



**RIVERSIDE PREPARATORY ACADEMY
ARMY JUNIOR RESERVE OFFICER
TRAINING CORPS (JROTC)
2001 Riverside Dr, Gainesville, GA 30501
Office: (770) 532-6251**



RPA-JROTC-SAI

14 August 2024

MEMORANDUM FOR RAIDER COACHES, Area 11

SUBJECT: Memorandum of Instruction (MOI) 2024 Riverside Raider Meet – 14 September 2024

- 1. General Information.** This event will be referred to as the “Riverside Raider Meet 2024”. This is an invitational-only meet for Area 11 Army JROTC Programs. It is a State Qualifier.
- 2. Venue.** Riverside Preparatory Academy will host its Raider Meet Saturday 14 September 2024 on the campus of Riverside Prep, 2001 Riverside Dr, Gainesville, Ga. 30501. There are five events: Team Run, Conditioning Obstacle Course, PTT, One Rope Bridge and CCR. Trophies will be awarded for each event for the 1st, 2nd, and 3rd place winners in each Division (Male, Mixed, Female). Additionally, overall awards will be given to 1st, 2nd and 3rd places, in each division (Male, Mixed, Female). **The competition will start at 0830 and end NLT 1500. Coaches Meeting 0800.**
- 3. Teams.** Male Teams will consist of no more than 12 males, with any 10 competing in an event. Female Teams will consist of no more than 12 females, with any 10 competing in an event. Mixed teams consist of 12 cadets with any 10 competing and must have at least four females competing on each event. Male teams may include males or females. Coaches cannot substitute cadets from one team to another team. Once out, cadets are no longer eligible to compete. If any team drops below the required 10 cadets, the team may continue, but without eligibility for awards on those stations.
- 4. Weather.** Plan for temperatures ranging from cool to hot and some possible rain. Light rain will not cancel the competition, but safety is our top priority. If weather is severe enough we will stop the competition and move to safety. We will resume as soon as weather allows it. Cadre will escort students and visitors to the buildings if bad weather dictates. A series of three blasts on vehicle horns or air horns will signal to stop training and to move indoors quickly. Schools will account for their personnel and notify the meet OIC/NCOIC accordingly. A signal blast of TWO Long Whistle blasts indicates an “all-clear” and continuation of training. Teams should then return to their previous location when training was halted.
- 5. Uniforms and Equipment.** Schools must provide all of their own OCP/ACU uniforms and Rope Bridge equipment, and are responsible for their own damaged or lost equipment.

6. Areas / Meals. Each school is responsible for the conduct of their personnel and cleanliness of areas used. Port-o-potties will be on site. Several indoor restroom locations will be available. Recommend you bring extra toilet paper, wipes, and trash bags. There is limited space, so grilling and cooking will NOT be allowed. Riverside will operate a concession stand and serve hamburgers and hot dogs etc. Once the competition begins, it will not be halted for an official lunch, make sure your cadets consume what they need between events. Riverside will have a concession stand open for those who want to purchase food. Schools can **bring their own food, water/beverages,** and ice for your teams and support personnel.

7. Vehicles and Parking. Bus parking will be at the Maginnis Field parking lot. Buses will unload at that parking lot and park there. Cars will park at the Elkin Hall/Curtis Hall parking lot. A cadet will direct you to the parking area.

8. Medical/Emergencies.

a. Dangers. Even though we are mitigating risk during this meet, the course has the potential for insects, snakes, poisonous vegetation, inclement bad weather, and more. School cadre will ensure that they brief/train their cadets and all other attending personnel about the dangers identified with the Risk Management Work Sheet (RMWS). Each participating Raider Team, IAW their own school policies, is responsible to assume their own risk, plan for medical insurance/payments, and secure applicable waivers for their own personnel while traveling to/from and while participating in the meet. Riverside will not be responsible for medical bills or payments. The attached Liability Release Form must be turned in the morning of the competition, for each of your cadets.

b. Problems and Reporting. Report all treated injuries/problems and anyone leaving Riverside due to medical conditions to the Riverside OIC/ NCOIC. Serious Incident Reports (SIRS) will be submitted through the Riverside SAI and through the participating schools' cadre. In case of a minor injury, each school will be responsible for treating or transporting injured cadets. We have coordinated for the nurse and trainer to be on/near location in case of emergencies. In case of a major injury, training will immediately cease at that location. The Judges/Cadre will immediately call Riverside OIC / NCOIC. The event cadre will contact the Riverside OIC / NCOIC who will call 911. An adult school representative from the injured cadet's school must ride in the ambulance, if it is needed, with the cadet to the medical center. In case of a severe injury, the Local EMS will provide care and possible transport to the nearest medical treatment facility.

c. Medical Center.

