldog Invitational 2021 NCOIC/OIC. Serious Incident Reports (SIRS) will be submitted through the Bulldog Invitational OIC and through the participating schools' cadre. In case of a minor injury, each school will be responsible for treating or transporting injured cadets. We have coordinated for the EMS service and a nurse and trainer to be on/near location in case of major emergencies. In case of a major injury, training will immediately cease at that location. A series of THREE blasts on a whistle indicates that there is a problem at that location. The event cadre will contact the Bulldog Invitational OIC or NCOIC who will call 911. An adult school representative from the injured cadet's school must ride in the ambulance with the cadet to the medical center. In case of a severe injury, the Local EMS will provide care and possible transport to the nearest medical treatment facility.

c. Medical Center.

Oconee Regional Medical Center is 3 miles away from the site of competition. Travel time by automobile is under 5 minutes. Directions from the site: Head west on East Greene Street and take first right onto Jefferson St. Turn left onto East Montgomery St. for .9 miles and turn right onto North Cobb Street. The hospital is on the right. (see **Emergency Evacuation Route Directions and Map**)

9. Registration. Final payment is due before your team competes. See matrix. We are limiting competition to 30 teams in order to complete all events before 1500 hours. Schools may enter multiple teams. Cost is \$75.00 for the first team, and \$25.00 for each additional team (not to exceed 3 per school). **Make checks payable to: GMC Raiders.** Guarantee slots for your teams participating by preregistering by email to MAJ Todd Van Dine at rtdine@gmc.edu **“2023 Bulldog Raider Meet Registration”**. Include a completed registration form. (See: **Registration Form**)

10. Timeline Matrix.

Dates / Times	Event	Notes
7 Aug – 14 Sep	Regular Registration, Teams e-mail registration forms to dlewis@gmc.cc.ga.us	Checks payable to “GMC Raiders”. Verify your registration.
14 - 24 Sep	Late Registration	
30 SEP 0730	Cadre/Team Briefing/Q&A	Practice field pavilion
30 SEP 0830	Team Run (Male, Mix, Female)	Green Way/In front of flagpole
30 SEP 0930-1430	All other events begin	Follow rotation plan
Competition will not stop for lunch	Lunch	Concessions stand or your own food
30 SEP 1430	All Competition ends	Prepare for awards ceremony
30 SEP 1445	Awards Ceremony	Practice Field

11. Event Plan.

a. General Information. Teams will be assigned a team number and a starting point. We will provide a map and a rotation matrix. This will happen after we receive your team rosters and payment. We are planning on 30 teams. Multiple teams will begin at each of the events. Teams will compete in numerical sequence. Teams must remain in sequence order or face possible disqualification for events. Upon completion of an event, each team will individually move to the next event. To keep things moving along, each team will have up to 10 minutes to complete their event at each station. Most events will require less time. Use available time to arrive early, strategize, eat/drink, use the port-o-let, etc., but; remember not to waste time or be late. Teams report to the next station after completion of a station. Teams that miss their sequence window will not receive a score or be eligible for that trophy. They will skip that event and move on to the next station. All events, except the team run, require cadets to wear ACUs and boots. No headgear is needed. Teams will be assessed time penalties or disqualification from awards for

deviation from course, dropped equipment, team members not completing portions of the event, bad language, poor attitude, instructor or cadet assistance/coaching, spectator interference, etc. Motivate your teams!

b. Judges and Support. The 140th GMC Corps of Cadets are hosting this competition. Score sheets and rules for each event will be sent to teams that register. We appreciate positive support.

c. Watching vs. Coaching During Event. No coaching allowed during events. Team coaches may follow teams through the event to monitor safety and the welfare of his/her own cadets. Safety concerns are welcome. Questions or concerns about grading should be addressed to the event OIC or NCOIC. Unwelcomed comments hurt morale and if directed towards the judges may incur team penalties or disqualification. Likewise, spectators are welcome in designated areas around the competition areas. Interference, directly or indirectly, will result in team penalties. We believe everyone would rather avoid penalties of this nature.

