

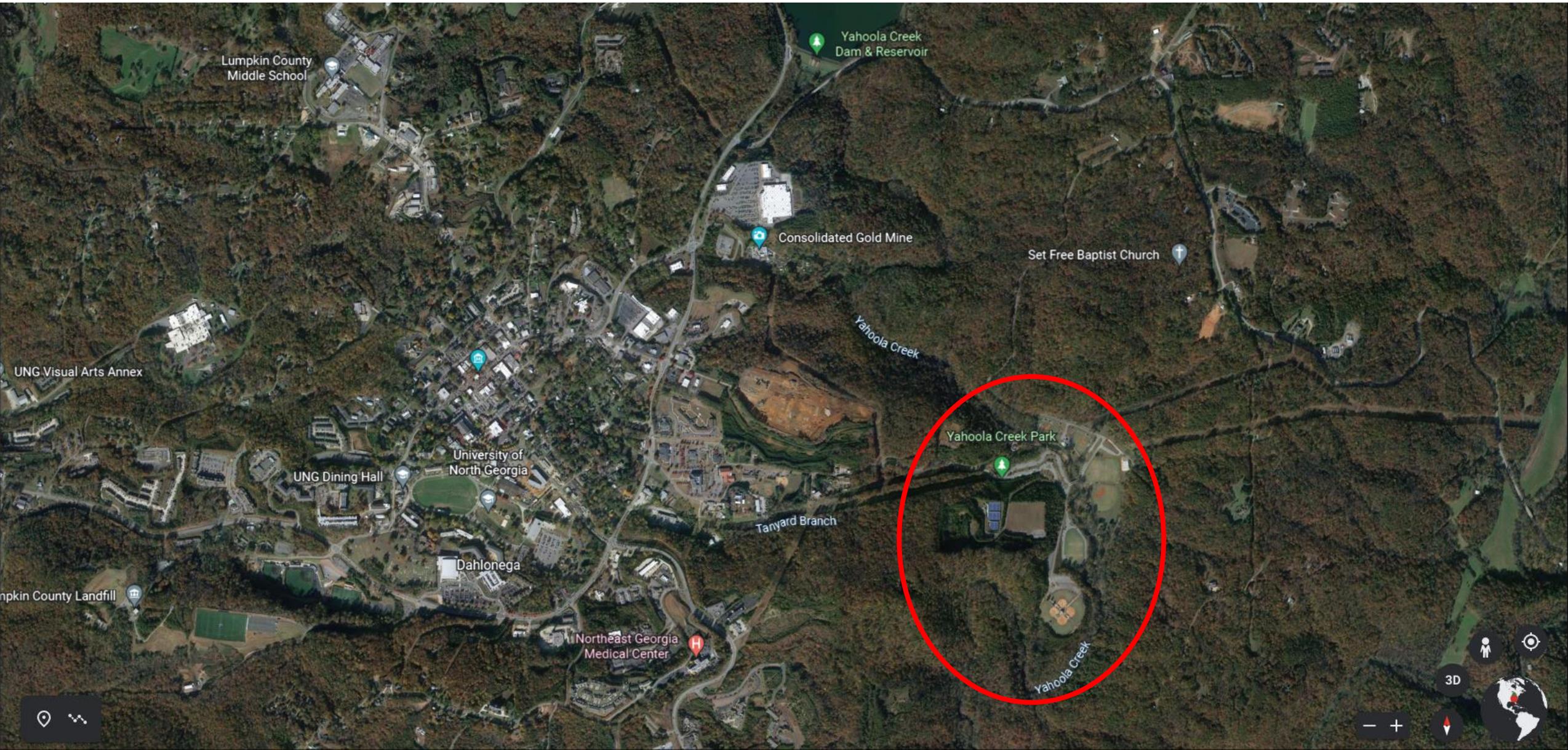
The background of the entire image is a dark, wavy American flag. The stars and stripes are visible but muted in color, creating a textured, patriotic backdrop for the white text.