Urgent Care, Thompson Bridge Road, is an immediate care facility located minutes from Riverside. NE Georgia Medical Center Hospital, Gainesville, could be utilized in the event of a major injury, and is 10 minutes away.

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9. Registration. Payment is due before your team competes. You can bring payment the morning of the competition or mail it in advance to: **Riverside Preparatory Academy, ATTN: JROTC Dept, 2001 Riverside Dr, Gainesville, Ga. 30501.** Schools may enter multiple teams, one per Division. Cost is \$100.00 for the first team, and \$25.00 for each additional team (not to exceed 3 per school). **Make checks payable to: Riverside JROTC.** Guarantee your slots for your teams participating by pre-registering by email to ISG Anderson at ganderson@riversideprep.org with subject line: **“2024 Riverside Raider Meet Registration”.** Include a completed registration form. **(See: Registration Form)**

10. Timeline Matrix.

Dates / Times	Event	Notes
12 August – 9 September	Registration: Teams e-mail registration forms to ganderson@riversideprep.org	Mail checks payable to “Riverside JROTC”. Verify your registration.
14 September 0800	Judges/Cadre/Team Briefing/Q&A/Draw Starts	Pavilion Area
14 September 0830	5k Run	Rotate on your own after 1ST event
14 September 1430	All events conclude	Final Scoring
14 September 1500	Award Ceremony	Maginnis Field

11. Event Plan.

a. General Information. All events, except the team run, require cadets to wear OCP/ACU trousers, boots, and t-shirts. Team Run is in OCP/ACU trousers, running shoes, and t-shirts. No headgear is needed. Teams will be assessed time penalties or disqualification from awards for deviation from course routes, dropped equipment, team members not completing portions of the event, bad language, poor attitude, instructor or cadet assistance/coaching, spectator interference, etc.

b. Judges and Support. Judges will consist of JROTC Instructors, Military Recruiters, and ROTC Cadets. Do not argue with judges. Contact Riverside OIC / NCOIC if you have a dispute. The Judge will annotate on score sheet if there is a dispute, to ensure it gets resolved.

c. Watching vs. Coaching During Event. Watching and cheering on your teams is encouraged. No outside adult or cadet instruction or coaching on how to negotiate an event is allowed during events. Team coaches/photographers may follow teams through the event to monitor safety and the welfare of his/her own cadets. Safety monitoring is welcome. Questions or concerns about grading should be addressed to the event OIC or NCOIC. Unwelcomed comments hurt morale and if directed towards the judges may incur team penalties or

disqualification. Likewise, spectators are welcome in designated areas around the competition areas. Interference, directly or indirectly, will result in team penalties.

d. Use of Tobacco, Drugs, and Alcohol, etc. This is a school event subject to school discipline policies and procedures. We will not allow any tobacco, drugs or alcohol use on the Riverside campus. School cadre is responsible for the conduct of their personnel, including parents. Please tell parents in advance.

e. Uniforms. All Team members must be in the same uniform at all times. All events require OCP/ACU trousers, and t-shirts. Team Run requires adding running shoes; all other events are in boots. No headgear is needed. No camel backs or pistol belts allowed on confidence course. Ensure uniformity for the awards ceremony.

f. Scoring. Composite score sheets will be used at each event. The overall scoring matrix will be emailed out the Monday following the event. Each Division, Male, Female, Mixed, will have separate color-coded score sheets.

g. Events. There are six events: Tire flip, Team run, CCR, PTT, Rope Bridge, Conditioning Obstacle Course. At the coaches meeting, team captains will draw for their first event. After completing your first event, you may rotate to any event on your own. The competition will shut down at 1430 hrs, so make sure you have competed all events by then.