d. Use of Tobacco, Drugs, and Alcohol, etc. This is a school event subject to school discipline policies and procedures. We will not allow any tobacco, drugs or alcohol use in the vicinity of cadets or the competition. School cadre is responsible for the conduct of their personnel. Please tell parents in advance.

e. Uniforms. All Team members must be in the same uniform at all times. See Team Run details. All other events require ACU/OCP bottoms, boots, and t-shirts. ACU/OCP tops are optional and no headgear is needed. No camel backs or pistol belts allowed on confidence course. Gloves are optional on some events. Ensure uniformity for the awards ceremony.

f. Scoring. Composite score sheets will be used at each event. The overall scoring matrix will be emailed out within one week after the event. In the event of a tie between teams on an event, we will use a “tug-o-war” contest (best two out of three tries) to determine winner placement.

g. Events. Remember a team can skip an event, but must remain in sequence order. Make sure that you adhere to the timeline. Copies of the map and sequence will be available at the competition site. All events are with-in a ½ mile distance from the Confidence Course. Everyone must walk to each event. No team vehicles allowed between event sites. No vehicles will cross creek water except for emergency and host support vehicles. Plan accordingly. Note that at some events we will have multiple lanes (M, MM, and F). Some events will utilize the same lanes, but have multiple graders. Make sure that the team captain reports in and informs the grader which type of team category you are competing in and how many cadets of each gender you have. Do this at every event to help us score you accurately!

1) Team Run The team run will be conducted on a concrete road/ track/gravel road for a distance of about 3.1 miles. Each team captain will wear a penny jersey with a number/card and give it to the judge at the finish line in order to be counted. Failure to give the race number/card to the judge in the orange vest immediately or before the next team finishes will result in a lower placement of the team. Assemble near the start NLT 0815 hours. We will form three groups (M, M/M, and F). Each group will be started about 1 minute apart with the commands “Get Ready,

Get Set, GO!”. Finish point will be the Meet HQ/Operations. Teams must cross within 10 meters of individual team members (a 10 meter box is just prior to the finish line. Penalties will be assessed for each team member not within 10 meters. All team members must finish the run together. Turn in the race number/card and vest to the judge as you cross the line. **Uniform is ACU bottoms and tennis shoes. Tennis shoes are mandatory, thus no competing in boots on the run.** Cadets without proper shoes may not enter this event. **Teams must change back into boots for all other events.**

2) Obstacle Course is a timed event where teams complete about **16 obstacles**. This is a team obstacle course and cadets are encouraged to help each other over walls etc. Teams must remain together before moving on to the next obstacle. Team members can elect to by-pass an obstacle with the penalty assessed. Each team will report to the holding area as scheduled. When the team is called forward to the start line they will be told to “Get Ready, Get Set, GO!” The time will end when all members of the team are across the finish line. The team with the lowest final time wins this event.

3) One-Rope Bridge We have two rope bridge sites to conduct two bridges simultaneously. Each team is responsible for providing a rope and associated equipment for their use. Each team will report to the holding area and send a battle buddy team to sign in at the start line. **Teams will put on their swiss seats in the ready area.** When the team is called forward to the start line they will be told that they have 10 minutes total to prepare and conduct a one-rope bridge. The 10 minutes includes prep time and execution time (10 min. max.). Ropes may be bagged or coiled without. Back laying the rope is not allowed. Rope bridge time will start when the grader says, “GO”. No extra time allowed. Knots tied and bridge construction must be safe and IAW brigade standards. After all raiders are across, all knots are cleared of the rope and the team has gathered all equipment, the time will stop. Any team that has not completed the event inside the 10 minutes will be disqualified. Loss of equipment or using feet to propel any member on the rope will incur scoring penalties. Dangerous or unsafe acts will cause a DQ.

4) Gauntlet is a timed event consisting of multiple obstacles on a course. Team members will carry multiple heavy items throughout the course across a grassy field, sand pit, stairs, and tire flips. Each team will be given instructions on how to negotiate the course. This is a timed event, but points will be counted similar to the Obstacle Course. Teams may work on no more than 2 obstacles at one time. The team must finish inside the 10 meter box at the end.

