



DEPARTMENT OF THE ARMY
GROVETOWN HIGH SCHOOL JROTC DEPARTMENT
2010 WARRIOR WAY
GROVETOWN, GEORGIA 30813-8132
PHONE: (706) 447-2102 ext. 4490
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August 13, 2023

MEMORANDUM OF INSTRUCTION (MOI) TO: ALL JROTC Instructors

SUBJECT: Guidance for participation on 21 September 2024 Grovetown Classic Raider Challenge

1. Purpose: This MOI announces the Annual *Grovetown Classic Raider Challenge* Competition in Grovetown, GA.
2. Scope: The *Grovetown Classic Raider Challenge* is designed to:
 - a. Offer cadets a physically demanding competition.
 - b. Promote a competitive spirit among the participants.
 - c. Provide a Physical Fitness Challenge.
 - d. Develop respect and self-esteem among cadets.
3. Please RSVP the number and type of teams you will bring NLT **13 September 2023** male, female, and mixed teams with at least four females are permissible for each event with no more than 3 teams total. Entry Fees: \$100 and \$25 per additional teams. **Make checks payable to Grovetown High School JROTC.** We will accept payment upon arrival at the event.
4. Concessions will be available. Restrooms will be available in the stadium on the home side only.
5. Team Rules & Events: Each event will consist of 10 cadets with two alternates that can be used as needed as long as the same ten cadets that began an event finish the event.
 - a. Raider Fitness Challenge: Hand Release Pushup (1 min), Abdominal Row (1 min), Box Jumps (1 min), Deadlifts (1 min), and Burpees (1 min). Scoring will be compiled based on total number of completed repetitions per competitor.
 - b. Rope Bridge: Standard one rope bridge according to TC 90-6-1 (Military Mountaineering). Rope length must be at least 120 feet, low stretch ropes (Kermantle) may be used.
 - c. Cross Country Rescue: 10 Raider Team members will transport a simulated casualty over a ½ mile course with a weighted litter, 2 water jugs, and 2 ruck sacks. The objective is to complete the course in the shortest amount of time. Time will stop when the last team member crosses the finish line.
 - d. Team Run: 10 Raider Team members will run a 3-mile relay course. All 10 members will participate. The objective is to complete the course in the shortest amount of time. Time will stop when the last team member crosses the finish line.

HOME OF THE "WARRIOR BATTALION"

1SG (USA, RET) CURTIS A. MARROW JR.
ARMY INSTRUCTOR
(706) 955-6083

SFC (USA, RET) ANTHONY D. WILLIAMS
ARMY INSTRUCTOR
(706) 447-2102 EXT.4497

- e. Obstacle Course: 10 Raider Team members will negotiate the Grovetown High School obstacle course. The objective is that all 10 members complete the course with all equipment in the shortest amount of time.

6. Schedule of events: There will be meetings with all of the graders at 0700 the day of the event and a coaches meeting for the event at 0730 in classroom 211 in Grovetown High School JROTC main classroom. Each school will start with the 3-mile team relay. A flow chart for the remaining events will be disseminated at the graders/coaches meeting the morning of the event.

7. Awards will be given to the 1st and 2nd place teams for each event in the Male, Female, and Mixed team categories. Trophies will be awarded to the 1st, 2nd, and 3rd place schools with the highest overall scores for the event.

8. Grading and Scoring: Grading/Evaluation will be conducted by disinterested military personnel. SFC (Ret) Anthony Williams will complete scoring with the assistance of disinterested personnel.

9. If you have any questions, contact 1SG Curtis A. Marrow Jr. at (706) 955-6083.

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Curtis Marrow Jr.

1SG (Ret), USA

Army Instructor

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REGISTRATION FORM

Number of Teams: _____

Category of Teams: Male _____ Male/Mix _____ Female _____

Price is \$100.00 per school and \$25 for additional teams. (Limit two teams per category. Limit of 3 teams per school)

Amount Enclosed: _____ (Make checks payable to Grovetown High School JROTC)

Name of POC: _____

POC Email: _____

POC Phone Number: _____

Signature of POC: _____

Mail checks and registration forms to:

Grovetown High School

Attn: JROTC Department

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(Checks will also be accepted upon arrival)

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