1) Team Run The team run will be conducted on concrete road for a distance of about 3 miles. Carrying team members is not allowed. All team members must stay together, within arms distance of another team member, during the entire run. Penalties will be assessed for each team member not within arm's reach of another team member. **All team members must finish the run together.** Judges will add two minutes to your time for each team member out of reach of another cadet when crossing the finish line, so running ahead or lagging behind is discouraged. **Uniform is OCP/ACU trousers, running shoes, and t-shirts. Running shoes are mandatory, therefore, no competing in boots on the run.** Cadets without proper shoes may not enter this event. **Teams must change back into boots for all other events.**

2) Conditioning Obstacle Course is a timed event where teams complete 8 **obstacles while running a designated 1 / 3 mile course.** Team members are not allowed to run ahead of the team; all 10 cadets can run to the next obstacle only when the last Raider has completed the previous obstacle. This is a team conditioning obstacle course. Teams must remain together before moving on to the next obstacle. When the team is called forward to the start line they will be briefed, then told to "Get Ready, Get Set, GO!" The time will end when all members of the team are across the finish line. The team with the lowest final time wins this event.

3) One-Rope Bridge We have two rope bridge stations to conduct two bridges simultaneously, one for Male teams, one for Mixed and Female teams. Each team is

responsible for providing a rope and associated equipment for their use. Each team will report to the holding area and **Teams will put on their swiss seats in the ready area, and back-feed their rope into a duffel bag.** Time starts when Nearside commands “GO”, and stops when far side commands “STOP”. All knots and carabineers must be out of the rope before commanding “STOP”. Leaving carabineers and knots in the rope, loss of equipment in the dead zone or using feet to propel against the ground in the dead zone, and not abiding by 6th Brigade score sheet will incur scoring penalties. Team with the fastest time wins.

4) CCR (Cross Country Rescue) is a timed event consisting of a litter carry with approximately 80-150 lbs on the litter and (6) ruck sacks (25 lbs female & mixed, 35 lbs male). Each team will navigate a course approximately 1/2 mile long and will navigate the course bringing back all equipment and cadets. When the team is called forward to the start line they will be told to “Get Ready, Get Set, GO!” Time will stop when all members and equipment are across the finish line. A Raider may place equipment down before the finish line and go back to help others. A Raider cannot cross the finish line and then go back to help others. Penalties will be assessed for dropping or throwing equipment, crossing the finish line and then going back to assist others, foul language.

5) PTT (Physical Team Test) is an athletic re-setting sprint, carry, and agility test. Five Raiders will be lined up on one side of a small field, the other five on the other side. On the command “GO”, one Raider from each side simultaneously sprints through their individual events, carrying items, low crawling, bear crawling, etc., then they cross paths at the halfway point and carry items back to their teammate’s original starting position. Two cadets will be running at a time. When they finish at the Start line, they tag the next Raider, who begins. Raiders must wait at the half-way point if they get there before their teammate, then continue sprinting when both are there. Time stops when the final two Raiders cross the Start/Finish line. Time penalties are added for water cans that fail to remain upright, a Raider leaving too early, and foul language.

h. Tie Breaks. In the case of a tie between teams, the tie will be resolved by using the PTT score to break the tie. Which ever team has the highest PTT score will be deemed the winner. Should the PTT score not resolve the issue, we will use the highest score in the One Rope Bridge as a second tie-breaker.

i. Awards Ceremony. See the event timeline. The awards ceremony will begin shortly after the final event, no later than 1500 hrs., on the Commandant’s Field. Align your schools side by side. Each event will be announced and 3rd, 2nd, and 1st place winners in the Male, Female, and Mixed divisions will be called. The team captains in each winning event will run to the award table. After all six Event Awards are presented, the top 3 Male, Female, and Mixed OVERALL winners will be announced. Those teams of 12 will advance to be presented their trophy.

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j. Concession Stand. Riverside will operate a concession stand, located at Maginnis Field. A location map and menu of food and drink items that will be sold will be sent out soon. For additional food and beverages, teams may bring their own food and drinks.

12. Additional Information. Included in this document are the following: registration form, medical emergency locations, explanation of each of the six events, score sheets, map, and covenant not to sue. **Cadets must have a signed release from liability in order to compete.**

Contact the undersigned at ganderson@riversideprep.org, or Senior Army Instructor LTC Lee at dlee@riversideprep.org for questions.