5) CCR (Cross Country Rescue) is a timed event consisting of a litter carry with approximately 80-100 lbs on the litter and (6) ruck sacks (25 lbs female & mixed, 35 lbs male). Each team will navigate a course approximately 1.2 miles long. Each team will navigate the course bringing back all equipment and cadets. Each team will report to the holding area and send a battle buddy team to report in at the start line. When the team is called forward to the start line they will be told to “Get Ready, Get Set, GO!” Time will stop when all members and equipment are across the finish line and seated in the finish area. Penalties will be assessed for dropping or throwing equipment. The team must finish inside the 10 meter box at the end.

h. Awards Ceremony. See the event timeline. The awards ceremony will begin shortly after the final event near the Operations Center next to the rappel tower. Create a formation by schools keeping your teams together. Create a two-person front for each team (5-6 Raiders deep). Align your teams' side by side. To expedite the ceremony, each event will be announced and the top three schools in each category. Cadets should hold their noise down while announcements are made and then cheer (loudly) after the awards are given.

i. Concessions Stand. GMC will operate a concession stand all day on Saturday.

1) Food and Beverages. Teams may plan to bring their own food and water. GMC will have a concession stand open to sell hamburgers, hot dogs, pizza and beverages.

2) T-Shirts. T-shirts are available for sale at the meet. We will send out an order form at a later date. A limited number will be available for sale at the meet.

12. Additional Information. Included in this document for your use are the following documents: registration form, medical emergency evacuation directions and map, risk assessment, and serious incident report (SIR) format. We recommend you bring copies to the meet. We hope you and your cadets will enjoy the Bulldog Invitational and return again in future years. Help us keep this a safe event. Contact us if you have any questions/concerns.

13. Contact. Office: (478) 387-7382
CELL 850-867-0637
RTDINE@gmc.edu

ROBERT T VAN DINE
MAJ, USA (Ret.)
AI, GMC Prep School

Registration Form: Bulldog Raider Meet 2023

Information Needed	Please fill out boxes in this column
Name of School	
School Phone Numbers	
Raider Coach Name/Rank	
Phone Numbers	
E-mail Address	
Estimated Date/Time of Arrival at GMC	
Estimated Date/Time of Departure from event	
Will your team be staying overnight?	Yes or No
Total number of teams:	1 Team = \$75.00, 2 teams = \$100 etc = _____
# Male Teams: _____ # Female Teams: _____ # Mixed Teams: _____	
Estimated number of: Cadets + Adults = Total	_____ Cadets + _____ Adults = _____ Total

Check Number:	Amount Enclosed:
POC for Check:	Phone Number:
Mailing Address for Receipt	

Copy and email or US Postal Service this form and payment to:
MAJ Todd Van Dine, GMC Prep, 201 East Greene St. Milledgeville, GA 31091
rt dine@gmc.edu Office: (478) 387-4780.

FOUO

SERIOUS INCIDENT REPORT

FOUO

REPORT NUMBER: (6th BDE-??-??) (Unit-FY-# of report for the FY)

1. Who: (Full name of incident subject(s), Gender, Race & Grade/Rank)

2. What: (Type of Incident) Summary: (Details of the incident – should answer the 5 W’s, and should be in sentence case)

3. When: a. Incident DTG: TZ: b. BDE Notified DTG: TZ:

4. Where: (Address and Zip code where incident took place)

5. Why: a. How did it happen:

6. Initial Action(s) Taken: (Action the command took)

7. Disposition: (What is the current status of the incident subject(s))

8. Point of Contact: (name, telephone #, e-mail)

9. SIR Category: (Cat 1 or 2 from Enclosure 1 of USACC Policy #23-11)

10. Report Type: (Initial, Follow-up or Final)

11. Current DTG: TZ:

12. UPDATE: (ALL CAPITAL LETTERS)

13. Other Details:

- a. Alcohol Involved: (Yes/No) b. Drugs Involved: (Yes/No) c. Vehicle Involved: (Yes/No) Gov’t: (Yes/No)
- d. PII Involved: (Yes/No) Type: (Hard Copy, Electronic, etc...)