Raider All-Service State Championship

Saturday, November 4

Yahoola Creek Park, Dahlonega

Yahoola Creek Park

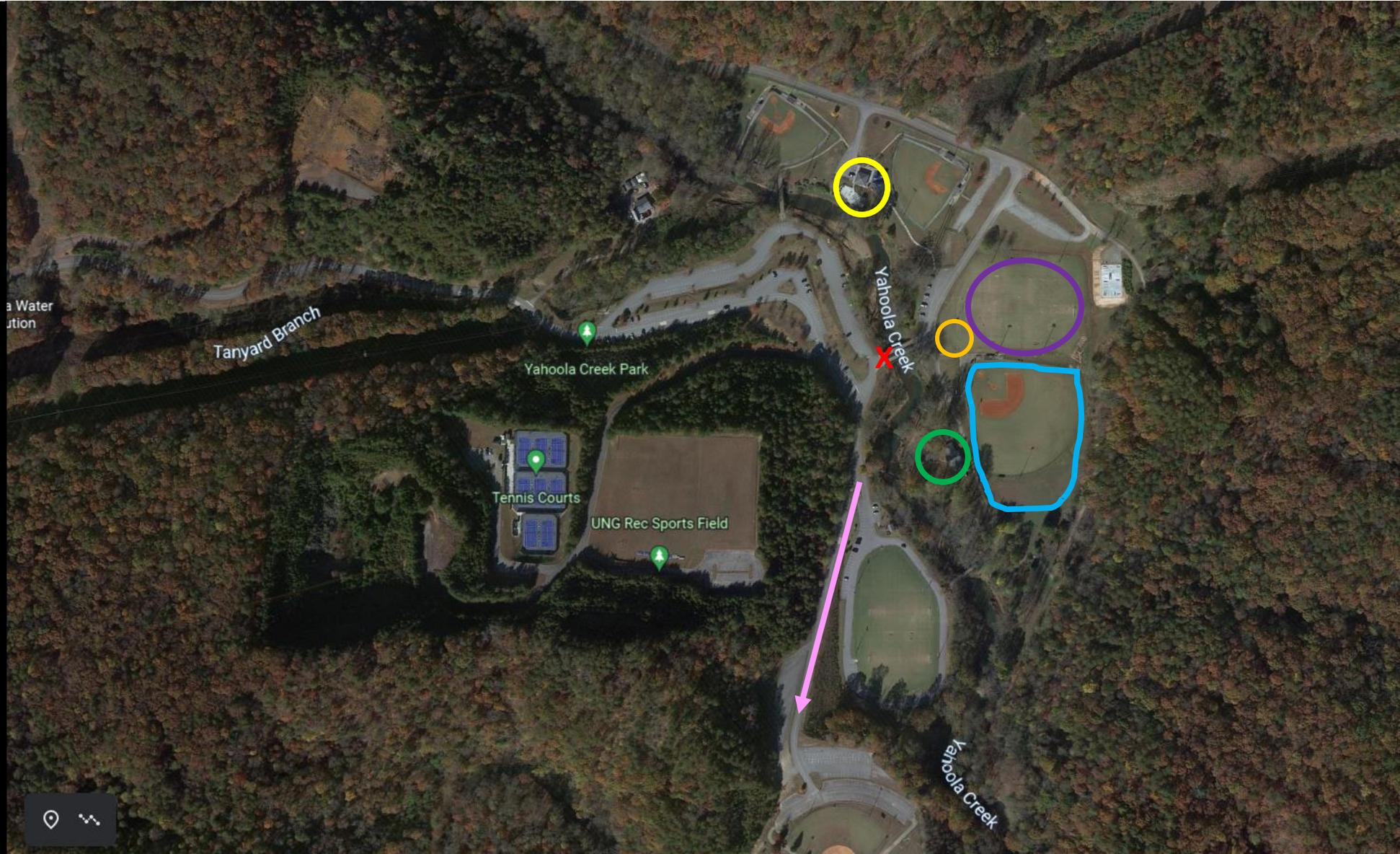


Administrative

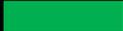
- * Park anywhere, but do not take cars over the bridge (red **X**)
- * Bus parking (follow pink **arrow**)
- * Team tents on baseball field or adjacent field only (blue **circle**)
- * Registration and comp HQ (green **circle**)
- * Coaches meeting by flagpole on soccer field (orange **circle**)
- * Concessions and restrooms are available (bldg at yellow **circle**)
- * Awards (purple **circle**)