David J. Lee

DAVID J. LEE

LTC (RET)

Riverside Preparatory Academy

Cell 404.808.2835

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Registration Form: Riverside Raider Meet 2024

Information Needed	Please fill out boxes in this column
Name of School	
School Phone Number	
Raider Coach Name/Rank	
Coach Phone Number	
E-mail Address	
Male Team	Yes No
Female Team	Yes No
Mixed Team	Yes No
Total number of teams:	1 Team = \$100, 2 teams = \$125, etc = _____
# Male Teams: _____ # Female Teams: _____ # Mixed Teams: _____	

Check Number:	Amount Enclosed:
POC for Check:	Phone Number:
Mailing Address for Receipt	

Copy and email or US Postal Service this form and payment to:
Riverside Prep, ATTN: JROTC Dept., 2001 Riverside Dr. Gainesville, GA 30501

ANNEX A

ONE ROPE BRIDGE

1. Each team has **ONE ATTEMPT** to construct a one-rope bridge during this event. A 120 ft rope will be needed for this event. Swiss seats must be used for all team members crossing the bridge. An over the shoulder figure 8 or bowline will be used for those team members not crossing the bridge. If a bridge is deemed unsafe by a grader the team will have the opportunity to fix the bridge without any penalties, but time keeps going. Bridge will be built IAW FM 3-97.61 Military Mountaineering (AUG 2002).
2. There will be no pre-tied knots used on the bridge
3. Uniform will be BDU/ACU uniform and boots.

EXECUTION: TEAMS WILL NOT RECEIVE INSTRUCTION ON KNOT TYING NOR CONSTRUCTION OF THE ONE-ROPE BRIDGE,

1. NO PRE-TIED KNOTS IN THE MAIN ROPE, ROPE **MUST** BE BACK-FED INTO A DUFFEL BAG PRIOR TO THE “GO” COMMAND. DUFFEL BAG DOES NOT GO ACROSS BRIDGE.
2. FIRST AND LAST TEAM MEMBERS ARE NOT REQUIRED TO WEAR RAPPEL SEATS WHEN THEY CROSS BUT MUST HAVE THE ROPE ATTACHED TO THEIR BODIES.
3. ALL OTHER MEMBERS MUST USE RAPPEL SEATS AND SNAP LINK.
4. SCORES WILL BE BASED UPON THE EVENT COMPLETION TIME PLUS PENALTIES ASSESSED AS DESCRIBED FURTHER IN THIS BRIEFING.
5. ALL KNOTS USED IN CONSTRUCTING THE BRIDGE MUST BE APPROVED BY FM 3-97.61, MILITARY MOUNTAINEERING.
6. TIME WILL START WHEN THE CPT SAYS “GO” AND WILL STOP WHEN THE TEAM LEADER YELLS “STOP”. AT THAT TIME ALL KNOTS/CARABINERS MUST BE CLEARED OF THE ROPE AND ALL EQUIPMENT AND PERSONNEL SHOULD BE ON THE FAR SIDE TO AVOID PENALTY.
7. **Penalties:**
 - a. 60 SECOND PENALTY: FOR EACH CADET WHO KICKS OFF THE DEAD ZONE GROUND WITH HIS/HER FEET TO PROPEL. ALSO IF YOU ALLOW 3 CADETS TO BE CLIPPED ON THE ROPE.
 - b. 30 SEC PENALTY: FOR EACH KNOT OR CARABINER LEFT ON ROPE WHEN COMPLETED
 - c. 20 SEC PENALTY: FOR FAILURE OF THE FIRST OR LAST CADET TO SECURE THE MAIN ROPE (OVERHAND LOOP OVER SHOULDER OR SEAT AND SNAP LINK METHOD IS ACCEPTABLE).
 - d. 10 SEC PENALTY: FOR EACH PIECE OF EQUIPMENT LOST IN CROSSING.

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ONE ROPE BRIDGE SCORE SHEET

SCHOOL: _____ TEAM NAME: _____

INSTRUCTOR NAME: _____ Male – Female – Mix

		PENALTIES	TIME	TOTAL
1	All team members have Swiss seats/waist rope on		10 SEC	
2	Pre-tied knots		60 SEC	
3	No end of the line bowline or figure 8 far side man		20 SEC	
4	Rope not snapped into far side man, or over the shoulder bowline		10 SEC	
5	Failure to secure far side		30 SEC	
6	Failure to secure near side		30 SEC	
7	Hooking up before 2 nd half hitch is tied on near side		30 SEC	
8	Improper transport knot		30 SEC	
9	Breaking bridge down before last raider is off of rope		30 SEC	
10	Knots, carabiners in the rope after time/stop is called		30 SEC ea	
11	Equipment dropped in the deadzone		10 SEC	
12	Violation of more than (3) on the rope at one time		60 SEC	