14. Cadet/Cadre/Employee Status: (MSI, MSII, etc.../Contracted or Non-Contracted/2yr, 4yr, etc...
Scholarship/Active duty/Civilian/Contractor etc...)

Contract Waiver: (Yes/No) Type: Date:

15. Organization/School: (Spell Out Completely) City: State: Zip Code:

16. Recently Deployed: (Yes/No)

17. In event of death was NOK Notified? (Yes/No) **DTG:**

18. CC Assistance Needed: (Yes/NO) What type:

19. Expected DTG of Next Report:

20. Previous Info: (From line 12 of previous reports in normal sentence case)

21. Final Report: (Yes/No)

FOUO

SERIOUS INCIDENT REPORT

FOUO

ANNEX B
ONE ROPE BRIDGE

1. Each team has **ONE ATTEMPT** to construct a one-rope bridge during this event. A 120 ft rope will be needed for this event. Swiss seats must be used for all team members crossing the bridge. An over the shoulder figure 8 or bowline will be used for those team members not crossing the bridge. If a bridge is deemed unsafe by a grader the team will have the opportunity to fix the bridge without any penalties. Bridge will be built IAW FM 3-97.61 Military Mountaineering (AUG 2002).
2. There will be no pre-tied knots used on the bridge
3. A briefing will be given at the start point on the route.
4. Uniform will be BDU/ACU uniform and boots.
5. Scoring will be based on total time to negotiate the course by the team.

EXECUTION: TEAMS WILL NOT RECEIVE INSTRUCTION ON KNOT TYING NOR CONSTRUCTION OF THE ONE-ROPE BRIDGE,

1. NO PRE-TIED KNOTS IN THE MAIN ROPE
2. FIRST AND LAST TEAM MEMBERS ARE NOT REQUIRED TO WEAR RAPPEL SEATS WHEN THEY CROSS BUT MUST HAVE THE ROPE ATTACHED TO THEIR BODIES.
3. ALL OTHER MEMBERS MUST USE RAPPEL SEATS AND SNAP LINK.
4. SCORES WILL BE BASED UPON THE EVENT COMPLETION TIME PLUS PENALTIES ASSESSED AS DESCRIBED FURTHER IN THIS BRIEFING.
5. ALL KNOTS USED IN CONSTRUCTING THE BRIDGE MUST BE APPROVED BY FM 3-97.61, MILITARY MOUNTAINEERING.
6. TIME WILL START WHEN THE GRADER SAYS “GO” AND WILL STOP WHEN THE TEAM LEADER YELLS “CLEAR”. AT THAT TIME ALL KNOTS MUST BE CLEARED OF THE ROPE AND ALL EQUIPMENT AND PERSONNEL SHOULD BE ON THE FAR SIDE TO AVOID PENALTY.
7. **Penalties:**
 - a. 10 SECOND PENALTY: FOR EACH CADET WHO ENTERS (TOUCHES) THE DEAD ZONE WITH HIS/HER BODY OR EQUIPMENT.
 - b. 45 SEC PENALTY: FOR ANY PERMANENT KNOT LEFT IN THE MAIN ROPE AFTER CROSSING AND 20 SEC PENALTY FOR TEMPORARY KNOTS REMAINING AFTER CROSSING.
 - c. 10 SEC PENALTY: FOR FAILURE OF THE FIRST OR LAST CADET TO SECURE THE MAIN ROPE (OVERHAND LOOP OVER SHOULDER OR SEAT AND SNAP LINK METHOD IS ACCEPTABLE).
 - d. 10 SEC PENALTY: FOR EACH PIECE OF EQUIPMENT LOST IN CROSSING.