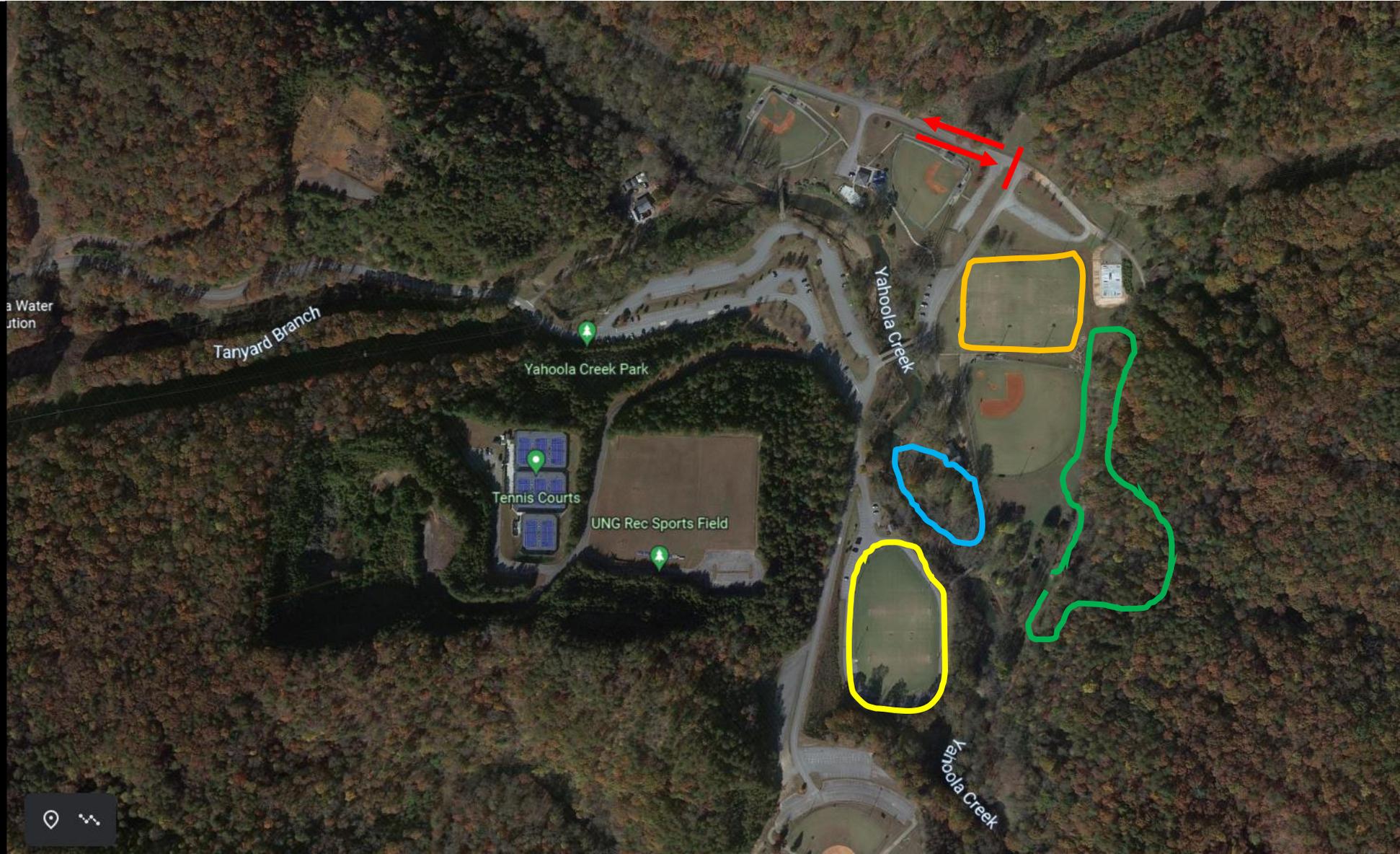
Timeline

- 0700 Registration opens
- 0815 Coaches meeting
- 0900 Team run
- 1000 Event 2
- 1115 Event 3
- 1230 Event 4
- 1345 Event 5
- 1500 Award setup
- 1530 Awards
- 1600 Dismissed