TIME BEFORE PENALTIES: _____ TOTAL PENALTIES TIME: _____

OFFICIAL TIME: _____

NO GOS: WALKING IN OBSTACLE, SPEED TIGHTENERS, ROPE BRIDGE FAILURE

SCORER'S PRINTED NAME: _____

ANNEX B

CONDITIONING OBSTACLE COURSE GRADE SHEET

This is a team oriented conditioning obstacle course. Team must stay together the entire time. Running ahead is not allowed. Every monkey bar rung must be used or there is a penalty for each occurrence. Must use ladder, cannot jump from wall.

Must finish as a group, arms distance or less apart.

Score Sheet

School Name:		
Male Team []	Female Team []	Mixed Team []
Raiders Running Ahead	# of Violations:	x 1 min =
Jumping Off Wall	# of Violations:	x 30 sec =
Cadet Failed to Negotiate an Obstacle	# of Violations:	x 1 min =
Monkey Bars (Must Use Each Bar Once)	# of Violations:	x 30 sec =
Drop Out / Non Completion	# of Violations:	x 5 min =

Course Time:	
Penalty Time:	
Total Time:	

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ANNEX C
Team Run

Score Sheet

School Name:		
Male Team []	Female Team []	Mixed Team []
One Arm Reach Rule	# of Violations:	x 1 min =
Drop Out	# of Violations:	x 5 min =
Conduct Violation	# of Violations:	x 5 min =

Course Time:	
Penalty Time:	
Total Time:	

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ANNEX D
CROSS COUNTRY RESCUE

Score Sheet

School Name:		
Male Team []	Female Team []	Mixed Team []
Drop Out	# of Violations:	x 5 min =
Drop Equipment	# of Violations:	x 30 sec =
Finish Line Violation	# of Violations:	x 30 sec =
Conduct Violation	# of Violations:	X 5 min =

Course Time:	
Penalty Time:	
Total Time:	

ANNEX E

PTT / PHYSICAL TEAM TEST

This is a team oriented course. Running ahead is not allowed. Cadets must wait at the halfway point if they do not arrive there together. Once together they cross to the other side to complete the sprint and re-set equipment.

Score Sheet

School Name:		
Male Team []	Female Team []	Mixed Team []
Raiders Running Ahead	# of Violations:	x 1 min =
Water Cans Left Tipped Over	# of Violations:	x 30 sec =
Equipment Not Placed Over Line	# of Violations:	x 30 sec =
Cadet Failed to Negotiate an Event	# of Violations:	x 1 min =
Improper Low Crawl or Bear Crawl	# of Violations:	x 30 sec =
Drop Out / Non Completion	# of Violations:	x 5 min =

Course Time:	
Penalty Time:	
Total Time:	

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ANNEX F
Release From Liability

General Release and Medical Care Authorization

I / We, the undersigned, hereby grant permission for _____, a legal dependent, to participate in the below listed activity of the Riverside Preparatory Academy JROTC Department.

Type of Activity: Raider Challenge Meet to be conducted 14 September 2024 at Riverside Preparatory Academy, Gainesville, GA.

I/We do hereby agree to release, and otherwise hold harmless, all US Army retired officer and noncommissioned officer instructors, advisors, US Army personnel, Riverside Prep officials and affiliates from any liability for personal injury, property or other type of loss which occurs as a direct result of the aforementioned activity, to me or any of the undersigned. I / We understand and agree that my signature hereunder constitutes a waiver of rights by myself or my estate to sue, for any personal injuries, death, or property damage caused by, or a result of the activity of, the hereinabove named parties, and I / We freely assume all risks, hazards, or losses which may result from said activity.

JROTC Instructors and Riverside Prep officials will make every reasonable effort to properly supervise, control, and render safe all training activities related to this competition.

This the _____ day of _____, 2024.

Emergency Contact Phone Number: _____

Student Signature: _____

Parent / Guardian Signature: _____

This is to certify that (Cadet) _____ is covered by insurance providing coverage for hospital and medical treatment.

Name of Insurance Company: _____

Policy / Certificate Number: _____

Printed Name of Parent / Guardian: _____

Signature of Parent / Guardian: _____