NOTE: TEAM WILL BE DISQUALIFIED IF BRIDGE IS NOT CROSSED WITHIN 10 MINUTES (TIME RECORDED – 10 MIN)

ONE ROPE BRIDGE SCORE SHEET

SCHOOL: _____ TEAM NAME: _____

INSTRUCTOR NAME: _____ Male – Female – Mix

		PENALTIES	TIME	TOTAL
1	All team members have Swiss seats/waist rope on		10 SEC	
2	Pre-tied knots		30 SEC	
3	No end of the line bowline or figure 8 far side man		10 SEC	
4	Rope not snapped into far side man, or over the shoulder bowline		10 SEC	
5	Failure to temporarily secure rope to far side		10 SEC	
6	Failure to secure far side		30 SEC	
7	Failure to secure near side		30 SEC	
8	Hooking up before 2 nd half hitch is tied on near side		30 SEC	
9	Improper transport knot		30 SEC	
10	Failure to hook into the rope during crossing		10 SEC	
11	Violation of dead zone (per occurrence)		10 SEC	
12	Failure to keep points of contact on the rope while crossing		10 SEC	
13	Breaking bridge down before last raider is off of rope		30 SEC	
14	Knots in the rope after time/stop is called		45/20 SEC	
15	Equipment left behind or dropped in the obstacle		10 SEC	
16	Violation of more than (3) on the rope at one time		30 SEC	

TIME BEFORE PENALTIES: _____ TOTAL PENALTIES TIME: _____

OFFICIAL TIME: _____

NO GOS: WALKING IN OBSTACLE, SPEED TIGHTENERS, ROPE BRIDGE FAILURE

SCORER'S SIGNATURE: _____

ANNEX C

OBSTACLE COURSE GRADE SHEET

This is a team obstacle course and raiders are encouraged to assist other team members. (**Raiders may not assist each other on the following obstacles: monkey bars, rope climb, balance beam). Raiders may not go back on course once they cross finish line. Recommend wearing ACU top on course.

Score Sheet

SCHOOL NAME _____

MALE TEAM

FEMALE TEAM

MIXED TEAM

GOING BACK AFTER FINISH # of Violations _____ x 1 Min _____

WORKING MORE THAN 2 OBS # of Violations _____ x 1 Min _____

TOUCHING YELLOW PAINT # of Violations _____ x 30 sec _____

CADET FAILED TO NEGOTIATE OBSTACLE # of Violations _____ x 1 Min _____

MONKEY BARS - 2 HANDS # of Violations _____ x 30 sec _____
FIRST & LAST BARS or
WHITE LINE VIOLATION

DROP OUT/ # of Violations _____ x 5 Min _____
NON COMPLETION

COURSE TIME _____

PENALTY TIME _____

TOTAL TIME _____

ANNEX D

Team Run

Score Sheet

SCHOOL NAME _____

MALE TEAM

FEMALE TEAM

MIXED TEAM

10 METER RULE # of Violations _____ x 30 Sec _____

DROP OUT # of Violations _____ x 5 Min _____

COURSE TIME _____

PENALTY TIME _____

TOTAL TIME _____

ANNEX E

CROSS COUNTRY RESCUE

SCHOOL NAME _____

MALE TEAM

FEMALE TEAM

MIXED TEAM

DROP OUT # of Violations _____ x 5 Min _____

DROP EQUIPMENT # of Violations _____ x 30 Sec _____

10 METER RULE # of Violations _____ x 30 Sec _____

COURSE TIME _____

PENALTY TIME _____

TOTAL TIME _____

ANNEX F

GAUNTLET

SCHOOL NAME _____

MALE TEAM

FEMALE TEAM

MIXED TEAM

DROP OUT # of Violations _____ x 5 Min _____

DROP EQUIPMENT # of Violations _____ x 30 Sec _____

FAIL OBSTACLE # OF Violations _____ x 3 Min _____

WORKING MORE THAN 2 OBSTACLES AT ONE TIME # of Violations _____ x 30 Sec _____

10 METER RULE FINISH # of Violations _____ x 30 Sec _____

COURSE TIME _____

PENALTY TIME _____

TOTAL TIME _____