Event Overview

-  Team Run
-  Sandbag Relay
-  Tire Flip
-  CCR
-  Rope Bridge



Team Run Overview

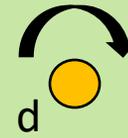
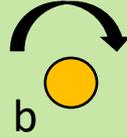
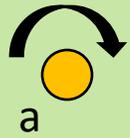
- * Course is exactly 2 miles
- * Course is 1 mile out, 1 mile back
- * Out is uphill (300 feet ascent)
- * Entire run is on a paved road
- * 1-minute staggered start by school
- * Teams must stay in right lane
- * Overtake slower teams in left half of right lane
- * Times to the hundredth of a second
- * This is the tie-breaker event
- * Coaches should plan to time their team



Sandbag Relay Overview

- * Ten, 30 lb sandbags
- * Raider 1 moves 10 sandbags, up to two at a time, from Circle A to B
- * Raider 1 then goes back to Circle A to grab up to two more to Circle B and continues until all bags are at Circle B
- * As soon as the first bag(s) arrive at Circle B, Raider 2 can start carrying to Circle C. This continues until all 10 bags have moved to Circle F
- * Raiders 6 through 10 reset course
- * Female Division only carries 6 bags
- * Mixed Division use females to move 6 bags from Circles D to E, E to F, F to E, and E to D. All other movements will have ten bags
- * Penalty for not placing bags inside circles
- * Penalty for dropping bags in an egregious manner (setting bags down protects the bags and is ok)





* 10, 30 lb sandbags must work their way from Circle A to Circle F by Raiders 1 – 5 and then reset by 6 – 10

* Mixed division teams must have females as Raiders 5 – 8. Those four Raiders will carry six bags

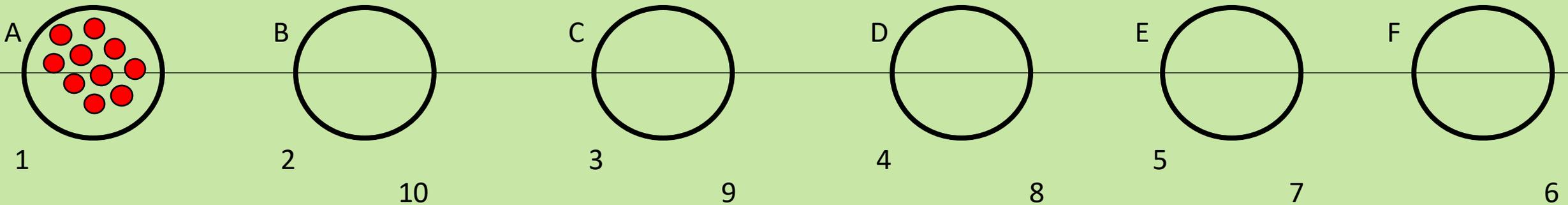
* Circles are all five yards apart, and the turn around cones are 25 yards from the center line between circles

* Raiders can carry up to 2 bags at a time. Once placed in set-down circle, go in most direct manner to get more

* Raiders can begin carrying as soon as there are any bags that arrived to be carried forward

* If Raider sets a bag(s) on the course, s/he must retrace steps to retrieve it (there is no penalty for this)

* Penalties for not taking care of the bags (read, dropping them) or for setting them over the line of the circle



Tire Flip Overview

- * Old school tire flip
- * 3 Raiders minimum to flip
 - * Others walk slightly behind
- * Teams can readily swap at their discretion (as often as necessary)
- * Must go 50 yds and then around the turn around cone
 - * Which way does not matter
 - * Tire must be flipped, not rolled
- * Time stops when tire is completely over the finish line
- * Penalty for rolling the tire
- * Penalty for safety and profanity



- * 3 or more on the tire (doesn't have to be 5)
- * This rule also applies to mixed division teams

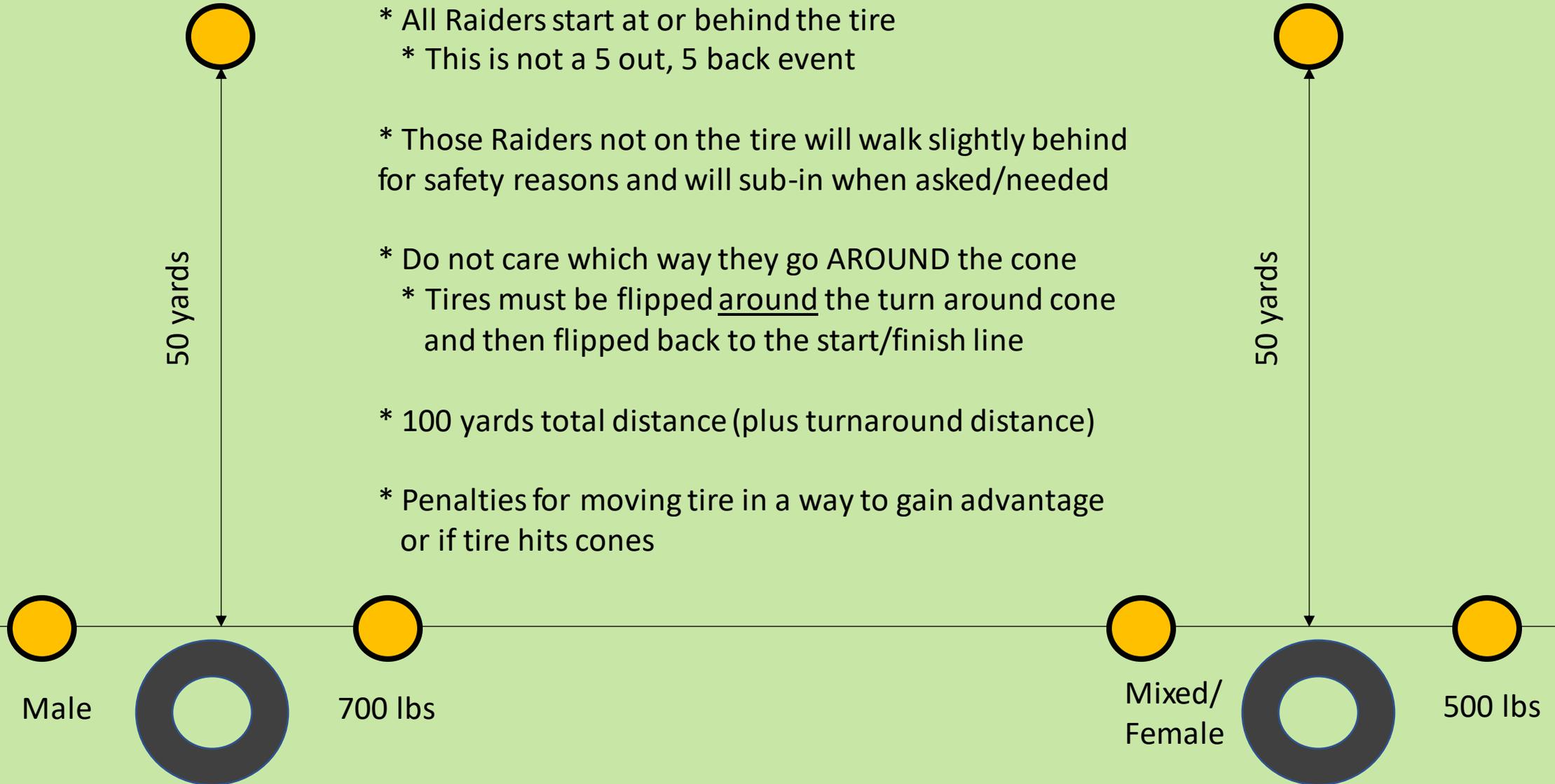
- * All Raiders start at or behind the tire
- * This is not a 5 out, 5 back event

* Those Raiders not on the tire will walk slightly behind for safety reasons and will sub-in when asked/needed

- * Do not care which way they go AROUND the cone
- * Tires must be flipped around the turn around cone and then flipped back to the start/finish line

* 100 yards total distance (plus turnaround distance)

* Penalties for moving tire in a way to gain advantage or if tire hits cones



CCR Overview

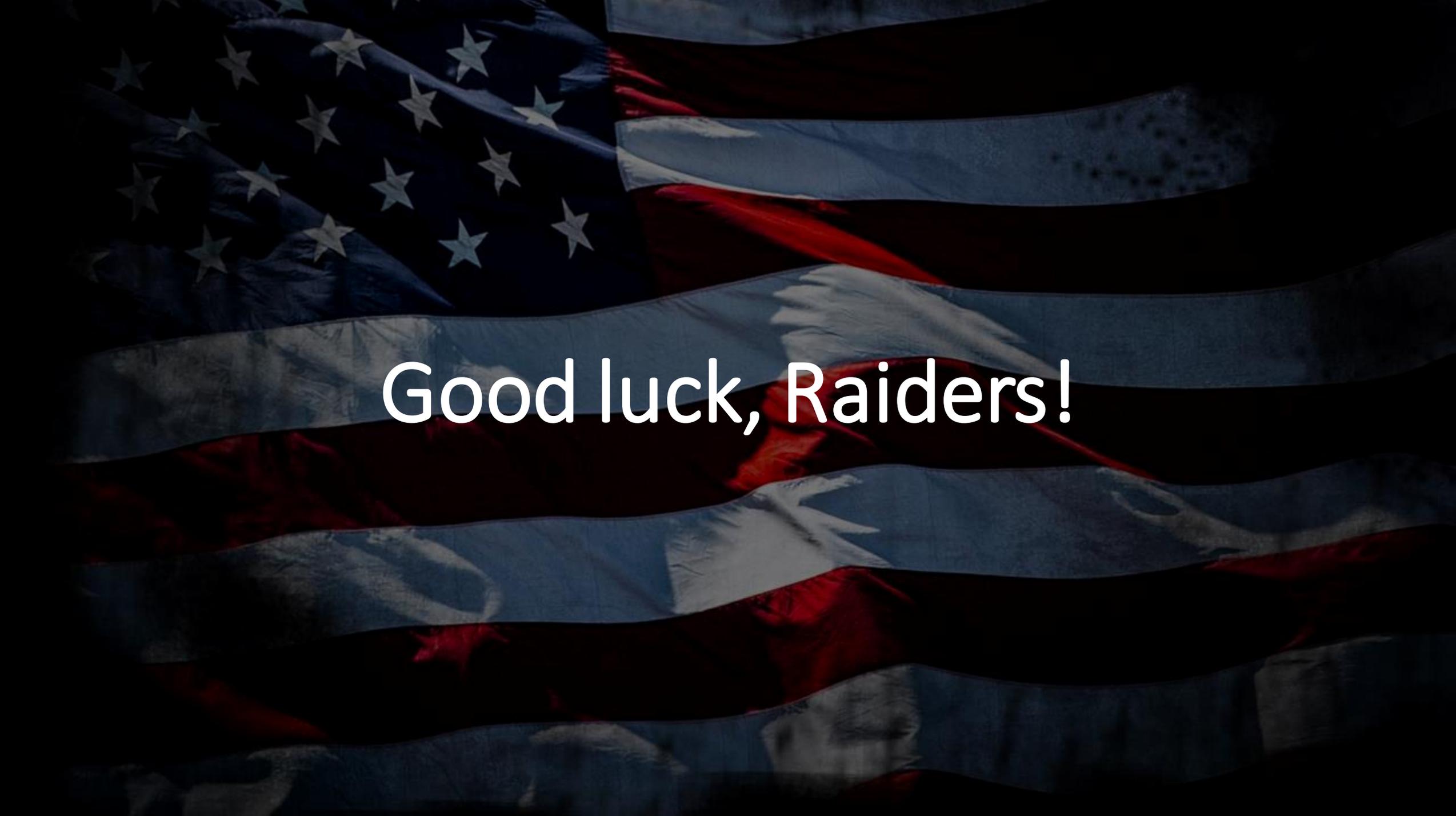
- * Equipment includes (ALL divisions):
 - 1 x 110 lb litter
 - 4 x 35 lb rucks
 - 2 x rubberized M16 replica rifles
- * Course distance is about 0.6 miles
- * There are no man-made obstacles
- * Half of course is hilly and wooded, half is flat and on a field
- * Object is to move all items through course as fast as possible
- * Penalty for equipment abuse



Rope Bridge Overview

- * Standard rope bridge that follows 2019 6th BDE Raider SOP guidelines
- * All rope bridge courses ~60 ft
- NOT over water (sorry!)
- * 120' rope will be sufficient
- * Rope can start in the bag or back coiled but must be behind anchor



A dark, wavy American flag with the text "Good luck, Raiders!" overlaid in white. The flag's stars and stripes are visible, though the colors are muted due to the dark background. The text is centered horizontally and vertically.

Good luck, Raiders!